



# Healing Love

*Abby Niles*

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## Healing Love Abby Niles

*She's a mystery he can't resist...*

Doctor Ella Watts wants her old life back. Desperately. But the past has returned for its rematch, and going back home—even telling anyone her real name—isn't an option until she's confident in her MMA abilities. Personal trainer Lance Black is the man to help her reach her goals. Not only is he toned, muscular, and gorgeous, he's patient, a great teacher, and willing to treat her like a worthy opponent. Except his size makes her freeze whenever he gets too close. If Ella can't learn how to overcome her fear of being attacked, she'll never be able to move on with her life.

Underground fighter Lance Black knows there's more to the mysterious blonde ninja than a beautiful woman determined to improve her fighting skills. She can best anyone close to her size – man or woman – but insists on working out with him, even though he's got a good 70 pounds and several inches on her. Despite her reticence, he's determined to get her to open up so he can help her get over her mental block. And if that means he can get to know her outside the gym, all the better.

As long as she never learns his secrets.

## Healing Love Details

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Author : Abby Niles

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# From Reader Review Healing Love for online ebook

**Claire Robinson says**

3.5 - **"You're one badass bitch!"** Stars!

Book four in the *Love to the Extreme* series gives us Lance Black's story. He featured quite heavily in the previous book so I was interested to see where Abby would take this slightly elusive characters journey. Add in a woman with more than a few secrets of her own, and it was a pretty agreeable read.

I think it shows clear reading enjoyment when you manage to start a book and finish it on the same day. Abby has a way of dealing with somewhat heavy subjects in a light and un-angsty way. Ella/Kelsey is looking to beef up her training with the potential reappearance of her less than loving ex, and Lance is tasked with training her.

**"You do your thing. I'll do mine."**

What becomes obvious pretty much from the beginning of the book, is that Lance is in some serious trouble himself in relation to the local criminal scene, of which his involvement then pulls Ella in as well.

As I said I read this book in an afternoon/evening, it was easy to get into and not a struggle to stay engaged in this couples story. It felt a lot shorter than the previous books though, which I am not really complaining about as if my memory serves me correctly, at points all of them felt a little drawn out. The end to this one was a little *'cut & dried'* for me, with all potential threats just seeming to step back and go on their merry ways, in the way of easy resolution. But I liked Ella and although super stubborn Lance was easy to empathize with as well.

*Together they were unbreakable.*

It was great to read that Abby has at least another three books to come from this series, the *Coolier Mixed Martial Arts Gym* and its staff and members are certainly somewhere I am happy to keep visiting.

ARC generously provided via Netgalley, and it was a pleasure to provide the above honest review.

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**? Jeri's Book Attic ? I like says**

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**Olga therebelreader says**

*ARC was given to me via NetGalley in exchange for an honest review.*

Lance is a strong guy with a crap ton of baggage. That baggage means he's not a long term, settle-down sort of guy. Ella has her own past she is escaping from. There is no doubt that she is just as much attracted to Lance as he is to her. But can they overcome their pasts to give this a chance? There is a lot going on in this book. Lance is a hot alpha all the way. He's smart, kind, protective, caring. And Ella is so brave and strong!

I'd like the author to have developed better the secondary characters and to have invested more on the erotic element and the love building. All in all, I did enjoy this book.

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### **Josephine says**

I was keen to read Lance's book but this didn't work for me. The pacing was slow, I wasn't interested in Ella's story and I disliked how they met, too. This was a DNF for me.

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### **Patricia says**

This is one of those authors I just love to read. Lance Black has messed up in his life yet is doing all he can to turn that around. Ella Watts aka Kelsey decides to learn to fight MMA style in order to protect herself from her ex who is getting out of jail and threatened to come after her. So she hooks up with Lance yet after seeing him being beaten and steps in to help him out, she has placed herself right into the sight of the his troubles radar.

The book had some intense emotions, great characters and the ending was perfect.

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### **Sarah says**

I really liked and enjoyed this book. I really loved the character of Ella and how she was super strong even though what she went through. I also loved the character of Lance and how he would do anything for his daughter even if he meant destroying his body. Really a good series, the only MMA fighter series I have enjoyed this much. Can't wait to read more.

