



## Love Well: Living Life Unrehearsed and Unstuck

*Jamie George*

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## **Love Well: Living Life Unrehearsed and Unstuck** Jamie George

Do you feel like you're stuck? Do you feel alone? Do you live in fear that your struggles might push others away? Do you wonder if your faith is a fraud because of the emptiness in your soul? Are you weary of trying to play by the rules and pretend that everything is okay?

In *Love Well*, Jamie George confronts the popular heresy that God's children are meant to live a life absent of pain, sorrow, or conflict. On the contrary, Jamie passionately describes brokenness as a divine gift and a necessary God-ordained path to experiencing true joy and genuine redemption.

With surprising transparency, Jamie shares his personal journey of getting unstuck and provides reassuring comfort for those looking to move beyond their pain toward a life of connection and grace.

## **Love Well: Living Life Unrehearsed and Unstuck Details**

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Author : Jamie George

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## From Reader Review Love Well: Living Life Unrehearsed and Unstuck for online ebook

### Rachel Marie says

This was such a powerful book. George was very open, honest, and vulnerable while sharing his story. He shares his personal journey in his struggles in his marriage and with his wife.

I hardly highlight or mark things when reading ebooks, but there were a whole bunch of quotes that I had to mark. This isn't a self-help book. In fact, I would say that he doesn't really share on actually how to go about doing some of the stuff he says (other than professional counseling). It's more like an impassioned plea to really wake up, and see the truth.

George uses his openness and transparency in his own life, with personal anecdotes about his family to make his point. He also uses quotes from others, Scripture, and retells Biblical passages and stories. All these came together to really emphasize his points.

This is a book I would definitely recommend everyone to read. It makes some great points, backed by Scripture. If you've ever felt stuck or discouraged with your life, this book will encourage you. I love this quote, and so will end with this:

Yours is a life worth living. Yours is a story worth telling. Cast aside the shame, lift up your head, and stride with dignity.

-93% of eARC

*I received an eARC from the publisher, this did not affect my honest opinion.*

*This review first appears on The NerdHerd Reads*

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### Alex says

Incredible book about being human. It's all about the reality of life as we know it and how we, sinful & broken people, fail to love well and be loved well. Great read to shake off the weight of feeling too unworthy or having to prove ourselves to God. This book is all about God's redemptive attributes and how he is intimately involved in the tension in our lives.

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### Megan says

This is an interesting book. I recommend it, and not even just to the Christian audience which it is probably written for. The ideas Jamie George discusses are beneficial no matter your beliefs.

The book walks through George's difficulties with his wife Angie. It discusses their struggles to learn to communicate effectively with one another. The book is broken into twelve different chapters which each highlight different things a person can do if they're feeling "stuck". The advice he gives is simple but at the same time difficult. Things like setting boundaries, being vulnerable, forgiving, celebrating, and reflecting. I must admit I was unimpressed during the first few chapters and nearly quit. As I got further in though the

book and its message began to sink in more.

This is a quick read. But the lessons it teaches require much thought and consideration.

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### **Ashley says**

This book is an easy and refreshing read. I would recommend it to someone who is exploring the Christian faith. This book displays excellent story-telling and exhibits the value in vulnerability.

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### **Katherine says**

I get the minimalist feeling kind of a reader while reading this minimalist kind of a book. I can't elaborate it more clearly though, just read it and you will understand. :)

Jamie is such an honest and deep person and his work is literally his heart and mind patched into a one beautiful masterpiece. This isn't the conventional type of a christian read as his writing style is very very unique. Jamie-ish! :)

There's no specific person I would recommend this book to since it's a perfect read for anyone.

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### **Stephanie says**

#### **Makes me want to drive to Nashville just to thank him for writing.**

Makes me want to start over, right now, and read it again. Yep, that good. Beautiful, actually. Honest and convicting and potentially life-changing.

