



The Buddha, Geoff and Me: A Modern Story

Edward Canfor-Dumas

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Ed is having a hard time - at work, in his love life and, well, generally. Then he meets an unlikely Buddhist - who drinks and smokes and talks his kind of language. Bit by bit, things begin to change...

Ed doesn't always take Geoff's advice. Or, when he does he lapses at the crucial moment. His path to understanding is not a straight one, especially as life keeps throwing more and more 'stuff' at him. Often he fails - like most of us, in fact. But sometimes he manages to get it right. And when he does, surprising things begin to happen ...

In *The Buddha, Geoff and Me* Edward Canfor-Dumas brings all his skills to bear in an absorbing story of everyday city life, where the characters stand out with all their human strengths and weaknesses, and the ending brings Ed - and perhaps all of us? - a hope we didn't necessarily expect.

The Buddha, Geoff and Me - for anyone who's ever begun to wonder what the whole damn thing is all about

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The Buddha, Geoff and Me: A Modern Story Details

Date : Published July 7th 2005 by Rider (first published January 1st 2005)

ISBN : 9781844135684

Author : Edward Canfor-Dumas

Format : Paperback

Genre : Religion, Buddhism, Fiction, Spirituality



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From Reader Review The Buddha, Geoff and Me: A Modern Story for online ebook

Shauna says

As a therapist, I just really want to applaud this book. I think all therapists should read it, for a gentle Buddhist understanding. It has influenced my practice in the most curious ways. My clients have found deeper insights, we've had sparkler conversations... I'm not sure what's happened... but it feels positive.

As a personal reader, I really warmed to Geoff and at one point found myself sitting in Ed's shoes after a minor revelation gets the audience to question how they feel. I won't spoil it, but my goodness... so many positive lightbulb moments from this here. As a side note, I can't believe how little people have read this book. I shall be raving about it for a long time to come yet, I believe. Also, I want to meet the gardener! Haha what a great character / person!

Ymfoo1 says

An interesting 'novel' about life. About strengths, weaknesses and believes.. about ego-less, about compassion, about Buddhism.

Jayant says

The book will transform your view about life. It's more than a story in a book, the journey this book takes you on through its characters is just unthinkable. Just read it you'll LOVE IT

Sheila Heard says

I've read this book so many times. A relevant guide to tackling what life throws at you, using a story of believable people. It's become a kind of comforter that I keep by my bed!

Christiane says

Just loved this book! It gives you a true view of Buddhism in a daily life. I did not agree with all their thoughts but nevertheless I was able to pick up some easy hints for a daily life practise!

Leah Dontknowmynname says

This book was so different to what I normally read, but it was a real delight. I am intrigued to uncover more

about Buddhism and how to use it in everyday life.

Mitch S says

Recommended to me by a friend, I recommend to anyone that has a passing interest in Buddhism. The story is about a troubled man who meets a selfless fellow, Geoff. Geoff turns his life around, and becomes an anchor. The casual approach to Buddhism makes this book readable to anyone. The first half I was reluctant to keep reading, but when the protagonist starts coming around to the teachings, you start coming around to the story.

Sabina Biasuzzo says

Anche senza essere buddisti certi insegnamenti di questo piccolo grande libro fanno molto riflettere. Mi ha lasciato una bellissima sensazione, di pace, di serenità. Lo consiglio, specie in momenti di down.

Sal Coraccio says

The Buddha, Geoff and Me is, as one might expect, a lightly disguised Buddhist primer of sorts. The story the teachings ride on is compelling enough, likely based on real events (the author's) and generates sympathy for the main character, Ed. It isn't high art, but it is touching and there's enough educational content and a satisfying arc to make it worth your while.

What it did for me personally is introduce me to another perspective on Buddhism - a more approachable side; less... pretentious(?). Part of that is my own ignorance, of course, based mostly on what I've absorbed through popular culture.

Inspirational, surely. As a next step, I'd like to see the other angles on Buddhism - it seems there are many. Mission accomplished, Edward.

Janina Walters says

This book is based on the author's friendship with and introduction to Buddhism by my father. It was interesting to read the factionalized perspective of someone unrelated to him.

Dino Olivieri says

Davvero un libro divertente e in qualche modo illuminante.

Nixi Nicks says

I've been reading this book for years, read chapters over and over, and finally today I finished it for the first time. The reason that this took me so long to read, I believe, is because there is a lesson to be learned every other page, it seems. I have several practicing Buddhists in my family, so I was familiar with the concept going in, but the way the lessons and sort of "intro to Buddhism" readings are intertwined in this story is quite amazing. I came to know each character, and familiarize myself with the journey the main character goes on. I am a little heartbroken that I've finished this but will certainly be back.

Ammonite says

Excellent layman's introduction to Buddhism from a personal point of view. Autobiographical account of a friendship and how this drew the author into examining and changing his life.

Lupurk says

Il classico libro giusto al momento giusto. Ricevuto in prestito da un'amica, l'ho lasciato da parte per mesi, perché presa da altre letture o perché poco attirata. Poi, qualche giorno fa, ho deciso di prenderlo in mano e di dargli una possibilità. Appena ho letto le prime righe della quarta di copertina ho capito che il libro stava parlando proprio con me, che in qualche modo mi aveva chiamato...e l'ho divorato, assaporandone ogni frase e ogni attimo, senza riuscire a staccarmene. Non so se in un altro momento il mio giudizio sarebbe stato lo stesso, ma forse c'è un motivo che mi ha spinto verso di lui proprio quando ne avevo più bisogno, quindi rendo merito al karma e farò tesoro di quello che ho appreso.

Nicky Alan says

A laymen's terms story delivering universal wisdom in a light and humorous way.
