



You'll Get Through This: Hope and Help for Your Turbulent Times

Max Lucado

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You'll get through this.

It won't be painless.

It won't be quick.

But God will use this mess for good.

Don't be foolish or naïve.

But don't despair either.

With God's help, you'll get through this.

You fear you won't make it through. We all do. We fear that the depression will never lift, the yelling will never stop, the pain will never leave. In the pits, surrounded by steep walls and aching reminders, we wonder: Will this gray sky ever brighten? This load ever lighten?

In *You'll Get Through This*, pastor and *New York Times* best-selling author, Max Lucado offers sweet assurance. "Deliverance is to the Bible what jazz music is to Mardi Gras: bold, brassy, and everywhere." Max reminds readers God doesn't promise that getting through trials will be quick or painless. It wasn't for Joseph--tossed in a pit by his brothers, sold into slavery, wrongfully imprisoned, forgotten and dismissed--but his Old Testament story is in the Bible for this reason: to teach us to trust God to trump evil.

With the compassion of a pastor, the heart of a storyteller, and the joy of one who has seen what God can do, Max explores the story of Joseph and the truth of Genesis 50:20. What Satan intends for evil, God redeems for good.

You'll Get Through This: Hope and Help for Your Turbulent Times Details

Date : Published March 10th 2015 by Thomas Nelson (first published September 3rd 2013)

ISBN : 9780718031510

Author : Max Lucado

Format : Paperback 240 pages

Genre : Christian, Nonfiction, Religion, Faith, Christian Living, Inspirational, Christian Non Fiction

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Oni Pînzariu says

This was exactly what I needed these days. Awesome book, Max Lucado!

Shearon says

I don't think I've ever read a book by Max Lucado that I didn't like. I have always loved the writing style of Max Lucado and this book proves to be no exception. Mr. Lucado takes us on a journey to explore the life of Joseph, whose life can be easily used as a prime example of highs and lows of life. He takes the story of Joseph from the Bible and parallels it to modern life. This book is full of hope and inspiration for anyone going through tumultuous times.

Amanda Geaney (Christian Shelf-Esteem) says

In Max Lucado's latest book You'll Get Through This, Max uses the life of Joseph to illustrate God's ability to see us through, or deliver us from the moments in our lives which bring us to our knees. By the way Max breaks down the events in Joseph's life, he encompasses almost any hardship you have had, are in the midst of, or may encounter in the future. Every chapter spoke to me - either as a salve for my own wounds, or a potential first aid response for a friend in need.

We live in a fallen world and occasionally we need to be reminded that God does not cause our pain, however he is able shape it and use it for his plans and purposes. You'll Get Through This does a fantastic job of reminding readers that God sees the big picture, and is able to provide strength for our challenges, rest for the weary, and peace for our troubled hearts. Furthermore, it emphasizes that whether or not God reveals His reasons for allowing these trials, we should recognize and take comfort in knowing that He is in control. He has the power, ability, and desire to take something initially painful and use it for something extremely good. "God is at work in each of us whether we know it or not, whether we want it or not."

I've always enjoyed the way Max Lucado draws out life applications from the sacred text. With precision he summarizes entire chapters of Old Testament, extracting relevant points and then applying them to the topic - in this book it's overcoming hardships. I feel like he goes out of his way to create a high level of understanding for his audience, whether we are veterans of the Word or new believers. Furthermore, he has a deft ability for immersing readers in a passage of scripture by capturing events as the people involved may have experienced them. Regardless of your spiritual maturity, you will not close this book without having new weapons with which to do spiritual battle (Ephesians 6:12).

I would recommend this title for anyone in the midst of a physical, emotional, or spiritual hardship. As with Lucado's previous title, Before Amen, this book offers Questions for Reflection at the back of the book which make it wonderful for a group setting (ie. Christian support groups, book clubs and small group bible studies).

4/5 Stars

**I received this book for free as a member of the Family Christian bloggers program. I was not required to write a positive review. The opinions I have expressed are my own. I am disclosing this in accordance with the Federal Trade Commission's 16 CFR, Part 255 "Guides Concerning the Use of Endorsements and Testimonials in Advertising."

