



# **Chicken Soup for the Teenage Soul: The Real Deal Challenges: Stories about Disses, Losses, Messes, Stresses & More (Chicken Soup for the Soul)**

*Jack Canfield , Mark Victor Hansen*

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**CHALLENGES.** Failing a class, getting dumped and figuring out where you fit in, are all difficult high school challenges. Finding the answer is not always easy. And let's face it, your parents may give you advice, but rarely do they really know where you're coming from. So, if you're looking for the real deal on issues like anorexia, dating, or helping a friend in trouble, you've come to the right place.

So What's the Deal?

The good news about tackling challenges is that you end up stronger and smarter once you reach the other side. These stories

are from teenagers just like you who have gone through many of the same problems and survived. Whether it's standing up to the mean girl in the cafeteria or staying true to yourself under peer pressure, Chicken Soup for the Teenage Soul: The Real Deal Challenges tells you the absolute truth about what it means to be a teen.

**Chicken Soup for the Teenage Soul: The Real Deal Challenges: Stories about Disses, Losses, Messes, Stresses & More (Chicken Soup for the Soul) Details**

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## **From Reader Review Chicken Soup for the Teenage Soul: The Real Deal Challenges: Stories about Disses, Losses, Messes, Stresses & More (Chicken Soup for the Soul) for online ebook**

### **An says**

I think out of all the informational books for teens I've read, this one is the most accurate. I can actually relate to most of what happened in this book. It's also the most interesting Chicken Soup for the Soul book I've read-it has cool fonts, notes from the editors and quizzes.

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### **Shannin Wharity says**

This book addresses every issue a teenager could have. It's easy to relate to the stories because they are written by real people who struggled with certain issues. Everyone can find some sort of advice in the book. I would recommend this book to anyone in high school. Even if you don't struggle with any of the problems that are addressed, you can learn about others with those problems. It will make you more sensitive and aware of the people around you.

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### **Morgan says**

It has a bunch of storys in it and its good for everyone.... even if u arent a teen!

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### **Kimberley says**

i own this book and its basically a guide about what we go through it life ..like school..cliques...and stuff !

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### **Michelle says**

The novel chicken soup for the teenage soul was one of the most enlighten book I have read all year. A big pulse to reading this book is that the stories are short and easy to read/understand. The book really opened my eyes to new thing and a new way of life. I have learned so much from this book I don't know where to start. Chicken soup books are easy to relate to. So many people are going through the same thing they talk about in the novel. It so refreshing to see that you are not alone in the world. The book teaches you how to deal with what seems to be the impossible to deal with deal. This book made me see how good my life was compared to some other people in the world. It really taught me that life could be a lot worst and that I should take the good with the bad. It also taught me to be grateful for ever thing I have in life and to take nothing for granted. The main reason why I remand this book is because it really makes you put your self in the other person shoes and allowed you to see throw the author eyes.

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### **98angher29047 says**

I absolutly LOVED this book!! I've read other Chicken Soup books before but this one in particular stood out to me. I loved reading about all the problems ad being able to relate to them. Reading all the poems and seeing how their problems were solved!! This is definatly my favorite Chicken Soup book!!!:)

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### **Cerah says**

i think that this book is really good and that some of the stories i can relate to. This book also gives me advice tharts why i like it so much.<3

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### **Amber Yi says**

I thought this book was really good for many reasons. First, this Chicken Soup is a little different from the rest. All the other Chicken Soup books are just stories, but this one had a new format. It had stories, advice, book recommendations, movie recommendations, and messages from the author. Also, the stories were all about everything that could go wrong and right in the teenage life. Each story was extended upon with advice or other messages from the author. This is one of my favorites from the Chicken Soup series. I recommend this book to anyone and everyone. Everyone can relate to this book and you can get good book recommendation and movie recommendations that pertain to each story!

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### **Karen says**

#### Chicken Soup for the Teenage Soul: The Real Deal Challenges

HCI Teens

Jack Canfield

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Chicken Soup for the Teenage Soul: The Real Deal Challenges is a novel about the situations that many teenagers go through in everyday life. The teenagers write their own short story and was published in this novel. In other word, people are willing to let their stories be heard so other people will learn from it. Also the short stories titles are very engaging, grabbing the reader's attention. For example, *Handing Over My Life*, or *Silent Scream, Saying Goodbye to Fairytale*, and much more.

In Chicken Soup for the Teenage Soul: The Real Deal Challenges, there are stories, fiction or non-fiction, and poems. The poems in this novel are very touching and inspiration. For instance, "Perhaps, deep down, I know what's wrong, What keeps me up awake. What is the source of all my tears. And ever-there heartache" In this book every few pages there's is a fun fact or a survey for the readers to take. The purpose of the

surveys are for the readers to see what are their decisions for a certain issue or topic. Along with surveys there are also quizzes for the readers to take. At every end of a chapter there will be a quiz for the reader to see what has the reader learn from previous short stories or poems, in the end there's an outcome.

Like other *Chicken Soup* novels, Chicken Soup for the Teenage Soul: The Real Deal Challenges is similar. This is a great novel to read if you want to experience what other people around the world is dealing with in a typical day. The most important thing is that this novel is a great source to have if you're dealing with an issue! So pick up a copy of Chicken Soup for the Teenage Soul: The Real Deal Challenges in the bookstore.

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### **Sandra Delgado says**

I really love this book because it has a lot in common with my life

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### **Nendy says**

This book really relates to us teenagers. It talks about things that we all go through at some point of our life. It really changes the way you look at things that have happened. We all have a point of view and to look at things that happen to other people your opinion can change.

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### **Brian says**

I am glad I read this book and made it AR for my kids because I think a lot would like to read it (and get credit for it).

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### **Lili says**

I really enjoyed this book. I recommend all teens to read this book. It can be very useful through your teenage life.

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### **Maya Noel says**

This book has many different stories from many different people. They have different chapters about a diversity topics and the people who tell the stories are people who experienced the topic before. This is a really good book because it teaches some people how good they have it and some people have never gotten bullied before but they see how other people feel about it and how they solved it. By that kids can think twice about bullying other kids and the individual that is being bullied can know what to do instead of having the first resort of trying to handle it themselves. This book makes you laugh and makes you want to cry and really plays with your emotions because you don't have to go through it to feel the emotions of the person it

happened to because it's in such great detail that you can picture it in your head. It teaches you things you never knew about and what other kids went through that you never witnessed before. I recommend this book to students from the fifth grade because that is around the age group that it starts.

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### **ruth assefa says**

I was in a reading funk and this took me out of it. I have learned it's ok to make mistakes we are only human. some day we would be laughing about them. or we might some out of the situation stronger. some times it feels like one understands what you are going through but the truth is these young teens expected it all

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