



## **The Flame of Anahata: Love Conquers All (Comeback Warrior Trilogy Book 2)**

*Saranya Umakanthan*

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"They turned to see his tears of love wiping away her blood of agony..."

Diya throws Suraj's proposal back in his face, leaving him broken-hearted. Why would she do so when she loved him desperately?

Suraj finds his Guruji unconscious beside a cave clutching the warrior Indrajith's diary. His heart-rending love story then unfolds. Being trapped in a web of emotions, Indrajith endured the pain of his lost love, hurting himself and trampled Deepali's hope for his adopted brother... Who was he?

Sealed for centuries and holding the Mann-Parivarthana astra, the cave is besieged by evil now. But all attempts to unlock it go futile. Faced with baffling hints, Suraj's intelligence is sorely tested. What is the potent power required to break through that Paanch-Dost-Gupha?

## **THE FLAME OF ANAHATA!**

Will the fire of love ever flicker in the hearts of Diya and Suraj?

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### **About the Author:**

Saranya Umakanthan is a software engineer by profession and a two-time university topper. An avid reader, she enjoys playing with words. She loves coffee, books and online shopping. Nothing brings her more contentment than seeing a reader enjoying her book. The fragrance and texture of paperback novels inspire her and she hangs out at bookstores frequently.

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### **Chapter 1**

#### **The Broken Heart**

"You are my sun, moon and everything!"

Suraj Sena grunted as he typed the message. This was not coming out right. It sounded downright cheesy as if it was a dialogue from a romantic soap. But he had to do this. He was not going to wait anymore. After all, he was 23 years old. He needed Diya in his life permanently. So he was going to propose today before some idiotic macho-male does it. He was damn sure that she returned his feelings. But he could not find the perfect words to express his deep love for her. He sighed as his iPhone beeped. Everything around him now screamed of wealth.

Suraj and his friends faced a frustrating period after graduation, searching for the right job or at least a job.

After Suraj was thrown out of the house by Ritupara, he moved to a hostel along with his friend Varun, who voluntarily left home to stay with Suraj. His sister Sakshi was with his aunt Tara at Shaktipur. He was now settled at Bhujapur. The Shaktipurians did not pester him to stay with them. But he knew that he had to go to Shaktipur, when situation demanded. He made frequent visits as such. It was his duty, which gave a purpose to his life.

When he started the Star Advertising Agency along with Diya and Varun, he never knew how successful it was going to be. Their first advertisement for a face-wash turned out to be a super-duper hit – a YouTube sensation. Since then, they had bagged so many bigger projects from various multinational companies.

Not only that... Suraj had one luckier break than his friends. He grinned as he recollected 'that' day when Varun and Diya had forced him to model for a premier clothing house.

"You will be a perfect fit with your physique!" Diya had enthused, making him blush like a teen. Their lead male model was unavailable and Suraj had taken up the role reluctantly after much persuasion. He was pretty surprised when Swaraj Gupta, the most prominent film director of Bollywood had called him. Suraj's role in the advertisement had caught the director's attention, who wanted Suraj to act in his upcoming movie. And he was a movie star now! With two blockbusters to his credit, he was termed as the 'latest heartthrob' much to Diya's chagrin. His rags to riches story made the headlines after his successive hits. He bought a comfortable house at Bhujapur and moved there along with Varun.

He read the message from his iPhone.

"Will meet today as planned. – Diya"

Every message from Diya made him smile. Their last advertisement for a baby food product had come out beautifully. The naughty baby had surprised them with wonderful expressions and they had captured the shots with glee.

To celebrate their success, Suraj and Diya were going to the local fun fair today. Varun was in Delhi to gather the requirements for their next advertisement project – a mango drink. Everyone at Bhujapur knew Suraj and it was a place where he will not be hounded by people for autographs.

The doorbell rang. He adjusted his clothes and opened the door to let his lovely visitor in.

He stood spellbound as he looked at Diya. She had let her glossy black hair down and looked like an Indian princess. She wore a pink embroidered anarkali kurta with blue leggings. Two round golden earrings completed her outfit.

"You are beautiful!"

The words were out from his mouth before he could stop them.

She glowed at his words yet she countered, "That was the first dialogue to the heroine in your last movie."

"True..."

"So?"

"Those were mere words from a paper but what I said now came from my heart."

"You can turn into a script writer for your next movie," she admonished him half-jokingly.

Before Suraj could reply, she put her fingers on his lips.

"Let's go," she whispered and dragged him out with a big smile.

The day started on that playful note. As she sat beside him on his bike, she deliberated whether to place her hand on his shoulders. She almost reached out twice but withdrew her hand at the last moment. Suraj enjoyed her by-play in his bike's mirror. Caught in her act, Diya blushed and removed her hand swiftly. With a beaming smile, he pulled her hand and placed it on his shoulder. They started to the fair. The smell of cotton candy and the happy buzz of the crowd welcomed them, as they stepped inside. The mood around them was contagious that it caught them too.

"Look there," Diya pointed to the giant-wheel, which went up and down.

"Ah... no, we are not..."

"Yes, we are," Diya's voice was adamant and she pulled him towards the ride.

