



Up In Flames: Body Heat\Caught in the Act

Lori Foster

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Body Heat

The last person Melanie Tucker wants to find herself trapped with on a party boat is her nemesis, Adam Stone. As always, he's too smooth...and a bit too sexy for comfort. But when they both fall overboard—and wind up stranded together—Melanie just can't resist all the delicious body heat smoldering between them....

Caught in the Act

When a robbery goes bad, undercover cop Mick Dawson can't believe Delilah Piper (aka mystery writer Lela DeBraye) was just in the wrong place at the wrong time—and neither do the perps. The only way to protect her while he investigates what really happened is to stick with her 24/7—and try not to fall for the object of his investigation!

Up In Flames: Body Heat\Caught in the Act Details

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Author : Lori Foster

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From Reader Review Up In Flames: Body Heat\Caught in the Act for online ebook

Tabatha says

UP IN FLAMES is a newly released duo book from Lori Foster, but I will caution that it is a re-release of two novellas you might have read if you are an avid Foster fan. Both stories were entertaining, but CAUGHT IN THE ACT definitely rose above the very short novella BODY HEAT for me personally.

BODY HEAT (3 stars)

I hate spoilers and avoid them at all costs, so I can't reveal too much about the plot because it was a very short read. It is a deserted island romance with a reunion of frenemies, so it had an appealing sweet factor to it when they finally reveal that they always had feelings for each. The two of them were both very headstrong and had their issues, but I will admit they had great chemistry together. I think I would have enjoyed BODY HEAT more if it had been fleshed out a bit further, because it just wrapped up too fast for me. It was an overall good short read, but it left me wanting more.

CAUGHT IN THE ACT (4 stars)

Now I really enjoyed this one, and it reminded me more of her newer book series where the men are cops/investigators with their group of sexy friends. It was the third book in a series, but I hadn't read the other ones and didn't feel lost at all. I definitely do want to go back and read those though, because Alec and Dane were great characters. I think that the connection between Mick and Delilah was fast, but so very intense that it made it believable. Del was definitely an off the wall character, and I found myself totally loving her straightforward eccentric behavior. Both of these two had never put much focus on dating to focus on their respective careers, so watching them work through the bumps was fun. CAUGHT IN THE ACT had all the typical Foster attributes. It had an engaging plot line, excitement at every turn, and it was full of steamy romance making it one great read.

** Copy provided by the author/publisher for an honest review.

** Reviewed on I ❤ Bookie Nookie Reviews

Maura says

So this is a novella, paired with a Harlequin style story, from the author's Private Investigator series.

Body Heat - 3 /5 - Melanie Tucker and Adam Stone clashed back in high school. She was the wealthy, but lonely girl whose parents controlled her life while he was the poor boy from the other side of the tracks. Adam grew up resenting Melanie and all she stood for and bullied her, but he was attracted to her, and he

resented that attraction. Now they're stranded on a deserted island together and Adam still resents the attraction and Melanie's money, but he can't deny that she's not the same lonely girl she always was. And he wishes he'd never bullied her. Melanie wants to move beyond the past and help Adam, heck she's half in love with him, but he can't seem to get past her having money.

Initially, it's very hard to like Adam because it's clear who has the prejudice in this relationship. He knows he was a bully to her and he regrets it, but he continues to act like one and IMHO enjoys humiliating her. He still resents her wealth. Melanie, meanwhile, is trying to show Adam that she's changed, become more confident and independent, no longer an object of his ridicule. So the only thing holding her in the past is her belief that he's a bully...which he is. So watching him seduce her and try to get into her pants felt **REALLY** sleazy because from my perspective he didn't respect her and didn't even like her, but he's all about having a one-night stand with her. As we get closer to the actual act though, it suddenly comes up that it's not that he doesn't respect her, it's that he's in love with her and doesn't believe himself worthy of her...because she's wealthy and he's had to work for his money. And that's why he's been treating her like crap. Well that's all well and good to have that justification, but I think that would have helped towards the beginning of the story...before I started disliking Adam. So then I had to scramble to like him again. I did get there and realized he wasn't so bad, but it felt like it could have been so much easier to hook me on him if the reader had been clued in on his feelings. HE knew he loved her all along, at least according to his brother, so why didn't we? I did like this story- I really appreciated that Melanie was totally not a whiner. Stuck on a deserted isle and optimistic all the way, able to hold her own and contribute to their survival and actually be happy about it. I loved seeing that in a heroine. I also like that in the end, she's the one who comes out cool and confident and telling the hero to either buck up and accept her as she is or she'll go on her way. It wasn't quite as kick ass as that, but that was her basic message.

