



## Down Beat

*Max Henry*

Download now

Read Online ➔

# Down Beat

*Max Henry*

**Down Beat** Max Henry

Some call him a rock god.

Others a celebrity bad boy.

Me? I call him the arrogant bastard who stole my concert venue.

His apology? To take me and my violin on tour with the band.

It's an offer I can't refuse, even if it does come with strings attached.

Because Rey Thomas isn't who he seems.

Life isn't pretty behind the deviant frontman's facade.

It's raw, ugly, and at times downright painful.

But it's real.

And far better than the lie he presents to the world.

The man behind the face of Dark Tide is beautiful in his chaos.

All I have to do is keep him alive long enough to see that too.

Nobody ever said loving a rock star would be easy.

## Down Beat Details

Date : Published May 18th 2018

ISBN :

Author : Max Henry

Format : ebook

Genre : Music, Romance, Mental Health, Mental Illness

 [Download Down Beat ...pdf](#)

 [Read Online Down Beat ...pdf](#)

**Download and Read Free Online Down Beat Max Henry**

---

# From Reader Review Down Beat for online ebook

## Heather andrews says

Rey holds no punches, “eff, kitty.” I wrap a hand around the back of her head and pull her in for a better kiss, a more heated kiss. The kind that tells her I really like her too. “You make me feel like a h\*\*\*ny effing teenager all over again: awkward and a little bit insane.” There are times I think Tabby and Rey's 'open book' have different meanings, "...I catch a glimpse of his naked butt in the mirror when he steps in the shower. “I’m being an open book, kitty,” he calls back. “That’s what you wanted, wasn’t it?” I really liked this book, Rey took us on an emotional journey.

---

## Marnie says

### Can she save his dying heart? Well this book captured mine!

How can I write a review that will even give justice to this story about Rey and Tabitha? Well, I know I’m not the only one to ask that!

Max Henry has written a book that readers will be talking about for a long time - once we get over out stunned mullet silence at the heavy content written is such a way as to be brave and inspiring. It is raw and energetic, and right from the first chapter I got to see the volatility of Rey’s personality, until I got to reading the lyrics of his songs. They broke my heart as I got a first look into Rey’s mind, and then I got the full gamut of emotions from heartbreak to full on brilliant humour in a matter of seconds, almost as though I was mirroring the see-saw of moods that Rey goes through in his life.

Tabitha is a strong and gorgeous character who was there for a man she admired, through thick and thin, and I loved the unconditional friendship that she had with Kendall. That girl rocked, and even though she didn’t agree with Tabby’s choices, she supported her friend to the hilt. I hope we see more of her.

I have to say, that this book really got to me on a personal level. Heavy metal/rock is my genre of choice, and the words Rey sang, called to me. Right to the playlist, these are all songs that I not only recognise, but describe me as a person. It’s also easy to see that music is important to Max Henry, as she’s written not only the lyrics that Rey sings, the ones that breaks not only Tabby’s heart, but mine as well, but she also describes the beat as the guys play it – I can almost hear it literally.

The crescendo builds and moves as I got my way into Rey and Tabitha’s story, until at the crest, Tabby does what no one else in Rey’s camp had been brave enough to do. I felt like throwing up in worry right along with her. My heart was in my mouth, and it beat along to the tempo of the music that each chapter is headed by. The tension in the story kept building until I thought my chest would burst. This is what reading and experiencing a book is about – the FEELS, the EMOTION, and, the message that the author is getting across to us.

Music is my life, and I knew the songs, the moods that Max Henry captured perfectly as I read through Down Beat. This is easily a book that I would highly recommend to anyone who loves not only the rocker genre, but who wants to see characters conquer and overcome their life’s difficulties. 5 Stars and a huge thank you to Max Henry for daring to write this book and it’s POV. I hope it changes the way people think.

---

## Crystal N says

I loved it, I really did. This would be a perfect 5 for me if not for a couple of rather banal things. 1) This work is highly personal, you can tell, to great effect, but unfortunately our American characters don't sound all together American. They sound British, or Australian, or like New Zealanders, just by the way they word things. It took me out of the action occasionally.

and 2) I'm a bit of a music snob and some of the choices for the begining of the chapters took me out of it. Papa Roach? Not for me. This one is more a stupid personal thing on my end, but again it made me break immersion with the book.

Anyway, if you can get past the triggers, which I did, but heed them, this really is a moving novel.