Suraj hesitated and then Diya noticed 'it' in his eyes.

"You are afraid... aren't you?"

“No way,” he countered.

“Ha ha... I don’t believe this. The comeback warrior and the new heartthrob of Bollywood frightened of a small fun ride,” she laughed wholeheartedly.

Suraj glared at her and caught her hands as if to punish her. She squealed like a child and he chased her.

“No... you are not getting away with this,” he threatened, yet his voice was playful.

“Yes, I am,” declared Diya. She rushed forward, not noticing the small board that barred their way.

“Ah...” she fell down, sprawled on the floor.

“Serves you right,” Suraj told her calmly, as she struggled to get up.

His calmness infuriated her and she felt like yelling at him.

He bent down and looked into her eyes. The voices around them faded and a gentle breeze blew around.

Suraj gently wiped the dirt smeared on her face. Their eyes locked. He thought the moment to reveal his feelings had finally come.

“Diya...”

He was cut short by a group of children who had stopped their playful activities and come over to help them.

“Didi... any help?” They queried tenderly and took note of Suraj.

“Ah... Rohith bhaiya is with you... he fought bravely against those terrible villains on the mountain cliff and saved Pooja didi... he will help you too,” they assured Diya and went their ways. ‘Rohith’ was Suraj’s screen name in his recent movie and ‘Pooja’ was his co-star.

“Hah... they will never know that ‘Rohith’ will save only ‘Pooja’,” grunted Diya after she got up. Suraj caught Diya’s hands and stopped her.

As she turned, he asked her, “Rohith will save Pooja but Suraj will definitely give his life for Diya... don’t you know?”

His emotional query indicated that Diya’s playful reply had hurt him.

She struggled with her words for the right answer, but he changed track shaking his head. “Come, let us get some pani-puris... I feel hungry.”

Diya found it hard to comprehend Suraj. They enjoyed the spicy savouries in peaceful silence. The children, who came to Diya’s rescue earlier waved their hands as they crossed paths again.

Suraj and Diya walked ahead. A bangle-seller called out to them. “Why don’t you buy a dozen of these bangles for your beautiful girlfriend?”

Diya argued vehemently, “I am not his beautiful...”

Suraj interrupted and asked, “Are you not beautiful then?”

“I did not mean that...” she hotly denied and acted as if she was going to hit him.

Silently laughing at her attitude, he purchased a set of pink glass bangles and presented them to her gallantly by getting down on his knees. The old lady grinned at Suraj’s gesture and Diya glared at her.

Not accepting the bangles, Diya said, “Don’t cheat me, Suraj!”

He was genuinely puzzled.

“But why?”

“Our advertisement is a massive hit and all you offer me is a set of glass bangles, huh?”

Suraj did not reply. Instead he captured her hands gently and put on the bangles. He willed her to understand that those bangles were a token of his love and not an appreciation of their success at work.

Diya gazed at him as if she was in a trance. A droplet of water broke that intimacy and they looked up at the dark-clouded sky. Heavy raindrops fell and they giggled uncontrollably like a pair of mischievous children. People around them hurried to find shelter from the rain. Suraj followed suit but was stopped by Diya.

He turned to her with a questioning gesture.

Opening an umbrella, which she took from her handbag she waved at Suraj to join her. The white umbrella printed with red hearts added more romance to the ambience.

Suraj joined Diya, now believing that she was ready to take their relationship to the next level. They walked towards a tea shop. The outer shed of the shop protected them from the rain. With more people bustling in to find shelter from the heavy downpour, the shed became quickly congested. Standing close to Diya, Suraj

decided that this was the right time to propose... to tell her how deep his feelings were...

“Diya, I...”

The sound of the rain and the buzz of the crowd made it hard for Diya to hear him.

He cleared his throat. “Diya, I have to tell you something.”

“Okay... but I can’t hear you well,” she returned not giving him her complete attention. She was captivated by the beauty of the rain.

“Oh heck...”

He pulled her close to him. Her ears were almost touching his lips.

Involuntarily, she withdrew putting some space between them.

“Why are you serious? Can’t you just enjoy the moment?”

Suraj wondered how she could be so dense when his emotions were written all over his face.

“This is important, Diya...” his voice faltered and she turned to him.

“Yes, go on... I am listening,” she told him, finally heeding to him.

The shed was now filled with people and there were patches of water around the shed. Suraj and Diya were at the front, struggling to stand inside against the pressure exerted by the other people.

“Diya...”

Both of them were pushed out of the shed by someone at the back. They were thrown into the rain. Suraj fell heavily on Diya and water splattered all over them. She tried to push him away.

“For God’s sake, listen to me Diya,” he chided.

“You fell on me, you brute!” She forced her words out in the rain.

Shaking his head, Suraj stood and pulled her up. Face to face, on the muddy floor was not exactly a romantic place to propose but he could not hold himself anymore.

“I did not fall on you... I have fallen for you... right from the moment at the temple. You are everything to me... my best friend and my partner through ups and downs. My life will be incomplete without you. I love you, Diya... I will always love you... beyond and forever!”

He shouted against the rain.

Time stood still. Though the crowd pretended to ignore Suraj and Diya, they watched their star curiously. A journalist, out of nowhere, clicked a picture of the pair.