Caught in the Act - 3 /5 - Mick Dawson, the teenage boy from the first two books in this series, is now an adult and an undercover cop. Usually, he keeps himself pretty distant, but he has fallen head over heels in lust/love for a woman he's never met, only seen. Del Piper jogs by the cafe in which he eats every day and he's anxious to get her into bed. When he follows her into a jewelry store to finally meet her, he ends up shot in a robbery, trying to save her life. She of course falls head over heels for him in return, having been thus protected. But there's a lot to learn about each other still, and a lot of obstacles to overcome - trust, accepting the personality quirks and professions of the other, stubbornness, etc. Mick sets out to find out who wants Del dead and tries as much as possible to get Del out of it, which Del doesn't necessarily appreciate.

This was a pretty weird set up. I was a bit thrown by it...didn't necessarily dislike it, but it felt strange. I mean, there's definitely insta-lust...but at times I wonder if it isn't insta-love. Mick vacillates between wanting to be with Del forever and just wanting her in bed until he gets her out of his system. Normally, I'd balk at a guy doing whatever he can just to get a woman into bed without stopping to learn anything about her (which he does), but Del was totally on board. These two don't know one thing about one another and their ready to set up house together. She doesn't know the first thing about him and she's inviting him to live at her house while he recuperates - you've gotta admit that's slightly strange behavior. And the fact that we don't learn **ANYTHING** about Del for the first 30-40% of the book except that she jogs and she's a writer, made this feel a bit weirder. But I will say, the confidence and gung-ho attitude both of them have towards the sex, made those scenes quite HOT.

It isn't until that angsty moment rears its head, where Mick throws Del to the wolves and believes a criminal over her, that things got really good. That was some serious angsty shit going on right there and I was over the moon about it. Finally, I could see where all this insta-love was leading to. They both finally realize that they don't know each other and haven't known each other long enough to trust and they both get quite a wake up call. Of course, neither of them really take that to heart and understand that the reason for this little

issue was because they didn't know each other. Del is justifiably hurt at Mick's actions and figures her heart is broken and she'll never be able to forgive him. I was on board with that. But all of Mick's friends throw in their weight towards getting her to forgive him and he's pretty contrite for a few hours and explains why it's so hard for him to trust, and then he reveals that he's been lying to her about his job and she completely forgives him and has sex with him. Which was a major let down because I wanted some grovel, thank you very much. I wanted to see him suffer for a little bit. Just a little. His actions were pretty shitty. He didn't even have to work for any forgiveness. So this was probably the best part of the story, but a bit of a let down in the end. Still good reading though.

And on a side note, this story (and many of this author's stories) have what is fast becoming one of my major pet peeves with heroes. Time after time, Mick calls the heroine "Delilah," her full name. Time after time, she tells him to call her "Del." She is perfectly clear that "Del" is the name she would prefer and she isn't the least bit wishy-washy about it, nor does she secretly show a preference for the hero's special name for her. But he doesn't care because that's the name he wants to call her. For me this shows a complete lack of respect for the heroine and a REALLY selfish attitude. A person's identity is wrapped up in their name and the name a person calls you is really meaningful. Del actually says she only went by Delilah as her formal name on the books she publishes and when her Dad was angry with her - and that's the name that Mick chooses to use with her? What's the meaning in that? It's not special or sweet to call someone a different name because YOU want to - it's rude. If she'd called him "Mickey" or "Stud-Muffin" in front of his friends just because SHE wanted to, you can bet he'd be stopping that nonsense real quick. She should have done the same.