---

## Kathy Aronoff says

### Thought Provoking

Most of us read Rock Star books for the escape or fantasy of the bigger than life profession, oh to be adored and have your words be immortalized. This book looks at the downside, the pressure to live up to the hype, the expectations to always be "ON", pair that with feelings of being the black sheep in the family, that seems "normal" which can only mean that you are the problem, so you do everything to prove that theory correct. The timing of this story for me was eerily appropriate, considering the real life headlines this past year and sadly this past week. Bravo Ms Henry for making an uncomfortable subject the forefront in a story that doesn't sugarcoat, or better yet falsely cure with a magical 3 month stint. For taking Rey and Tabby on a realistic journey down a rabbit hole that many deal with daily.

This book while not the typical is very important and should be read. There's an HEA - Hope Ever After.

---

## MJ says

My first from this author and overall this was a decent enough book. I liked the premise of an out of control upcoming rock star who needs someone in his life to be his stability when his thoughts of suicide and/or self-destruction become too great for him to handle.

Rey finds his balm in the form of Tabitha and from the moment they meet, they are truly fire and ice. However, as we watch as Rey stumbles and falls more than once with Tabitha there to try to pick up the pieces, I never could sense any real chemistry between them. Maybe their love affair progressed too quickly? Or maybe his bi-polar nature felt too dragged out? Either way, I wasn't convinced these two had a true love between them.

I applaud the author for writing something very personal to her in the form of mental illness. But sadly, I couldn't embrace everything being thrown both at me or at Tabitha. I'm sure the depictions are spot on but the execution was all over the place. It just didn't flow well for me. And as much as I liked Rey and the rest of the band, Tabitha was not the woman for him. At 24, she acted very much like a teenager at times with her

reactions and her hasty decisions. I felt nothing for her and didn't quite understand their connection.

I would be interested in hearing more from some of the other members of the band and even from Tabitha's bestie in Kendall. She seemed more in tune with the world and her feelings and thoughts were for the most part, welcomed.

Never one to turn down a rocker book, I'm hopeful the rest in the series will be better for me.

---

### **Amanda says**

When a book is this intense, when it affects me as much as this one did, I usually like to take a few days before writing my review, so I can sort out my feelings and be objective about the book as a whole, and not just how it made me feel.

That won't work here. I am writing this literally minutes after finishing the last page. I want my review to be raw, to show just how well Max Henry captured and portrayed these emotions. So often we read books where one of the main characters has a mental illness and it's glamourised, for lack of a better word. This book was gritty and raw, painful and so utterly heartbreaking that I actually had to take a break a few times.

This is by far one of my top reads of 2018. Not because it's easy to read. It's not. Not because it's all flowers and romance. Again, it's not. But in my opinion, the best books are the ones that take you outside of our comfort zone, that make you feel things you're not used to and challenge you to learn about something that doesn't make you feel warm and fuzzy inside. This book did all that and more. And I'm so very glad I took the time to read it and am honoured to have been given an Advanced copy.

---

### **Diary Of Book Fiend says**

Erase everything you have read when it comes to a Rockstar Romance, because Max Henry just changed the game, in the best of ways. With a dash of depth and a sprinkle of unique characters, and just a pinch of imperfectly perfect Lead Vocalist, whose name is Rey.

Rey and Tabitha are two total opposites. Rey, Rock God, celebrity Bad Boy and Tabitha broke up and coming violinist. Tabitha loses her concert venue when Dark Tide Publicist Rick, pays double for the famous rock group to perform in her place after he screws up flight plans.

Tabitha-

I LOVE her. She does not have a weak bone in her body. She is everything I love in a female lead.

-If they want to forget what it was like to start out, to have to drench yourself in sweat and blood and tears to earn a name for yourself, then like hell I'm going to lie back and let them walk all over me. Fuck that nobody sets fire to my dreams and gets away with it. -

Rey and Tabitha meet and it isn't all sparks and butterflies...

" You never answered my question, Tabitha. Or can I call you Tabby, since you're like a wild cat, all claws

and snarl." - Rey

On a crazy turn events leads Tabitha to be Dark Tide's opening act.

- I just have an insane need to prove that my epic music is what the people want, not her vintage bullshit.-  
Rey

" Do you really think you'd be no good as an opener? " Rey

" Rock fans don't usually dig classical music." Tabitha

" So, sell it to them. " Rey

This book was a slow simmer, and I don't normally like them, but this book was so well written I wasn't worried about my usual preferences.

..." No matter what you do, you can't win over everyone. as long as you're confident you brought your best game, then so what if you get a shitty review or some troll on your social media the next day? Make yourself proud, and then the confidence will come naturally."

- Some of the words journalists used to describe the self made musician who packed up everything he owned at age nineteen and moved halfway across the country with nothing but his like-minded brother and a dream. His attitude makes you think he's been gifted everything on a silver platter, but reading his biography shows his history has been anything but easy. - Tabitha

I don't want to go into too much detail because I don't want to spoil anything. I always like to highlight my favorite lines in the book, but the whole dang thing is nearly highlighted, the words were amazing and it is a definitely a one click book.