Diya stood shocked as everyone looked at her for an answer. Her eyes glistened with tears.

She whispered hysterically, “I am sorry, Suraj... I don’t love you! I have never loved you and never will... not in that way... I love you as my best friend... that’s it!”

The words shattered his heart. She ran away. Suraj stood speechless behind her. The crowd murmured, “Poor guy!”

He had never felt so humiliated in his life.

## **The Flame of Anahata: Love Conquers All (Comeback Warrior Trilogy Book 2) Details**

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## **From Reader Review The Flame of Anahata: Love Conquers All (Comeback Warrior Trilogy Book 2) for online ebook**

### **Enakshi J says**

The Flame of Anahata

Author: Saranya Umakanthan

Publisher: General Press

Rating: 3.5/5

With the second book of the series- Come back warrior Trilogy, Saranya has aced the test. Not only have her writing skills been appreciated but her prowess to present mythology fiction to the readers has been acknowledged too. 'Anahata'- is a Sanskrit word that means "unhurt, unstruck, and unbeaten". Anahata is associated with a peaceful, calm and serene sound. The title of the book presents a contradiction, for the extreme nature of a flame is being given to the Anahata. This title not only evokes intrigue but also makes the readers understand the relation of Anahata with Hinduism and Yoga.

As said by Vilayanur S. Ramachandran, 'A civilization without mythology is not really a civilization', mythology books are loved by all readers. The only barrier in understanding this genre is not getting to read the prequels and sequels. 'The Flame of Anahata' is the second book in the series. Not having read the first book, I was skeptical to pick up this book but once I started, I never felt a gap. Coherent narration and intelligible plotting are what make this book good. With fine editing and good quality of print, General Press has made a mark in the field of literature too. But somewhere the monologues and the lengthy descriptive paragraph acted as the speed breakers.

Starting with a blend of past life and the present one, the author successfully balanced the personalities of the characters. The interesting prologue and the chronological order of the events helped in not baffling me. Another drawback is the cover of the book. With such a strong title, a more meaningful cover was expected. I presume that the image of the lady is being misunderstood by the readers like me. But we review what we see, isn't it?

The two protagonists- Suraj and Diya, are no different than our very own Bollywood actors. But there is one thread that makes their love story more interesting. In the past life, when Suraj was a warrior of Shaktipur (Inderjeet), he lost his love owing to his cunning brother. And that is what makes him more determined to win his love in the present time. The story is about how Suraj finishes the unfinished of the past and gets on terms with his life in the present.

Doesn't this sound familiar? Having recently watched the trailer of 'Raabta', I found a connection between the two. And that made me pose this question: Why in India majority of the movies are adapted from the books?

Coming back to the topic, 'Flame of Anahata' is a finely written mythological book. The author has done much research on the topic and that can be seen in the way the events (twists and turns) are placed in the story. With a good pace and an engaging plot, this book is worth a read.

Best wishes to the author!

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## **Divya Ramnath Bandodkar says**

I haven't read the first part of the Comeback Warrior Trilogy. Having no knowledge about the first part, this book wasn't that difficult to comprehend. The book cover shows a picture of a princess and that of soldiers who are in warfield. This gives the readers an impression that the book is somewhere related to the era of wars and conquests. The wars have always fascinated me during my childhood and I was convinced that I was going to enjoy this read.

Coming to the story, it has been perfectly crafted. The characters seem to be real. For a moment you will feel that you are with Suraj, the protagonist in his quest for answers. I believe that writing a book series is really difficult as you have to let out only a part of the story. Author has done a marvellous job with this trilogy. I am eager to read the first and the third book of this trilogy.

The story starts with present era where Suraj and his team visit a village for their shoot. Time and events lead Suraj to his past and he discovers that he is Indrajith. He has to set things right in this birth in order to avoid the Black Army rule the villages. Is he successfull in finding out the truth that has been hidden for ages? Who helps him in solving this mystery? Who is Diya and how is she related to Suraj?

The narration has been done in third person narrative. The language is lucid and comprehensible. I remembered my grandmother's way of storytelling when I read this story. It is fluent and has no space for confusion. The incidents have been rightly placed with detailed narration. It is this narration that makes you believe that such a place could exist in reality. The book keeps you hooked on to it until the very last page.

I rate:

Cover: 3.5/5

Characters: 3.5/5

Story: 4/5

I rate 'The Flame of Anahata' with 4/5 stars.

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## **Ravi Gurunani says**

The Flames of Anahata is the second book of the Comeback Warrior Trilogy and even though I haven't read the first book of the trilogy, this book was still a good read.

This book is a mixture of Thrill, Romance and Mystery.

I received a free copy of this book from Kalamos Literary Services and Anuj Kumar in exchange for an honest and unbiased review.

Book Cover and Title- Book Cover is very interesting, but I failed to see any connection between the cover and story.

The title is appropriate and the word 'Anahata' has a deeper meaning in the story which was interesting to read.

Language and Narration- The language used is simple and easy to comprehend. Narration is done well and binds readers with the book. Editing is also done well and the book is without any grammatical errors.