Wendy'sThoughts says

3.5 Lori Foster Hot Summer Reads * * * 1/2

When I think Lori Foster, I think of the first time I read her work... I was new to romance and she left a huge impression of Wow. She created a story, smokin' hot guys and women who were very attracted to them. Sometimes the Characters had thrilling occupations; sometimes they were in a fix... but all the time they were so attracted to each other, you would feel the heat off the page.

In Up In Flames, you get two stories which follow that pattern. Both of these novellas have strong, focused men and the women they are attracted to are totally into them.

Body Heat gives the tale of being stranded and having to rely on each other. The characters have history so the lust for each other...makes sense as it has been hidden for years... I am talking since grade school. They were also from opposite sides of the financial and status track... causing all sorts of mixed messages. The set up is strong... the conflicts work and the need both of them sincerely have for each other plays out in a very real way. It had enough story to wrap around the need and romance. I enjoyed this fast little read.

Caught in the Act was the second part of this book. This was longer and the elements included some thriller, mystery, secrets.... oh... and serious Alpha male with his woman. The main character happens to see his object of desire in his old neighborhood. He is an undercover cop and with his circle of friends, lives a very tight life. Isn't a manwhore... doesn't share easily and had a difficult childhood. He is taking care of the apartment building he owns in a seedy part of town and he sees.... her. Yes, there is this woman who just catches his eye and he is gobsmacked... he sees her walking to the post office, oblivious to her surrounding...

which, of course, triggers his protective needs in him for her...he is stunned; we hear him thinking "doesn't she know how dangerous this is", etc. He follows her on her errand to make sure she is ok. He then discovers she jogs every day by the restaurant he and his friends meet for lunch regularly. After two weeks obsessing about this gal... he finally decides to make his move...as she goes into the jewelery store across the way. She is there looking in the cases... he is about to approach her and then.... everything happens... a robbery takes place with the thieves zeroing in on her...our fella gets himself between them and her taking a bullet for her. All but one of the bad guys get away. Wounded, he makes sure his friends, who rushed to the scene, keep "his woman" safe and not let her go. Fast forward to the hospital.... these two finally get to have a conversation and the attraction they both feel for each other is staggeringly mutual.... it is so potent... it is setting off heart monitors and alarms...

This story has some very interesting points... the occupation of our gal will hit a chord with the readers big time. It is used as a plot point and also a personality focus. It was smart writing and worked. There is a huge amount of fast insta-lust... so if that is something which does not work for you... be warned... but if you like PI's, EMT's and Firemen... then this may be the start of something... because the secondary characters have lots of time on the pages making me feel like Ms. Foster has plans for them.

Up in Flames... is a terrific summer/take a moment/need a break type of book. It will hook you... take you to another place and give you the connections between people we want.

A gifted copy was provided by Harlequin HQN publishing through Netgalley for an honest review

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Dark Faerie Tales says

Review courtesy of Dark Faerie Tales

Quick & Dirty: This collection features two older stories from Lori Foster. While they weren't really my cup of tea, I could still see why she has become a very popular author.

Opening Sentence: She was the only female fully clothed.

The Review:

I've not read anything by Lori Foster before, but I've heard good things about her. The two stories here are older ones of hers that have been reprinted. Neither story was really up my alley, but they were well written and kept my attention.

Body Heat – 3 Stars

Adam and Melanie haven't seen each other in years. Growing up, Adam was the bane of Melanie's existence, constantly picking on her. Little did she know that Adam was secretly harboring strong feelings for her, but refused to act on them because of his feelings about her wealth. Several years later, they run into each other on a boat trip. Their initial meeting doesn't go well at all, and ends with Melanie falling overboard. Adam goes over as well, and they find themselves stranded on an apparently deserted island.

