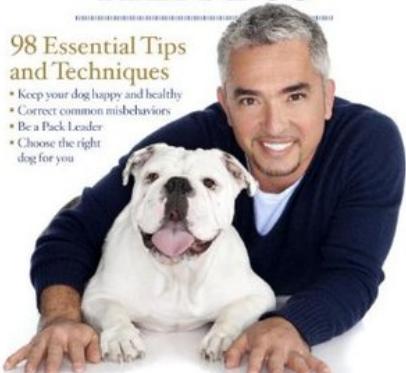


#1 New York Times Best-Selling Author of *Cesar's Way*

# *Cesar Millan's* SHORT GUIDE TO A HAPPY DOG

## 98 Essential Tips and Techniques

- \* Keep your dog happy and healthy
- \* Correct common misbehaviors
- \* Be a Pack Leader
- \* Choose the right dog for you



Watch *Cesar Millan's Leader of the Pack* on  **NAT GEO WILD**

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*Cesar Millan*

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# **Cesar Millan's Short Guide to a Happy Dog: 98 Essential Tips and Techniques**

*Cesar Millan*

## **Cesar Millan's Short Guide to a Happy Dog: 98 Essential Tips and Techniques** Cesar Millan

After more than 9 seasons as TV's Dog Whisperer, Cesar Millan has a new mission: to use his unique insights about dog psychology to create stronger, happier relationships between humans and their canine companions.

Now in paperback, this inspirational and practical guide draws on thousands of training encounters around the world to present 98 essential lessons. Taken together, they will help dog owners create the most fulfilling life possible with their dogs.

In these pages, Cesar delves into crucial themes that go beyond obedience-school basics to reveal the hearts and minds of our beloved pets. In short, practical takes, he explores:

- The basics of dog psychology
- Instinctual behaviors
- Creating balance and boundaries
- Managing common misbehaviors
- Choosing the right dog for your family
- Helping your dog adjust to life transitions

Throughout the book, inspiring stories from Cesar's case files -- and from his TV show, *Leader of the Pack* -- provide moving real-world applications and surprising life lessons.

Smart, easy to use, and packed with Cesar's remarkable insights into human and canine behavior, *A Short Guide to A Happy Dog* is an inspiring tool for anyone looking to live a better life with a beloved member of the family.

## **Cesar Millan's Short Guide to a Happy Dog: 98 Essential Tips and Techniques Details**

Date : Published January 2nd 2013 by National Geographic (first published January 1st 2013)

ISBN :

Author : Cesar Millan

Format : Kindle Edition 208 pages

Genre : Nonfiction, Animals, Dogs, Self Help, Audiobook, Reference, Adult, Science, Short Stories, Science Nature

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## **From Reader Review Cesar Millan's Short Guide to a Happy Dog: 98 Essential Tips and Techniques for online ebook**

### **Jen says**

While Millan's techniques have made him a controversial figure in dog training in the past, I feel like he's actually listened to the criticism leveled against him and taken a good deal of it to heart. This new book is a kinder, gentler Cesar. He is careful to explain what he means by terms like "dominance" and "control" in the very beginning, and gone are the recommendations that you physically dominate your aggressive dog as a means to distract him from his target. Instead, here you find common-sense techniques for curing common doggie complaints such as obsession, separation anxiety, and chewing. I appreciate Millan's openness to positive reinforcement principles and his ability to grow and change.

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### **Mari?ina says**

I've read countless pages of dog training methods and ways to solve behavioral problems, i agree with some and dismiss a lot. Cesar Milan's techniques are well known mostly thanks to his TV Show and maybe that's the reason many trainers try to discredit him and so many dog-owners follow his lead.

Reading this book i found myself, in a limbo. I agree with some parts of his methods but i'm not sure i would use them, or his teachings on my own dog. His general idea which is based on the primeval need of a pack leader sounds very convincing. And is a well credited one for more than 60 years.

Anyway the book as a product is nice, well written and informative so i guess that's all you need from a book like that. I could live without the personal stories but he is a TV-persona so it's actually a mandatory trait.

This book also entails info about human and dog psychology, the evolution and the genetic manipulation by humans that shaped the canine species. "Natural Dog Laws", the way dogs think and act. Simple ways to choose and raise a puppy, techniques followed in rehabilitation, common misbehavior issues and their solution.

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### **MrsEngineerd says**

Very good book for new pet owners and for those wondering what may be causing disruptive behavior. Millan adds a touch of his personal experience and how animals have reacted to his crisis and family changes and offers advice based on his observations as a professional dog whisperer. For those looking for assistance, Cesar suggests consulting vets, trainers and behavioral professionals before starting any corrective treatment since some changes in mood and diet can be indicative of an underlying medical condition.