Characterization- Saranya has done a great job portraying her characters. All the characters are having their little stories which makes the overall book an interesting read.

Even the side characters are justified properly.

Storyline and Plot- Storyline of the book is simple with some twists and turns and follows a simple plot.

There are two stories running parallel and are separated by the time. I liked the way the author has balanced the present and past story and the reader does not get confused between them. I liked the story from past more interesting than the current story.

The pace of the book is neither too fast nor too slow and flows continuously till the end.

Rating-

Book Cover and Title- 2.5/5

Language and Narration- 3/5

Characterization- 3.5/5

Storyline and Plot- 3/5

Final Rating- 3/5

Overall, The Flames of Anahata is a good book which delivers us not so unique plot, but smooth storyline with well justified characters.

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### **Murali Ryan says**

The Flame Of Anahata by Saranya Umakanthan, this is the second book in Comeback warrior trilogy. It is a Historical fiction blends with love, friendship, thrill, myth, rage, royalty and many more emotions throughout. It states the love story of Indrajeeth and Deepali which continues over the century. The story travels in two timelines and various themes.

Blurb:

Diya throws Suraj's proposal back in his face, leaving him broken-hearted. Why would she do so when she loved him desperately?

Suraj finds his Guruji unconscious beside a cave clutching the warrior Indrajith's diary. His heart-rending love story then unfolds. Being trapped in a web of emotions, Indrajith endured the pain of his lost love, hurting himself and trampled Deepali's hope for his adopted brother... Who was he?

Sealed for centuries and holding the Mann-Parivarthana astra, the cave is besieged by evil now. But all attempts to unlock it go futile. Faced with baffling hints, Suraj's intelligence is sorely tested. What is the potent power required to break through that Paanch-Dost-Gupha?

## THE FLAME OF ANAHATA!

Will the fire of love ever flicker in the hearts of Diya and Suraj?

My view -

I would say this as author succeeded in her new try, made me to engage till the last page because of the interconnected story between past and present. While in present Suraj was disappointed with Diya's rejection towards his proposal, he found the diary of Indrajeeth (Suraj's past life) which makes him to connect with his past and gave him the answer of why she denied and his reason to rebirth. Therefore the story moves towards how Suraj succeeded in his love and how he safeguard the Mann-Parivartha astra from his previous life enemies - Bakula and Varsha.

As I said earlier it travels with two timelines and yet it doesn't get bored, fast paced with new concepts like Anahata and Paanch-Dost-Gupta cake is deeply engraved into emotions which states the significance of love and friendship.

The novel is to be read for to know the significance of Anahata & Lotus and also for the simple & elegant narration. Overall, The Flame of Anahata is a fantasy novel which is fairly unique and makes you to turn pages continuously.

My rating - 4/5.

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### **Jenny Arora says**

The Flame of Anahata is the second book of the Comeback warrior Trilogy and even though I haven't read the first book, but I don't think that affected my experience in any way.

The book is a combination of thrill and Mystery topped up with Romance.

Book Cover and Title –

The title surely is justified in the book very well. The cover, however is confusingly unrelated. (Idk if it's just me who didn't get it though.) The cover is beautiful and attractive, but I don't see the relativity. Again, idk if it's just me.

Language and narration –

Simple and easy English  
Binding narrative  
No grammatical errors  
Well edited

Storyline and plot –

Two parallel running stories in two different time zones. It is interesting to find out where both of them collide. Pace is neither too fast nor too slow. Well balanced.

One thing I especially like about the book is that it deals with two different stories in two entirely different time zones. Sort of a unique feature. I appreciate the author for that.

### Book and Paper Quality–

The book and paper quality are actually very good. It kind off puts me off when they're not, but it's not so in this case.

### Ratings –

Book Cover and Title – 3/5  
Language and Narration – 3/5  
Storyline and Plot – 3/5

Overall, The Flame of Anahata is a good book and deserves 3/5 stars.

I'd recommend the book to anyone who wants to read some light thrillers or wants to read some mythology but at the same time do not wants to deal with a heckload of characters like the usual mythology books.

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### **Pallavi Sareen says**

A fantasy novel where two sides are on war because of a misunderstanding. Now this is a concept that has been worked on many a time. So what does The Flame of Anahata bring to the table? Re-incarnation? Read it before. A super powerful weapon? \*cough Give me something new cough\*

Okay so the concept of the cave, now that was something I had not heard of before which means... bonus points for at least a little originality.

Even if you can't call the whole story fairly unique, it was still fast-paced and keeps you entertained and turning pages. I read half the book in one sitting and it was captivating. But I have to say this, if there is a female figure on the cover, I expect a strong female protagonist to overshadow the book. I need it. One badass girl around whom the story revolves but mainly that character remains a lowlife side-character whose only role seemed as a love-interest which annoyed me.

That problem was (not so quickly) resolved.

Meanwhile, the first half of the book with Varsha and Indrajeeth was far more interesting than what was happening in current timeline with Suraj. And I would have loved to just read the older era book without thrusting reincarnated souls into the mix.

I did, however, like the writing style of the author and the way the meaning and importance of emotions and Anahata and friendship is depicted, it made me like this book a lot more.