Sarah says

Age Appropriate For: Ages 13 and up (some of the stories shared)

Best for Ages: 15 and up

This year has been a rough one for me spiritually. There have been many ups and downs, many moments of doubt and fear. I have struggled physically and emotionally, and had to make some hard decisions. This book helped me through this last week and reminded me that there is light at the end of the tunnel.

Max Lucado has always been one of my favorite spiritual authors. He doesn't take me on guilt trips, beat me over the head with the Bible, nor are his books simply warm and fuzzy. They are soothing and convicting, gentle and persuasive, inspiring without the guilt trip. Every time I read his books, my faith is strengthened, and I am challenged. This book was no exception.

I wish I could have a couple dozen copies of this book to give away. If you are going through a hard time, big or small, this book is a wonderful and powerful reminder. We will get through this, and we are not alone. Lucado shares stories both his own and others that are so encouraging. I found myself holding his book in one hand and my Bible in the other to read the passages of scripture that he quotes.

If you are in need of some encouragement and support through a rough patch, I highly recommend You'll Get Through This.

I received this book from Thomas Nelson through BookSneeze in exchange for my honest review. I was under no obligation to write a positive review. The opinions in this review are entirely my own.

Tamara says

I was so pleasantly surprised how helpful, biblical and practical I found this book. Though I have read and studied the biblical account of Joseph in Egypt many times, the parallel references to that story combined with personal accounts of people living through difficulties today and life applications which provides encouragement, tools and relevant viewpoints, gave me some solid groundwork on which to stand fast amidst life storms and challenges. I'm so thankful that my sister recommended we read this book.

Josh Miller says

Absolutely loved this book. In typical Lucado fashion, he writes with humor, help, and an abundance of

HOPE! From what I recall, this is the only book I have ever read based on the life of Joseph. And it did not disappoint!

Filled with both personal and historical illustrations, the author encourages the reader that no matter the "pit" he/she finds themselves in, they can find both instruction and inspiration from the life of Joseph. He, too, found himself in a horrible pit from which he was sold by his own family. Woven throughout this book is the central truth that Joseph exuded when reunited with his family, "but as for you, ye thought evil against me; but God meant it unto good..."

Evil. God. Good. Three constants in this life and realize that God will take the evil that comes our way and make it good, just like He did for Joseph.

On a personal note, it has encouraged me to speak (both in the pulpit and out of the pulpit) with more hope. Everywhere one turns, people are looking for words of hope. At work, at home, especially at the church house - people need hope. As Christians indwelt by the Holy Spirit of God, we ought to be bringing hope to all whom we come in contact with!

I close this review with some of the last words of the book...

"You could give up on God as well. The cemetery of hope is overpopulated with sour souls who have settled for a small god. Don't be among them.

God sees a Joseph in you. Yes, you! You in the pit. You with the family full of flops and failures. You incarcerated in your own version of an Egyptian jail. God is speaking to you.

Your family needs a Joseph, a courier of grace in a day of anger and revenge. Your descendants need a Joseph, a sturdy link in the chain of faith. Your generation needs a Joseph. There is a famine out there. Will you harvest hope and distribute it to the people? Will you be a Joseph?"

Abby Breuklander says

Love love and love this book!!

Kyle says

Full of several points of wisdom (such as 'don't make it worse' and 'your perspective predominately underwrites your experiences') that I'm sure would help someone navigate the day-to-day difficulties of life. However, I'm concerned that the soft formula he models from Joseph's story may not have the gravitas to permanently dispel the root causes of deeply traumatic suffering, i.e. the sudden brain tumor, sex trafficking, survivor's guilt, etc. The Keep Calm and Carry On hermeneutic has value in interpreting and responding to everyday pain; with suffering that threatens one's identity, however, I'm afraid it may have limited effectiveness.

pri says

What I needed to hear...

Deborah Humphreys says

Inspiring, Encouraging, Practical. What more could you ask when the crisis is upon you and helplessness is knocking at the door?

Rosemarie says

Max Lucado is an excellent writer and I've enjoyed many of his books in the past. This book is especially good because it focuses on a single Biblical story - that of Old Testament Joseph - and goes amazingly deep with it.