The case stories shown are beautiful and with happy endings. Good uplifting reading material between the

DIY parts. Must read for new pet owners. The insight is phenomenal for newbies.

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### **Jason Donoghue says**

If I am to be totally honest, I recently had to put my dog to sleep and it has affected me badly. I honestly don't know why I purchased this book, it has brought back some memories of Toby and I now feel horrible again. So I stopped reading it, it a very informative book for novice dog owners, for me it was not so good. Basic stuff I already know about but I would recommend reading it.

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### **Patti Pokorchak says**

Love his take on dogs. I've got a shelf full of books on dogs and this is the best!

He really gets inside of a dog's mind and helps you understand that YOU train the dog and are responsible for what it does. NO ONE ELSE is to blame. It really is up to you.

That calm approach really works. So maybe you have to calm yourself first in order to have a calm dog. In any case, all that I can say is that it has worked for me. I do think that your dog is a reflection of who you are, so stop blaming your dog and look at yourself first.

His discipline first approach, then affection makes sense as we do tend to spoil our dogs.

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### **Soph says**

Thank you, Cesar!

Most people approach Cesar's books and method with the hope that it'll be some sort of instruction manual on how to get your dogs to do what you want. When in reality, most people forget that bringing a dog into your life isn't about tricks and obedience, but leadership and respect. Which is exactly what Cesar's latest book discusses.

The only practical tips necessary in his 'Short Guide to a Happy Dog' was the chapter on 'Choosing the Right Dog for You', a concept so easily neglected when bringing a dog into the human world. Everything else outside this chapter is a useful insight on how to better relate to your dog on dog terms, something that humans seem to forget!

Overall, I'd recommend this as one of the best books not only for dog owners, but for people who want to be better informed about bringing a new dog into their lives. I have a Maremma Sheepdog, who will really appreciate the new leadership skills I've learned as a dog owner from Cesar. I've learned that it's never too late to turn your life around with your dog!

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## **Nathan Simon says**

Don't judge me. My girlfriend has a dog and I wanted to learn more.

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## **Kelly says**

Good book on basic pack theory and how your own behavior impacts dog behavior. Interesting insights into Cesar's personal life trials.

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## **Julie says**

This book is an excellent combination of practical dog training techniques and inspirational life lessons from Cesar Millan. My favorite passage is this: "Dogs live in the moment. They lack anxiety or fear for the future. That's the essence of their surrender state. If we humans can learn to appreciate and focus on what's happening in the here and now, even when we're not sure what the future will bring, we'll experience a richness of living that other members of the animal kingdom enjoy." This book will give you a new appreciation for your dog.

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## **Lisa says**

Checked this book out from the library hoping to learn ways to train a prospective pup into a well-behaved dog. There was supposed to be 98 essential tips and techniques here but I didn't find that many. After finishing the book, I still need to read the "how's" on Cesar's training techniques because I didn't get it here. Perhaps his television program or you-tube videos will demonstrate the techniques Cesar talks about in this book. There were some helpful tips like dog's psychology versus human psychology, some principles for a balanced dog, and the "fulfillment formula".

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## **Donna says**

I like the author. He seems like such a kind and genuine human on his show the "Dog Whisperer". I haven't seen his new show, but I'm sure he is probably the same guy there as well.

I like this approach to dog training. I do some of what he says, but after reading this book, I had to ask myself what the heck I'm doing with two dogs. Apparently I don't spend enough time with them or attend to their needs like I should. This felt like a little bit of a guilt trip. So 3 stars.

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## **Mary S. Lautensleger says**

Cesar Millan can certainly identify with desert wanderings during this Lenten season. 22 years ago Cesar

spent 14 days wandering through a southwestern desert in 105 degree heat, entering the US illegally in order to fulfill his dream of becoming a dog trainer. I am thankful that he risked all to follow that dream, and that he arrived safely. This is a must read for any dog owner. The book includes the basics of dog psychology as well as training methods and problem solving.

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### **Laura says**

I was expecting more of a "how to" manual, having just adopting my first dog (a rescue). The book helped me gain a bit of insight into dog brains, though, since I am only fluent in cat.

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### **Saara says**

The book was ok, but it was more about how great Cesar is than about how to actually fix problems in dogs. He kept bringing up stuff like picking the right dog/ breed for your energy level, which is great to know before getting a dog, but I think I just have to watch re-runs of the show to get some real tips.

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### **Yvonne says**

Lots of good pointers!

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