What better time for all those old feelings to come back to the surface?

I think my feelings about this story can be best summed up this way: meh. It was fine for what it was, a deserted island romance story. Not much really happened though, and neither character was developed well enough for me to really get a grasp on their personalities. Neither of them were objectionable in any way, but they weren't particularly memorable either. The story itself is well written, which made it easy to read. I just wish it had been a bit longer so that maybe I could have had a chance to connect to the characters.

Caught in the Act – 3.5 Stars

Delilah is a famous author, known for her unusual research techniques. One day while researching a new novel, she finds herself in the middle of a robbery. Her life is saved by a man named Mick. She is immediately captivated by him and follows him to the hospital so that she can take care of him. What she doesn't know is Mick is an undercover cop, one who is equally fascinated by her. Thus begins a whirlwind romance, one that becomes threatened by a continued threat to Delilah's life. Will they figure out who wants her dead before it's too late?

This story was a lot more fleshed out, which made it move a bit quicker for me. I'm not really a fan of love at first sight romances, but this story still managed to entertain me despite that fact, mainly due to the wonderful secondary characters. I would have loved to see more of Zack and Josh because their personalities practically leapt off the page. As for the main characters, Mick and Del were both likeable, but I wasn't in love with either of them. One thing that kept this from being a 4 star story has to do with an issue I have with the ending, but I can't get into specifics without spoiling the story. In the end, I found this story more enjoyable than the previous one, but it still fell short of being great, in my opinion.

Notable Scene:

“The anesthesia is wearing off,” Zack explained. “You’ll be groggy a little longer, but overall you’re fine. They left the bullet in- that’s two for you now, right? Taking it out would only have caused more damage. You lost too much blood already.”

Mick was still registering what Zack had said when his friend leaned forward and growled not two inches from his nose, “You scared the hell out of me! Don’t you know if you get shot you should stay down? Swinging your arm around that way encouraged it to bleed more.”

Mick grunted, as much from the pounding in his head as in reply. “Where the hell is she?”

Exasperated, Zack sighed. He didn’t need to ask She who?

“Josh has been keeping a close eye on her, since right before you passed out and bashed your damn head on the ground. Yeah, that’s why your head feels like it’s splitting. I’m surprised you don’t have a concussion, as hard as you hit. If you didn’t have to be so damn macho, if you’d just tell someone when you were ready to faint-”

“I did not faint.” Mick’s voice, his words, were gaining strength, and he grumbled, “I passed out from blood loss.”

“Yeah, well, they look about the same when you drop right in the middle of a crowd.”

It hurt, but Mick narrowed his eyes and said, "Zack? Come closer."

Zack, filled with new concern, leaned down close.

"Where the hell is she!"

FTC Advisory: Harlequin provided me with a copy of Up in Flames. No goody bags, sponsorships, "material connections," or bribes were exchanged for my review.

Kate Dirty Girls' Good Books says

Up in Flames: Body Heat/Caught in the Act by Lori Foster

B+, blaze, no kink, contemp, 368 pages

The book is split into 2 novellas. Body Heat is about the first third of the book, with Caught in the Act taking up the rest.

Body Heat-Melanie and Adam went to high school together. She was a rich girl, he was poorer than dirt. Although they both were attracted to each other during school, neither made a move. Now, years later, they find themselves on the same party boat. When they go overboard during a storm and end up stranded on an island, things really start to heat up. I will be honest and say that I love the whole stranded together on a deserted island plot line. That's pretty much a sure fire way to get me to read a book. And this one did not fail to disappoint.

Caught in the Act-Mick, a police officer, has fallen for a lady he's never met. He's seen her jogging before and just knows he needs to meet her so he follows her into a jewelry store. When the store is robbed, he protects Delilah and takes a bullet. Delilah offers to let him recover at her place. And while he does need time to recover, he's also beginning to suspect that someone is after Delilah. So he moves in with her to keep her safe. Caught in the Act had just the right amount of suspense for me. Delilah is such a unique character and Mick accepts her for what she is. There was a lot of secret keeping, especially on Mick's side, that I didn't appreciate, but otherwise I enjoyed this one a lot.