The Broadway version of this story is "Joseph and the Amazing Technicolor Dream Coat" and so that's how I always think of it. But there is FAR more to this story than a multicolored coat! I've heard the story before and have probably read parts of it myself, but would never have gotten so much out of it on my own.

Joseph was abandoned by his brothers, sold into slavery in a foreign country, and had all manner of horrible things happen to him - but came out on top in the end. Lucado's main point is that no matter what you might be going through, God has the ability and intention of making it right in the end. This may sound corny, but it's the detail of Lucado's interpretation that really makes the story come alive and drives the point home until there is no doubt in your own mind as well.

Yet, by depth, I don't mean that it's very technical and you need to be some kind of Biblical scholar to follow him. It's written very informally, as if you were just having a private conversation with Max over coffee. That's the charm and power of his writing style. This is not a long book at all and is definitely worth your time - whether you have read many similar books in the past or, perhaps, none at all!

Carrie Daws says

When life hits hard, the questions about God quickly circle our thoughts: How can He be good and allow this? Can He not control what's happening or does He even care? Max Lucado walks through the life of Joseph and shows that through it all--the unconcerned father, the arrogant brothers, sold into slavery, chased by the boss's wife, falsely accused, thrown into jail, forgotten--no matter what, "In God's hands intended evil becomes eventual good." He makes it clear in the book that not everything is good and not every instance will be beautifully redeemed in and of itself, but just like roasted beans, hot water, a filter, and some wonderful mechanics work together to make that cup of coffee you love, God is working everything happening in and around you right now together to mold it into something good.

Jenny says

This book was life changing for me. The opening phrase that is repeated three times throughout the first chapter is now on my bathroom mirror so I see it every morning and I'm reminded that I will get through each day.

Max Lucado has written a fantastic book that takes you through the journey of Joseph and the challenges he faced throughout his life. Lucado reminds us that Joseph's story in Genesis is just a matter of chapters but it was years and years to Joseph. Lucado has changed Joseph's story for me and I will never read that story the same way again. I feel a kinship with Joseph now and I can use his story to help me through all the hard times in life.

Lucado's book doesn't give you a step by step process in how to overcome life's trials but he does give you examples of how Joseph and others have conquered their challenges with God's help. The chapters are broken up into areas that tend to plague us all when we are down and struggling. Lucado reminds us that we must seek God in all of these areas but that we are also still human and we will have to continue to work at it. As long as we are aware, we can work on being better.

Lucado has reminded us that God will use evil for good. We have to believe that although bad things happen to us, God is still there and He will take these bad things and make something positive from it. He will always win against satan. We can rest on that promise and we can and will get through this hard time!

At the end of the book there is a section of reflection questions. I thought the book was probing but these reflection questions are amazing. I found it was great to go back and start at the beginning when I got to the questions. It made me go through the whole book again and get even more out of it.

My life has been changed from this book. I am planning on purchasing multiple copies to give to friends and family. I look forward to sharing it and seeing how it changes the lives of those around me.

Please note: This book was received as an advanced reader copy through NetGalley and the publisher Thomas Nelson.

Wendy says

I love Max Lucado's writing style. As always, God gave me just what I needed, right when I needed it!

Janelle says

This book centred on the story of Joesph provides many encouraging and Challenging reflections. I am in awe of how Joesph withstood so many challenges but am encouraged that by his faith and love to stand firm in his relationship with God he was able to walk through so many difficulties, I am sure not without his own personal struggles.

Love this quote

P150-151. God's sovereignty doesn't negate our responsibility. Just the opposite. It empowers it. When we trust God, we think more clearly and react more decisively. Like Nehemiah, who said, "We prayed to our God and posted a guard day and night to meet his threat." We prayed.... and posted. We trust and acted. True God to do what you can't. Obey God and do what you can.

Don't let the crisis paralyse you. Don't let the sadness overwhelm you. Don't let the fear intimidate you. To do nothing is the wrong thing. To do something is the right thing. And to believe is the hugest thing. Just
KEEP CALM AND CARRY ON

Such and awesome encouragement fr my own personal life.