" Talk later, Kitty." My stomach ties itself in knots when he blows me a cheeky kiss before ending the call. Rey Thomas just blew me a goddamn kiss. I may as well have French kissed the guy on the red carpet for how I feel in this moment. - Tabitha

" You fucking label me before I have a chance to do it myself, so yeah, this is a little your fault. I never was the good kid was I? " Rey

I don't like Rey, the lead singer of Dark Tide. He's arrogant, loud, and careless. I like Rey, the guy who loves to play his guitar and sing about the things that torture him the most. I like Rey the artist.... Now I want to know Rey the man. - Tabitha

" Twenty seven years of hell. Almost three decades of pain before I'm finally gifted you. " Rey

An ABSOLUTE MUST READ!

---

## **Lisa Hill says**

It's taken me a while to process this book and get my thoughts into some semblance of order. The first thing to say is that this book features mental health struggles as its main theme. There are warnings aplenty from the author at the start of the book, so if it's a trigger, then this is not the book for you.

That said, this is a masterpiece of a book. The story centres around Rey, lead singer of an up and coming rock band, Dark Tide. A scheduling issue forces him into the path of Tabitha, a classical violinist.

Their burgeoning friendship/relationship is set against the backdrop of Rey's illness - he's a rapid cycling bipolar sufferer, meaning his mood cycles turn quickly and can rapidly spiral out of control. The pain, the anguish and sometimes sheer hopelessness of his illness is quite breathtaking to read, it's that well written. I felt his anguish and despair to the point of holding my breath and a twist forming in my gut. My heart broke for him as he struggled to stay on the right path for Tabitha.

In her turn, she freely admitted that she wasn't a therapist and wasn't able to fix him, but she would be there to support him while he tried to fix himself. He fell long and hard on his way to rock bottom. My heart broke yet again for this character.

The book doesn't wave a magic wand at the end promising miracle cures and happy ever afters. What it does give you is a real, practical ending full of cautious optimism and hope. A happy right now, if you will. And the book is much better for it.

I really cannot recommend this book enough. There is an informative postface from the author at the end, followed by the mother of all playlists inspired by and listened to while she wrote the book. I love this book and I love it's characters, and the best thing is that this is the start of a series. I'm already champing at the bit for the next one.

---

## **Katiria says**

\*\*\* I received this e-arc by the author through Give Me Promotion blog tour in exchange for an honest review, thank you so much to Give Me Promotion blog tour and Max Henry for the opportunity to read and review Down Beat. \*\*\*

When I first heard that Max Henry has written a new series and it was about a rock star that had a mental illness, I quickly jumped and joined the blog tour for Down Beat. Because first I love Max Henry books second I absolutely love rock star book and lastly, I so love books that have mental illness and tough subject in books. I absolutely know I had to read this book and I know I was so going to love it and I was totally right I totally and utterly loved and enjoyed this book. Now I thought Max Henry to a great job about the mental illness of Bi-Polar aspect in Down Beat and I know full well that she suffers the same mental illness as well. I also suffer from mental illness too but I actually suffer from schizoaffective disorder but I have a few loved ones that suffer from Bi-Polar mental illness too and I see these loved ones go through this horrible illness and it is not easy seeing them go through this, so I am so glad and happy that Miss Henry wrote an amazing book about how she shows the readers how the raw dark truth about how mental illness really is, in reality, mental illness is not pretty it is a horrible illness that many people go through. It is also not that people who have mental illness want attention from anybody and it is not a phase anybody is going

through if they have a mental illness. It is truly not an easy illness to go through and it is also a horrible illness that many people including me I have to fight this horrible illness day in and day out. But I am getting ahead of myself lets talk about the book Down Beat which like I said I truly loved and enjoyed this book so much. I absolutely loved the plot, the concept, the writing style and I absolutely love all the characters in Down Beat especially love the main lead characters Rey and Tabby. Of course, I connected more with Rey the broken rock star that I love him so much with all his flaws and demons that he was fighting with all his life. I really loved reading his pov and see him go through his rock star life and the struggles with his mental illness and the struggles that he had with the bandmates that are more like family to him than anything else, his older brother Toby is actually the drummer in his band as well. Reading the interaction with the whole bandmates had together were pretty intense sometimes with Rey going through his struggles, but you can read that they all really love and care for each other like brothers and they all had there owned demons and problems as well. And there is the very beautiful, feisty and very strong Tabby who Rey fell head over heels in love instantly when he first lay eyes on her Rey now she was someone truly amazing and very special to him. When Tabby first met Ray she thought he was like all the rest of rock stars arrogant, crude and all so full of himself, but when Rey showed his true side to Tabby she couldn't help to learn a little bit more each time they talk and met each other and she also study about his mental illness as well to see she can understand and help him more with his illness. And I absolutely love that Tabby did her research on the Bi-Polar disorder to learn more about Rey and his illness at first she truly cared for him than she fell in love with Rey each time she was with him. Now Rey and Tabby relationship were not all flowers and roses that had arguments and misunderstandings sometimes and both Rey and Tabby were both stubborn and hard head with each other but at the end, they talk about and learn about there issues together. But one day Tabby made a selfless decision she knows that it would literally break and tear Ray heart to pieces inside and out and it will crush him completely but she had to do it for his own good. And not to mention it also tore her heart to pieces and made her life absolutely miserable at the end when she made that hard decision, but I will tell you Tabby is truly a selfless and very strong person to do what she did. Now I am going to leave it off here because I don't want to get too a spoiler for the readers you all have to read this book if you want to know if Rey and Tabby relationship survives at the end after the very hard a selfless decision that Tabby made! All and all if you have read a Max Henry book before you will love this book and I highly do recommend it to you, but if you haven't I still say try it out you might be really surprised at the end.