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### **Rachel Blom says**

A compelling read filled with personal and Biblical stories that show principles for getting unstuck, Love Well offers above all hope. Author Jamie George – the pastor of the well-known The Journey Church in Franklin, TN – is honest, vulnerable and raw in his account of the marital problems between him and his wife. But this is not a depressing book. Theirs is a story of hope, of redemption, and of a God who was faithful through it all.

Don't let the twelve principles the author discusses to live fully in the moment fool you. This is not an easy self-help book. This is a passionate plea to embrace pain, vulnerability and shame with the ultimate goal of loving and living the fullest.

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## **Steve Watson says**

### **Great Motivation**

In Love Well Jamie George opens up about his own struggles and how it almost destroyed his marriage. He invites the reader in to the process as he and his wife learn to truly love. Along the way you meet other strugglers from his life, as well as some from Scripture, that also had to make the choice to learn how to love well. The storytelling in this book makes it easy to read and the simple, yet hard, truths come alive.

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## **Emily Brackman says**

What I can say is that there is not one ounce of vulnerability shared in this book that is not lived out. If you are broken and hurt and over it all , take the time to read what true love, acceptance , and grace look like from a man who lives and shares it well.

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## **Heidi says**

This book started out really well. I was devouring it. Then, I felt some disappointment in the point of view of Joseph. He is one of my all time favorite people in history, and I didn't like how he was put across. Maybe he was that way, but I don't like thinking of that. The book has excellent ideas, good writing, but I just kept hitting against differences in beliefs that made it a bit more of a let down by the end. Overall, I still think it was worth reading though. And the cover is lovely, and soft. I know you shouldn't judge a book by its cover, but it was such a darn good one.

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## **Austin Hood says**

Though my story is broken, it is no longer my story, but assimilated into the great love story of Jesus. It is my gift to be able to love and be loved.

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## **Joan says**

I have mixed feelings about this book. George is very open about his own personal life, sharing much of his troubled marriage. There were times when I felt like I was a voyeur, he revealed so much. Much of the growth George writes about came as a result of the counseling he and his wife went through. George then encourages us to experience the same growth. He never tells us how to do that, however. For example, one of his suggestions is "set boundaries." Entire books have been written on that subject! Throughout the book we are told what to do but we are not told how to do it, especially without the help of professional counseling. See my complete review at <http://bit.ly/1rXFFK4>.

I received a complimentary copy of this book through Icon Media for the purpose of an independent and honest review.

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### **Chloe says**

so so good!

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### **Lori Crane says**

I've heard Jamie speak many times as he is the pastor at a church near my house, and I attend his Sunday services when I'm in town. The man can tell a good story. He brings Bible stories to life as I've never heard before, and he often has brilliant insights on life and love, so I was so excited to read his new book.

If you are in need of a new way to frame your thinking, or in a rocky relationship, or simply looking for ways to improve your life, you will love this book. I've been exposed to "New Thought" ideas for a long, long time, so I didn't find anything particularly mind-blowing in this book, but there were a few things that struck me and stuck with me.

One thing he said, and I'm paraphrasing, was that if you ask someone to tell you their story, beginning with a moment in their life that radically changed their path, you will always hear a moment of light, of awe, of wonder. No matter how horrid or sad or tragic their story begins, they will always mention that flash of redemption – the moment they realized their bad situation created a positive result they never expected and certainly didn't see at the time. They say things like, "But if it wasn't for that experience, I wouldn't be where I am today." If nothing else, it's good to be reminded that things usually turn out for the best. Just realizing that fact takes the stress level down a notch.

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### **Faith says**

We heard Jamie speak twice at a Need Him Conference. His speaking and writing are unconventional and very similar to each other. Much of what he had to say deserved a 5 but he sort of writes in a manner that jumps from thought to thought and doesn't write with conventional punctuation and paragraphing so I couldn't go for the 5. It reminded me a great deal of reading Ann Keimal-Anderson in the 80's, a great message but written without conventional punctuation etc. My favorite quotes were on page 55 and page 57. I am older and probably more traditional than his target audience (I'd say 35 and under) but I loved his message and if I were in Nashville I would go to listen to him live.

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