This is the first book I've read by Lori Foster but I'm looking forward to checking out her back list. I especially want to see if there are stories for the secondary characters (Mick's friends) from Caught in the Act.

The combination of these 2 novellas made for a quick and enjoyable read. Fast paced and engaging, I did not want to put this one down. At one point I found myself mad at my 7 year old who interrupted reading to ask when supper would be. Then I looked at the clock and discovered that it was already 7:30pm.

Kay Pratt says

You will need some fresh air and a glass of cold water (or a cold shower) after reading this Lori Foster book. If I had to describe this book in a few words I would say "wild" and "exciting" and "HOT"! Body Heat (the first of the two books) is a walk on the wilder side of Lori Foster who always gives us hot romances for cold

nights, but this book is way past that. Foster throws us a curve by dividing the book into two consecutive novellas (just to keep readers on their toes. In *Body Heat*, Under cover Office Melanie Tucker finds herself on a cruise with Adam Stone, the guy she loved to hate in high school. She was a spoiled rich girl and he was a poor but popular and sexy guy. Through a fluke of circumstance they end up marooned on an island after falling off of the ship. This leads to the couple getting together (in every way imaginable") in the second novella. While you can pretty much guess at how the HEA will eventually pan out, in this novella it's all about enjoying the journey in the hot sweaty jungle. It gives the term "rumble in the jungle" a new definition that romance lovers will love.

The second novella is *Caught In the Act*. While the first novella was good, *Caught In the Act* was clearly my favorite of the two. Mick Dawson is a cop in love with the girl he sees jogging through the neighborhood. When he follows her and foils a jewelry store robbery that is really a hit on her life, Mick quickly makes her a part of his life and he is determined to save her from whoever is trying to kill her. Delilah Piper is a ditzy bookworm and adventure/ mystery writer who falls in love at first sight with the sexy hunk who saves her life during an attempted robbery. She immediately finds herself very attracted to Mick and decides to trust her instincts and let him protect her as he is determined to do. This story got off the ground a little better than the first book. Boy was I wrapped up in every word. It is interesting and Delilah is a nerdy author who lives dangerously so that she can experience the good and bad things she writes about in her books. Delilah gets the sexy hot hunk but doesn't try to change for him. She still gets lost in writing in spurts and she is not a social butterfly. But, she finally begins to accept that she is just what Mick is looking for in a woman. These two kept me interested in their story. I loved the way they interact with each other very honestly and down to earth. They both have trust issues, and its great seeing how they mess up things but still manage to keep their relationship strong.

Read the full review as well as reviews of other books and authors and get industry news and information at my blog: [Romance Readers Bookshelf](#)

Sandra says

Wonderful story *Body Heat*, with Melanie Tucker, and Adam Stone. *Body heat* is one and the other *Caught in the act* with Mick Dawson and Delilah Piper great. Two delightful stories.

BBMoreB ~ says

Up In Flames: *Body Heat**Caught in the Act* by Lori Foster: – both are reissues. This reader had not yet read either so I am unable to comment on content changes. However, I did not notice anything that dated either story.

In *Body Heat*, Adam Stone is about to finalize the deal of his lifetime and secure his family's future. Surrounded by half-naked woman and it is the elusive woman leaning against the yacht railing that gains his attention. He makes the decision to approach her only to discover she is familiar – very familiar. They grew up in the same hometown of Brockton, Ohio. However, they came from two VERY different social positions. While Melanie Tucker's family was the richest family in town; his was the poorest. It had not mattered to Adam; he had coveted what Melanie possessed and that obsession had extended to later include her.