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### **Lisa says**

This is my first book by Abby Niles and definitely not my last.

Both Lance and Ella are carrying some heavy baggage. I enjoyed their story and how they navigated their way through so many obstacles without a lot of unnecessary angst. The supporting characters enhanced the story even more.

Everything moves along nicely and gives you a glimpse into the MMA world without it overtaking the whole story and the ending was perfect.

ARC received via NetGalley in exchange for an honest review.

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### **Faith89 says**

Copy courtesy of Netgalley

this is the 4th book of the series but can be read as a standalone. Lance and Ella both have secrets that hinder any type of relationship or commitment. Ella is in hiding from an abusive ex. Her fear is so great that she left everything and changed her identity. She has trained in various types of self defense but wants to train with a light heavy weight MMA trainer. Lance is working two jobs and still is in deep debt to the small town mobsters in his town. He had to borrow money to get his daughter a life saving surgery. the story was a quick short read. I am on the fence about the characters. Lance was sweet and dedicated to those he cared about. He made some really irresponsible decisions with getting the money for the surgery. He was proud and didn't want to ask for help. This cost him to lose his family and almost cost him Ella. Ella built the fear of her ex to the point where it was crippling her in her day to day life. I enjoyed the story, but the ending was a little bit of a let down. You knew Ella was going to have a confrontation with her fear and the build up was there but the actual action was a let down. Overall it was an ok read.

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### **Emily (Mrs B's Books) says**

In this book we have Lance and Abby and the story can be read as a stand alone book even though it is part of a series.

Abby is running from an abusive past and Lance has so much on his plate that it is almost crumbling around him, but they both have too much pride and do not want help in getting themselves out of a predicament.

Both have chemistry right from the beginning and the tension is there, however it is Lance's patience that has Abby admitting some things to him slowly about her past and why she wants to train in MMA more.

Both open up to revelations provided to others that were brushed off from the other, but realise that what they have is something special and worth fighting for.

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### **Stephanie Williams says**

4 Stars

\*I received a free copy of this book to read and review for Wicked Reads.\*

This read was a little slow at first, but once it hooked me-it kept me. I enjoyed the ending. I found it heart warming and closed the story perfectly. Two people struggling their pasts and their pride, only to find love and the support they need within each other. Lance is absolutely swoon worthy and Ella is one strong "bad ass bitch". I've become an Abby Niles fan and can't wait to read the next stories in this series.

## **Lauren at Live Read and Breathe Reviews says**

### **3 Prideful stars!**

*Source: eARC for Honest Review Courtesy of Entangled and Tasty Book Tours*

It has been quite awhile since I read anything from this series but I remember liking the first two books. I then realized I never read the third book but I don't think it effected my reading on this book.

In Healing Love we have Doctor Ella Watts aka Kelsey who's holding a world of secrets. We also have Lance Black who has his own secrets and past mistakes. Ella needs to protect herself, which is where Lance comes into play. As he's her new trainer for MMA.

They both have their pasts but are very drawn to one another. They try to fight it but can't. The more they get to know each other the more they like, but both have their pasts coming to haunt them. Both are trying to help each other but do it wrong. Instead of communicating they spend a lot of time assuming. They both have great intent but too much pride getting in their way.

It was a sweet story. Predictable but sweet. The story doesn't have tons of deep substance but enough that keeps you going with the story. Did I love it? No, but I did like it quite a bit. Would I continue with this series? Yes. Would I continue with this author? Yes.

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## **Ruthie Taylor says**

~~I received a free copy of this book to read and review for Wicked Reads ~~

This book took a while to get going, but it has a few particularly satisfying last few chapters, that is for sure. The two lead characters suffer from that infuriating habit of not communicating with their nearest and dearest when it really matters. It is possibly the most hilariously annoying part of being a reader - being so involved with these people and them not doing the obvious thing to resolve the issue. Of course it usually also sheds a light on one's own failings in that area - which can also be frustrating! Lance is a swoonworthy MMA trainer, Ella is beautiful and a fighter - they certainly heat up the gym!