---

## **Nina Levine says**

This book blew me away.

I was drawn to this book because I love a good rocker with an attitude and went into it knowing the topic it covered. I did not expect the book I got. Down Beat is so much more than its genre or its topic.

It's an exquisite journey through love and hate, hope and despair.

It's about characters who showed me their heart and soul, layer by painful layer.

It's about a man with flaws that most wouldn't survive.

And a woman who loved him regardless.

I laughed.

I got mad.

I held my breath with hope.

I cheered them on and rooted for Rey so damn hard.  
And I cried. I ugly cried.

I never ugly cry. Max made me cry by laying Rey out and revealing his beautiful, damaged soul to me. She didn't need death or shock or any of that stuff some books rely on to make us feel... She simply wrote the hell out of a story that is real life for so many. She gave me new eyes. You see, I've seen mental illness through the same eyes as Rey's mother. Max has now given me the gift of seeing it through Rey's eyes.

If you love books that draw you in from the very first page with characters that come to life in ways that make you feel like you really know them, and books that dig their way deep into your heart and don't let go, this is the book for you. Even if you don't really read rockstar books, this is the book for you.

Thank you, Max, for giving me such a beautiful story.

---

## **Eden Summers says**

It's not often that I read the work of a friend.

I'm a harsh critic, which can make for an uncomfortable situation.

And Max is a friend.

She's an awesomely close friend who I speak to daily. So yes, this review could be considered biased but I'm not writing it as a reader to another potential reader. I'm writing as an author to my author friend.

I'm writing because I've been moved by this book. My foundation has been rocked, my soul has been touched, and my emotional heartstrings have been plucked over and over.

I LOVED this book.

Every chapter.

Every page.

Every word.

This book touches on hard topics that authors don't normally dare to dabble in. It delves into depression and bipolar. It's deep, it's gritty, yet there's contrasting humor and sarcasm.

It's a kaleidoscope - there's light in the darkness and happiness in the sorrow. There's raw emotion and sexual intensity.

It's the perfect mix of turmoil and brilliance, with a heartfelt message so intricately woven within the pages that I'm just flawed by Max's mastery.

I can't recommend this book enough and I hope everyone reading this will check it out.

Read the blurb.

Download the preview.

Then buy the damn book.

You won't regret it.

---

## **Amy Crull says**

It's not very often that I say this about a rock star book but this one just bored me. There was nothing that really stood out or drew me into this story, which was disappointing for me. I really wanted to like the story and I was impressed that a cellist could play with a rock band. That was a great mix but I just couldn't connect with the characters.

---

## **Kirsty Dallas says**

Max Freaking Henry, girl...just...no words.... JOKING! I'm an author, I've always got words.

Firstly, I applaud any author brave enough to take a sensitive subject, like mental illness, and be real with it. That's exactly what Max delivered with *Down Beat*. She didn't shy away from the hard truths, she breathed real, raw, gritty, flawed emotions into these characters. Max showed the world just how much of a battle mental illness can be, and she did it with such class and respect. *Down Beat* will take you on a journey of life, but not everyone lives this kind of life and those who don't live it, generally don't get it. Rey and Tabitha's story will open your eyes and your heart. It will leave you breathless, it will leave you ugly crying, it will leave you swooning, to put it quite simply, it will leave you *feeling*. Five big, beautiful, sparkling stars!

---

## **Natalia says**

Rtc

---

## **Lynsey Goddard ♥ 2 Girls & Their Kindles ♥ says**

A real roller-coaster of emotions, raw, edgy and honest, not your usual feel good romance, but a bitter sweet love story.

"It's okay to say your not okay" ♥?

---