Melanie lived a privileged, yet isolated, life. Growing up in a wealthy family ensured that Melanie never wanted for anything, yet she was jealous of Adam and his ability to form lasting relationships (family & friends). Breaking off her engagement to the ‘perfect husband’ due to his dwindling interest, she yearned to be loved completely.

Tossed overboard during a storm leaves them stranded on a deserted island. It is the perfect backdrop for a reunion love story. The author made the characters seem realistic by generating circumstances that exposed their strengths, vulnerabilities, and underlining emotions. The banter kept the story light and made the adventure fun.

FYI – Flynn Ryder that is introduced during this story – is the hero of Slow Burn by Elda Minger. Unfortunately, Adam’s brother Kyle Stone’s story was never written. He would have made an interesting character.

Caught in the Act begins with best friends Mick Dawson, Josh Marshall and Zack Grange sitting in their favorite Italian restaurant, Marco’s, discussing women. However, Mick is not really interested in the conversion he is waiting for a particular woman to pass by the restaurant’s window – just like the past couple of days. It is rather stalkerish, but he is determined to meet this intriguing woman. The opportunity finally presents itself when he sees her enter the jewelry store across the street. Instead of an introduction he interrupts a robbery and gets shot.

Delilah Piper was a quirky character...and all of her oddities kept the story light. I love how she can twist Mick, the control freak, into a crazed possessive wreck.

This is a suspenseful little tale, with a couple of twists. The secondary characters were critical to the story and I have put their stories on my TBR.

This review also appears on Harlequin Junkie.

Disclosure: This book was provided to me free of charge for the sole purpose of an honest review. All thoughts, comments, and ratings are my own.

Terri Hebert says

Just loved the two stories in this book. Lori Foster is a truly amazing author. The characters and the storylines were fabulous and made it hard to put down. I highly recommend it !!

Nichole Howell says

Up In Flames is two books in one. The first is Body Heat which is more of a novella / short story. It's only 100 pages and gets right to the point. The downfall of that is you don't get all the character development you would with a longer story and it makes the plot a little less natural since the reader isn't as invested. While the story line in this one may be a bit far-fetched, the writing style and flow is done well. The main characters, Melanie Tucker and Adam Stone, went to school together but were definitely in different crowds. All grown up now they find themselves on a party boat together and after a series of events find themselves

going overboard with the rest of the boaters not noticing. On a deserted island, they are forced to spend time with each other and get over the issues they have from their past - which includes some steamy chemistry.

The second book is Caught in the Act. It's a more traditional book length at 260 pages. This story is well done. There are elements of suspense in the story, which are attention grabbing for the first third of the book and the last third of the book. The middle third drags a bit, but if you can get through the middle you'll be rewarded.

Mick Dawson keeps to himself. He doesn't get into relationships outside of close friends. He sees a woman, Delilah Piper, though and watches her for a few weeks trying to find the right time to introduce himself. The attraction he feels for this one is different than any other. When he sees Del run into a jewelry store he goes in after her. Shortly, though, the store is held up at gunpoint and is being robbed. The robbers go after Del, but Mick gets in the way and ends up being shot.

Del insists on taking care of Mick and brings him to her home after he is released from the hospital. She is immediately attracted to him. Mick is happy to be taken care of by Del. He can get to know her and protect her at the same time as he tries to figure out why those guys were after Del. I won't give any more of the plot away, but the story has many interesting twists. Del is a bit of a flighty type person and it is a bit annoying at times, but overall the story is well done.

Karina Ramirez says

3.5 Stars for both books!

Both books are short novellas by Lori Foster both previously published FYI so don't get confused!

Body Heat (3 Stars)

I don't want to give too much away, but this is a short novella about frenemies turned lovers! Melanie and Adam find themselves on the same party boat the chemistry is instant. And when they both go overboard and end up on a deserted island, past feelings come out.

I enjoyed this book, a nice simple read of old classmates admitting their feeling for one another after all these years. I wish it was a tad bit longer, it definitely left me wanting more! Overall great summer read.

