



Health Education: Elementary and Middle School Applications

Susan K. Telljohann, Cynthia Symons, Beth Pateman, Denise Seabert

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Health Education is a methods book that introduces pre-service elementary and middle school teachers to health programming. The practical approach emphasizes the skills necessary to teach health while providing background information on key health topics. Valuable activities in each chapter are aligned with National Health Education Standards and include sample assessment strategies. The new edition has been updated to include the newest national recommendations and statistics.

Health Education: Elementary and Middle School Applications Details

Date : Published February 6th 2015 by McGraw-Hill Education (first published November 16th 2000)

ISBN : 9780078028564

Author : Susan K. Telljohann , Cynthia Symons , Beth Pateman , Denise Seabert

Format : Paperback 464 pages

Genre : Textbooks



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