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### **Nidhi Author says**

“The Flame Of Anahata” is an interesting book to read if you are looking for something new and different. Starting with the cover of the book, I would say cover could have been something different. According to the story, there was a mismatch between the plot and cover. But it is rightly said, “Never Judge a book by its cover.” And by seeing the cover, I started having a different story in my mind but the story was way totally different. I liked the way author managed connecting the past and the present in a proper manner without creating confusion in the minds of readers. The story of cave in the starting itself will arouse readers’ interest. The book holds story of love and friendship. The plot was amazing. I felt bad for Prithvi. No matter the confusion was cleared in the end but it was way too late. Another positive point was author did not stretch the story much. The pace was well maintained. Each character of the book held their own importance. Varsha’s character proved that some people do not deserve to be loved at all. Overall, it was

unpredictable story. The author has managed to keep the suspense till the last page. The writing style of the author was good and the narrative technique was excellent. The language used in the book was easy to understand in one go. It was surely an enjoyable read. A good one time read and I won't mind reading it all over again.

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### **Khyati Gautam says**

Love is an elixir, it is magic, it is a soothing balm and to be in it is an experience, so heavenly! Its timeless beauty and power are unbeatable.

But what if the love becomes the key to unlocking a prolonged mystery?

#### **REVIEW:**

The book opens up with these lines trying to emphasize what is Anahata?

'The miracle that can move mountains,

The marvel that can pass through the storm like a breeze,

The strength that lets you touch the skies,

The divinity that can mend the broken hearts,

The light that can guide you out of the web of darkness,

The magic that permits you to do anything your heart desires!'

The protagonist Suraj is shown battling against the baffling clues to solve the mystery behind the mystique cave. He displays his wit and proves his vigor across the centuries. The concept of the reincarnation of the important characters makes this fictional piece quite interesting. The plot is unique as well as exquisitely spun with all the elements deliberately put – suspense, thrill, romance, revenge, friendship, and reincarnation. As the story progresses, one will find himself drowned in the land of this mythological cum fictional tale. The credit goes to the author for crafting such a marvelous story that keeps you at the edge of your seat. The author left no stone unturned in realizing her amazing imagination to bring out a truly beautiful and wonderful story. The narrative is created coherently and the language is the cherry on the cake.

The author did no compromise with any aspect of the book – be it the storyline, the ample space to each character, the language, the flow of the story and the subsequent developments of events. The climax of the book unveils the mystery behind Anahata – "it is our fourth chakra. The chakra can either open or close for each one of us and is the house of our Atma" The fight between the evil and the good to crash the door of the cave to catch hold of the Man-parivartha-astra is all that is being illustrated in the book.

#### **WHY READ IT:-**

If you wish to read an author whose exceptional forte for storytelling can amuse you, do read it.

Love defies all. It is the supreme weapon against all odds. This book is written to substantiate this point with an amazing story.

If the suspense interspersed with emotions and past life interests you, read it.

At last, I will strongly recommend this book to every reader because books of such genre and class are rare to find today!

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## **Sayan Basak says**

BOOK REVIEW OF- The Flame of Anahata

BY Saranya Umakanthan

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### **THE PLOT IN BRIEF-**

"They turned to see his tears of love wiping away her blood of agony..."

Diya throws Suraj's proposal back in his face, leaving him broken-hearted. Why would she do so when she loved him desperately? Suraj finds his Guruji unconscious beside a cave clutching the warrior Indrajith's diary. His heart-rending love story then unfolds. Being trapped in a web of emotions, Indrajith endured the pain of his lost love, hurting himself and trampled Deepali's hope for his adopted brother... Who was he? Sealed for centuries and holding the Mann-Parivartha astra, the cave is besieged by evil now. But all attempts to unlock it go futile. Faced with baffling hints, Suraj's intelligence is sorely tested. What is the potent power required to break through that Paanch-Dost-Gupha?

The Flame of Anahata

Will the fire of love ever flicker in the hearts of Diya and Suraj?

### **THE TITLE-**

What does Anahata means? The heart chakra is situated in the centre of the chest at the height of the thymus gland (behind the sternum). In Sanskrit this chakra is called Anahata, meaning 'infinite', 'unhurt' or 'boundless'. The heart chakra is related to being able to love yourself. Being able to give and receive (love) with equal ease. Feeling kindness and compassion for yourself and others. Having a sense of 'we' instead of only 'I'. Feeling a general sense of belonging and trusting in your heart as an inner compass. That's why it's called "the flame of Anahata". The story takes us through a journey of love, trust, forgiveness and boundless emotions. It's just like Taking a walk through the garden of forgiveness and picking a flower of forgiveness for everything you have ever done. When you get to that time that is now, make a full and total forgiveness of your entire life and smile at the bouquet in your hands because it truly is beautiful.