If you like your lead men to be fighters and your heroines to be strong, independent and intelligent, then this

should work for you. Thank you Ms Niles.

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## **Mary Mooney says**

I received a copy of this book to read and review for Wicked Reads, so here is my review. Ella Watts is running to save her life. She ends up in Kansas and is now going by Kelsey McGuire. She is trying to learn how to stop another attack before it happens to her again. She is well trained in MMA and knows how to move and all about the punches and the jabs. But when someone bigger and stronger than her comes too close or touches her, she freezes. And that can only get her killed. She joins a gym, where she meets Lance Black, her new trainer. He is impressed with her and can't figure out why she needs more training. It is funny that when they first meet, Kelsey thinks she is saving his life because he is being attacked by three thugs. Lance is too proud and doesn't ask for help from anyone. The thugs are after him because he borrowed money from the wrong people. At the time it was his only option to lose his daughter. He will not explain any of this to Kelsey until she is too pissed to really listen. When the McNealy brothers come up with a way to make even more money, they need Lance to agree and it will help him pay off his debt sooner. But at what cost will it take for him to see that it may just kill him in the end? Will Kelsey stay around to watch Lance self-destruct or will she leave early and go back home to face her attacker? With the sparks between Lance and Ella, this story will keep you turning pages to see what will happen next. I love a good MMA story and this one is great. I have read the first in this series, Extreme Love, and I need to read book 2 and 3 to catch up. Each story can be read as a standalone, so check this series out if you love MMA and alpha males.

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## **Sabrina says**

### **NOW LIVE!!!**

\*Amazon US\*Amazon UK\*Barnes & Noble\*

### **3.5 'Kickass' Stars**

Ella aka Kelsey ran away from her past when it got to be too scary. Before she will allow herself to go back home she wants to train with a light-heavyweight MMA fighter, and get over her fear of bigger men. The plan was never to get mixed up with her trainer, and it certainly wasn't to fall for him.

Lance has enough to deal with in his own life so he doesn't need to get involved in someone else's life. But when he meets the woman he's supposed to be training, he knows she has secrets, and he wants to help her let go of what she holds so deep. Soon, though, it's not just her past that he needs to worry about, and his is starting to haunt him too. Question is, can he save them both?

I started this series when it the first book was released, and I was instantly a fan. I love these stories and how there's always MMA in them, but how that part of the story doesn't take over the book. *Healing Love* reminded me how much I love the characters that Abby Niles creates.

I loved how strong Ella was, she didn't just run from her past, she left so that she could get the courage to live at home. I liked that she wasn't just some tough girl that didn't show her fear, she took her fear and did something with it. Honestly she was the character I liked the most from this book because of how courageous she was, and how we got to see the path she took to become that strong.

Usually it's the heroine that I only sort of like, and the Hero that I fall madly in love with, but this time it was different. Lance was only okay for me. I liked his character but I wanted more from him, there just seemed to be a few things missing from his life that I wanted to know, and some of the things we were told didn't seem like they were focused on enough.

Overall, this book was just as good as the rest of the series and if you haven't read this author, I strongly recommend her books. The story was amazing, and the characters captured my attention from the first chapter. Even though I felt like I was missing some things about Land, I definitely recommend this one. *ARC kindly provided via NetGalley in exchange for an honest review*

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## **Tabatha says**

The one thing I love most about this series is that although they are MMA books, that isn't the central focus of the story. So often it is all about the fighting and very little about the characters and what's driving them. Abby Niles seamlessly blends both aspects into a story that is thrilling yet steamy all at the same time.

Healing love was quite a pleasure to read. I think that both Lance and Ella (aka Kelsey) were well developed characters, and the plot was definitely engaging. I felt like I really got to know the characters well in the book, which is always appealing, so I was definitely invested in how their relationship was going to work out in the end. I admired both characters for their strength and convictions. They both had a lot to learn as far as leaning on someone to help, but I think in the end they were able to heal enough to come together in a believable way. I've really enjoyed reading this series, and I look forward to reading more from it in the future. I'm giving it two thumbs-up, so definitely give it a read.

\*I received a review copy from the author/publisher via NetGalley in exchange for my honest review.\*

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