Caught in the Act (4 Stars)

Mick is an undercover cop and after seeing this 'woman' he instantly feels an attraction towards her. So he follows her around for the next two weeks before finally gaining the courage to go and talk to her. Gaining the courage he follows her into a jewelry store when everything happens, the place gets robbed. Taking a bullet while protecting her Mick ends up in the hospital. Feeling thankful she offers to take care of him at her house, and while there Mick realizes someone might be targeting her ...

This book had a little bit of everything, suspense, humor, hottie cops and firefighters. Just the usual mash up of awesomeness. I loved that this one was a bit longer so you got more from it. Also I read its number #3 in a series but you didn't even realize which is always a plus! It's a bit insta-love which I'm normally not a fan of

but with this it worked!

Definitely recommend both books.

Joy Boutwell says

This book has two different stories in it - Body Heat & Caught in the Act. Both stories have a good storyline and are well written.

Patty says

Source: Library

DeAnne Frazee says

Title: Up in Flames-Body Heat & Caught In The Act

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Reviewer: DeAnne

Rating: 4.25 Stars

Body Heat

The last person Melanie Tucker wants to find herself trapped with on a party boat is her nemesis, Adam Stone. As always, he's too smooth...and a bit too sexy for comfort. But when they both fall overboard—and wind up stranded together—Melanie just can't resist all the delicious body heat smoldering between them....

Caught in the Act

When a robbery goes bad, undercover cop Mick Dawson can't believe Delilah Piper (aka mystery writer Lela DeBraye) was just in the wrong place at the wrong time—and neither do the perps. The only way to protect her while he investigates what really happened is to stick with her 24/7—and try not to fall for the object of his investigation!

Two separate stories of opposites attract and when they connect they are cemented together and nothing can pull them apart, except maybe their own doubts. Quick paced with lead characters with attitude. Enjoy!

My rating of "Up In Flames" is 4.25 out of 5 stars.

Amazon Link: [https://www.amazon.com/dp/B00H5I7ZIU/...](https://www.amazon.com/dp/B00H5I7ZIU/)

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Guilty Pleasures Book Reviews says

Lily's review posted on Guilty Pleasures Book Reviews

4 STARS

Review copy provided for an honest review

"Up in Flames" is two novellas in one book.

The first book Body Heat is about two people on opposite sides of the track. Mel Turner comes from a rich family and Adam Stone did not. He has been her nemesis since their school days. For her, in spite of her family's wealth, she's always been painfully aware of him and always felt bullied by him. Now, years later, they encounter each other on a party boat in Florida on their way to an island. Somehow they both fall overboard during some rough weather and end up stranded on a deserted island.

I liked Melanie from the beginning. She was painfully shy in her younger years and had since overcome this, or so she thought, until she saw Adam Stone again on that boat. For the rest of the book, I found she adapted to her environment extremely well and remained strong in spite of Adam's alpha-male attitude with her.

On the flip side, Adam struggled with his own insecurities and his true feelings for Mel. Without giving too much away, I enjoyed their arguments and felt my heart hurt a few times when he was unnecessarily gruff with her.

I would have liked to have seen a bit more development in Mel and Adams' characters before the story ended. This is a standalone story and it seemed to wrap up almost too quickly and neatly at the end. It was an entertaining read.

Caught in the Act

I actually couldn't put this second book down. There was more mystery and suspense mixed in with the romance aspect of the book. This story is about a cop Mick who finds himself extremely attracted to Delilah. He saves her in a dangerous incident and their relationship gets a jump start when they openly share their attraction for each other.

Ms. Foster did a really nice job slowly peeling away Delilah's layers and unraveling the mystery of her background, much to Mic's surprise.

I really enjoyed the chemistry between Mic and Delilah, and I loved how his close friends were protective of him and wary of her. But, she's such an amazing woman that slowly, each of them came to love her as part of their family.

This was a satisfying and easy read; perfect for a rainy afternoon curled up in bed!