### **REVIEW OF THE BOOK-**

I believe that Love is not an equation, it is not a contract, and it is not a happy ending. Love is the slate under the chalk, the ground that buildings rise, and the oxygen in the air. It is the place you come back to, no matter where you're headed. If we love someone truly, I feel nothing can break the bond- not even any superpower or any astra. To be deeply loved means a willingness to cut yourself wide open, exposing your vulnerabilities... hopes, hurts, fears and flaws. Hiding behind the highlight reel of who you are, is the real you and that person is just as worthy of love. There is nothing more terrifying or fulfilling, than complete love, it's worth the risk... reach for it. All the characters' portrayed in the story- Diya, Suraj, Deepali, and Indrajith are very beautifully described. The connection of everyone with the astra in the cave was so thrilling. I felt Emotions, in my experience, aren't covered by single words. I don't believe in "sadness," "joy," or "regret." Maybe the best proof that the language is patriarchal is that it oversimplifies feeling. I'd like to have at my disposal complicated hybrid emotions, constructions like, say, "the happiness that attends disaster." Or: "the disappointment of sleeping with one's fantasy." I'd like to show how "intimations of mortality brought on by aging family members" connects with "the hatred of mirrors that begins in middle age." I'd like to have a word for "the sadness inspired by failing restaurants" as well as for "the excitement of getting a room with a minibar." I've never had the right words to describe my life, and now that I've entered my story, I need them more than ever.

The way the author had portrayed the opening of the cave, which ultimately brings us to the climax of the story was very interesting and thrilling. I really appreciate the way the author has related a thrilling plot with an emotional one. The problem about cutting out the best of your heart and giving it to people, is that It hurts to do that and You never know if they are going to throw it away or not. But then you should still do it. Because either way is cowardice. At the end of the day, it's about being brave and we are only haunted by the ghosts that we trap within ourselves; we are not haunted by the ghosts that we let out. We are haunted by the ghosts that we cover and hide. So you let those ghosts out in that best piece of your heart that you give to someone. And if the other person throws it away? Or doesn't want it to begin with? Someone else will come along one day, cut out from his heart that exact same jagged shape that you cut out of your own heart, and make their piece of heart fit into the rest of yours. Wait for that person. And you can fill their missing piece with your soul. I loved the entire plot because it delivers a beautiful message-

Love conquers the body by embracing it,  
conquers the mind by massaging it,  
conquers the heart by kissing it,  
and conquers the soul by marrying it.

#### YOU SHOULD READ THIS BECAUSE-

1. THE BEAUTIFUL AMALGAMATION OF THRILLER WITH EMOTIONS.
2. THE ANAHATA FACTOR
3. THE CHARECTARISATION AND THE PLOT DEVELOPMENT

#### RATINGS-

Overall I would like to rate the book 42 on a scale of 50.

4 stars out of 5

1. Originality of the plot and sub plots- 9/10
2. Net emotions in the story- 8/10
3. Usage of words and phrases-8/10
4. The title, cover and the illustration-8/10

5. The net impact on the readers- 9/10

Overall, it's worth reading.

“Love has never been conquered, not even by the greatest army”

**KUDOS TO SARANYA-** It was really a beautiful plot.

#### **ABOUT THE AUTHOR**

Saranya Umakanthan is a software engineer by profession and a two-time university topper. An avid reader, she enjoys playing with words. She loves coffee, books and online shopping. Nothing brings her more contentment than seeing a reader enjoying her book. The fragrance and texture of paperback novels inspire her and she hangs out at bookstores frequently.

Reviewed by-

Sayan Basak

Kolkata

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#### **Parul Bajaj says**

Ratings : 4/5

Blurb:

“They turned to see his tears of love wiping away her blood of agony...”

Diya throws Suraj’s proposal back in the face, leaving him broken-hearted. Why would she do so when she loved him desperately?

Suraj finds his Guruji unconscious beside a cave clutching the warrior Indrajith’s diary. His heart-rending love story then unfolds. Being trapped in a web of emotions, Indrajith endured the pain of his lost love, hurting himself and trampled Deepali’s hope for his adopted brother... Who was he?

Sealed for centuries and holding the Mann-Parivartha astra, the cave is besieged by evil now. But all attempts to unlock it go futile. Faced with baffling hints, Suraj’s intelligence is sorely tested. What is potent power required to break through that Paanch-Dost-Gupha?

Will the fire of love ever flicker in the hearts of Diya and Suraj?

My view :

The Flame Of Anahata is a novel which can easily be base to another Bollywood flick, looking at the trend

of bringing books as a visual treat for people who don't enjoy reading or otherwise. A fiction touching through the emotions of love, relationship, cunning, misunderstanding and historical legacy of war. In the book...

read the complete review on the blog ...

<https://wordpress.com/read/feeds/5213...>

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### **Kritika Sharma says**

A romantic thriller that's worth reading.

Understanding love is very difficult, and holding on to it is even more challenging. As can be understood from the blurb, Indarjeet faces the same in his life...

The story is written in two folds, past and present and it is very interesting to see how they both intertwine. The era changes with chapter but the demarcation is very clear and one does not get confused. There is mystery, thrill and romance - which makes it worth reading.

The book is second part of 'Comeback Warrior Trilogy' and although I did not read first part, I did not feel like I am missing something - which is a good thing and bad. Good because you don't need to depend on first book to get on second, bad because what is the point of having a trilogy when there is no link. Anyways, this one is good and maybe I will up first part as well.

Talking about characters, all are well written and well linked. Author has done a good job in defining characters from both eras.

Overall it is a pretty good read. Although what I couldn't understand is the cover. The cover holds picture of a girl, however there is no significant relation to the story. My first thought was the girl is 'Anahata' but that's not the case. Anahata has much deeper meaning in the story.

My rating to the book is 4/5.

more reviews at: [kritisharmacreations.blogspot.com](http://kritisharmacreations.blogspot.com)

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### **Khushi says**

It is said "Love is God's most powerful weapon. In love all the things can be conquered". Our book's central idea also revolves around this. The book by Saranya Umakanthan is truly a worth read book. The eye catchy cover, wonderful title, lucid language and wonderful storyline.

The book is a romantic thriller genre book. It consists of love, friendship, action etc. It will help the readers glued till the end.

The book consists of 2 stories running on parallel tracks - past life and present life. The story is about Suraj, running Star advertising agency with Diya and Varun. Suraj had a special corner for Diya and he proposed but she rejected. Now meanwhile they travelled to the Himalayas for finalising the shoot and in the forest he found a cave and the diary of Indrajeet. While reading the diary he realises that Indrajeet is no one but himself. Yes, Indrajeet was reincarnated in present life as Suraj and Deepali was reincarnated as Diya in the present life. This diary brings back the old memories and he realises the motive of his rebirth to protect the weapon of destruction which is eyed by Asurshashak who was Indrajeet's brother.

So will Suraj be able to resolve the mysteries and will he get love of his life? For all this answers grab your copies fast!!!!!!

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## Dimple Singh says

“The miracle that can move mountains,

The marvel that can pass through the storm like breeze.”

The Flame Of Anahata by Saranya Umakanthan is a romantic thriller fiction with elements of history, action, rage and friendship. It is a perfect blend of historical romance with modern love stories. The book highlights the significance of Anahata and the national flower of India, Lotus. Can our past lives interfere with our daily routines and create a chaos and bundle of misunderstandings? Can history be connected with our present lives? There are multiple themes that lies within the book like “nobleness over wickedness”, “war between friendship and love”, “love and betrayal” and “humanity over greed.”

Blurb:

Diya throws Suraj’s proposal back in his face, leaving him broken-hearted. Why would she do so when she loved him desperately?

Suraj finds his Guruji unconscious beside a cave clutching the warrior Indrajith’s diary. His heart-rending love story then unfolds. Being trapped in a web of emotions, Indrajith endured the pain of his lost love, hurting himself and trampled Deepali’s hope for his adopted brother... Who was he?

Sealed for centuries and holding the Mann-Parivartha astra, the cave is besieged by evil now. But all attempts to unlock it go futile. Faced with baffling hints, Suraj’s intelligence is sorely tested. What is the potent power required to break through that Paanch-Dost-Gupha?

THE FLAME OF ANAHATA!

Will the fire of love ever flicker in the hearts of Diya and Suraj?

Review:

Do you know what is Anahata? Do you know what does a lotus symbolize? Most of us consider lotus only as a national flower but nobody knows what it stands for. Even I wasn’t aware of the term “Anahata” until I read this book. The title of the book “The Flame Of Anahata” with the subtitle “Love Conquers All” itself conveys the central idea and theme of the book. The title is very catchy and I would use the word powerful as it bears within it the strong element of love and captivates the hearts of the readers. The cover page depicts that the book has a strong connection with history. The cover page is very appropriate to the story of the book as it makes the reader figure out easily the theme of the book and the culture of historical times. The language used throughout the book is very simple with a wonderful play of words. The narration is absolutely flawless. Honestly speaking I am not so fond of reading books that bear history but the concept used in the book, the style of narration and the story kept me glued to the book until I finished it.

Positive points about the book:

Perfect blend of history and modern era.

Simple language makes the flow of reading easy.

The title, cover page and blurb of the book will compel you to open the book immediately.

The narrative style is very perfect. The prologue starts with a suspense and there is a smooth shift of the events, i.e. from historical events to present events. The author very well creates the connection between the

two.

The concept of “Anahata” is very unique.

The story shows that the author has done a lot of research before penning down the book. It is a very challenging task to narrate a story that has so many historical elements and concepts that most of us are unaware of. But the author has done a marvelous job.

Negative points about the book:

In the middle of the story there was a phase when Diya was attacked and murdered. A few days later she is found alive but I was not able to understand that how did she manage to survive. It remains a mystery.

Asur was a very evil one and was not loyal to anyone except for himself. He betrayed everyone including his own parents and brother. His mind was dark and he wanted to be the dark ruler. He even combated with Bakula, whom he considered as his guru. Later in the story he reconciles with him and Bakula helps him out but Bakula dies. Asur who was the real evil did not retaliate or seek revenge for the same. He only sobs over his Guru’s loss. But Asur was never loyal to anyone then why did Bakula’s death affect him so much. The change of behavior of Asur at the end made me doubt his character.

This book is worth reading as it has a unique concept that most of us are unaware of, perfect style of narration and outstanding story with amalgamation of romance, rage, history, friendship and humanity.

Ratings:

Cover: 5/5

Title: 4.5/5

Blurb: 3.5/5

Story: 4.5/5

Content and Presentation: 4.5/5

Overall rating: 4.5/5

Details:

Book: – The Flame of ANAHATA (COMEBACK WARRIOR TRILOGY 2)

Genre: – fiction, mythology

Author: – Saranya Umakanthan

Publishers – General Press

No. of pages – 237

Buying Link:

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Advertisements

## **Beatrice Trisha says**

The Flame of Anahata , Love Conquers All is the second book of the Comeback Warrior Trilogy authored by Saranya Umakanthan.

The story begins with Asurshasak trying to break open the door of a worn out but decorated cave, along with his army but fails. Yadhava suggests him to take help from Bakula, whose mention enrages Asurshasak as expected by Yadhava, but that was the only way he could open the cave that held the most powerful astra, weapon of all times, Anahata, gifted by Lord Shiva to the purest of all emotions shared by five friends.

The cave had once been the meeting place of these five friends who loved each other and cared for each other verily and got the name Paanch Dost Gupha as a reverence by other people to their friendship.

In the novel, two timelines run parallelly, one of the times when Indrajeet lived, the chief of Shaktipur, and his reincarnation Suraj Sena. The timelines cross each other to fulfil the purpose of the reincarnation of the great warrior Indrajeet when his love for Diya goes unrequited.

The novel is written in such a lucid language that gives one a smooth read yet the grand descriptions are plausible! The novel spins, ties and opens a knot between the fight of heavenly holiness with worldly demons, goodness with evil, truth with lie, physical strength with will power , all that is good with all that is bad. And restores our faith in the holiness of what created the earth and binds it still---- it's nothing but love. True unfaltering love.

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## **Sushil Rana says**

Book Details:-

Paperback: 240 pages

Publisher: General Press; First edition (1 April 2017)

Language: English

ISBN-10: 8180320243

ISBN-13: 978-8180320248

### **ABOUT THE AUTHOR**

Saranya Umakanthan is a software engineer by profession and a two-time university topper. An avid reader, she enjoys playing with words. She loves coffee, books, and online shopping. Nothing brings her more contentment than seeing a reader enjoying her book. The fragrance and texture of paperback novels inspire her and she hangs out at bookstores frequently.

### **About the Book:-**

The Flames of Anahata is the second book of the Comeback Warrior Trilogy and even though I haven't read the first book of the trilogy, this book was still a good read.

This book is a mixture of Thriller, Romance, and Mystery.

### **The title of the book:-**

Anahata means, the heart chakra is situated in the center of the chest at the height of the thymus gland (behind the sternum). In Sanskrit this chakra is called Anahata, meaning 'infinite' or 'boundless'. The heart chakra is related to being able to love yourself. Being able to give and receive (love) with equal ease.

## REVIEW OF THE BOOK-

the story started with Suraj Sena, Director of an Ad agency. Diya and Varun are his friends and they both work in the same company. If you found your friends with the same organization then workload seems less than working with others. Suraj and Diya are more than good friends but neither Diya nor Suraj confesses their love to each other. One fine day it was raining and he feels that it's the time to confess his love towards her and in the main road kneel on his knee Suraj proposed Diya. But fate has something planned for him and Diya rejected the proposal and Suraj heart broken. He fully broke from inside and neglect office work as well as friend circle. After few days of interval, Varun came to know his situation and found him fully broken in his sorrow. Varun convinced him to come to the office and avoid Diya. He does the same and this activity of him hurts Diya a lot but he never utters words with her. Time passes and they went to Himalaya foot area for an Ad shooting. Here the twist waiting for Suraj. He visits a cave nearby the Himalaya Mountains, Where he finds some mystical incident. He found a dairy where history is written off two empires Shaktipur and Amritpur. Both are an enemy to each other and one lead character name came "Indrajith", army chief of Shaktipur. How he became the army chief from an ordinary person you will find when you go through the book. He was fall in love with Rajkumari "Deepali". In between his step brother Varsha fall in love with the princess. Time passes and Deepali came closer to Indrajith and both loved each other more than anything in the world. On the other hand, the Dark Army prepares to attack Shaktipur on the guidance of Bakula, a handicapped person who controls Evil powers. In all these Shaktipur believes in spiritual power to enhance their power and lifestyle of their people, on the other hand, Amritpur believes in Science and technology. In all these the story is going on. Did Indrajith able to succeed in his love, what happens that all incidents went history. What about Suraj, Did Diya and Suraj able to success in their love. What is man paribartan astra? Did the evil power able to grab the astra and what are the consequences come if they get it? This entire puzzle lies beneath the book. In my personal opinion, the avid reader should go through the book once.

Love conquers the body by embracing it,

conquers the mind by massaging it,

conquers the heart by kissing it,

and conquers the soul by marrying it.

**Language and Narration-** The language used is simple and easy to comprehend. The narration is done well and binds readers with the book.

**Characterization-** Saranya has done a great job portraying her characters. All the characters are having their little stories which make the overall book an interesting read.

Even the side characters are justified properly.

Rating-

Book Cover and Title- 3.5/5

Language and Narration- 4/5

Characterization- 4/5

Storyline and Plot- 3.5/5

Final Rating- 3.75/5

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