



## Abnormal Psychology

*Jill M. Hooley, James N. Butcher, Matthew K. Nock, Susan Mineka*

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**Abnormal Psychology** Jill M. Hooley , James N. Butcher , Matthew K. Nock , Susan Mineka

For courses in Abnormal Psychology"

A comprehensive overview of abnormal psychology, with DSM-5 coverage throughout

" Abnormal Psychology "provides a comprehensive and engaging introduction to the primary psychological disorders studied within the discipline. Maintaining a focus on the individuals at the heart of the study of abnormal psychology, the authors employ a biopsychosocial approach that helps students achieve an understanding of the holistic context in which abnormalities of behavior occur. In addition to the contributions of new co-author Matthew Nock, the Seventeenth Edition has been extensively updated to reflect DSM-5 diagnostic categories, classifications, and criteria.

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## **From Reader Review Abnormal Psychology for online ebook**

### **Brittany says**

Just completed this textbook for my abnormal psych class. The material is very interesting, but I believe that a bias is shown in context to the additions of the DSM-5 and the authors' opinions on that criteria. Otherwise I believe this was a very intriguing topic and I learned a lot.

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### **Christine says**

Full of great info about Abnormal Psych. Comprehensive DSM info. Informative, helpful case studies. A quick refresher on general psych and research techniques. I read this as part of CMU psych undergrad. Decent textbook.

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### **Gail says**

Good abnormal psych book. Interesting to read for the most part. Includes things on DSM 5 and how it changed from DSM IV-TR. Better than others I have had to read for undergrad courses.

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### **Jessica says**

The first chapters are very entertaining, but after that it's only slightly better than reading the DSM-IV itself, particularly because the data presented is drawn, for the most part, directly from it. It is very dry, but \*very\* informative, and I learned about different gradients of disorders as well as discovering new disorders which are either commonly misunderstood (darn soap operas!) or uncompletely unheard of.

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### **Susan Marie says**

A must have for all psych majors or anyone interested in the field of psychology and behavior. This text accurately and easily defines and explains disorders, behaviors, and various mental states that are stigmatized and often defined and thought of in wrong ways in society. We tend to toss around words like "psycho" "crazy" and "mental" without realizing what these words truly mean.

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### **Kate M says**

Read most of this for class and it was well written and quite interesting.

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### **Eman Hassouneh says**

This book was horrible for one reason: the enormous bias with indirect implications against Muslims and Palestinians. There is a line in the book which says that Muslims and Buddhists cherish grief in their religions. The bias of the book was incredible allowing Israelis to appear as victims in multiple studies in the Palestinian-Israeli conflict when they have continued to oppress/kill/occupy Palestinians with the third best military in the world with US aid. These authors have written this textbook with an agenda. Anyone who has an agenda can persuade readers of intellect to believe that what they say is true. I advise everyone who reads to read it with caution. Anyone who is studying psychology should invest some time in understanding the truth about people they study in textbooks. If we want to understand human behavior and help people, we cannot stand by oppression. I agree that the book presented factual information that was helpful in understanding psychological disorders. However, I was distracted by the obvious hatred and prejudices written between the lines.

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### **Nikita says**

One of the few textbooks I've willfully read cover to cover. I learned so much from this book and for the most part, enjoyed reading it, too.

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### **The Badger says**

The book cautioned the WASP therapist to take culture into consideration before making a diagnosis or forming a biased opinion. For example, women of my culture are known to be dramatic and use guilt to get their children to do things ("If you don't eat this, this means you don't love me/if you do that, I'm going to die,"). Here in the US, I've actually made calls to protective services for such comments made from Anglo, non-Mediterranean parents, especially when children come to me emotionally distraught frightened. That's mental abuse.

However, I'm always surprised how children in the Mediterranean area where I grew up (I had an American-born Greek mother) weren't fazed by what their mothers said. It was almost a game. I'm even more surprised that my friends use the same tactics on their own children, and their children answer back (as their parents did) in what we would think was oppositional behavior ("No, I don't love you/I don't care if you die.")

Perhaps because my mother didn't play this "game," when I was 7 and stayed the night with my Greek Grandmother and I didn't want to eat eggs, when my grandmother started in with the, "Fine. That means you don't love me," I started to cry. That baffled my grandmother. I was crying because I thought she honestly thought I didn't love her. Her response, was to call me a "klapsaria" (crybaby) and laugh uncomfortably. Being called a crybaby made me cry more.

I was having an American reaction to a Greek way of upbringing. Was my grandmother abusing me? That's tricky. Not intentionally--she was being culturally correct. I was the one having an ABNORMAL reaction because I was bi-cultural.

So, we have to think about cultural differences before we judge. And as the world becomes more integrated, this will become more difficult. I imagine that as MH professionals we'll be doing more mediating; making

bi-cultural partners, friends, and even business more aware of each other's point of view and feelings.

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### **Felicia Knott says**

This book was an interesting read and very helpful in my psychology course.

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### **Finn says**

Ahhh, one of my favourite undergrad textbooks. Yeah, you made me paranoid I had every DSM-IVrev affliction known to man (psychological hypochondriasis?) but I still look through your pages fondly as one of the few textbooks I actually enjoyed reading cover to cover...

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### **J. Erickson says**

I really liked this book as it had a great deal of information, updated (at that time), and perfect for graduate students who had some familiarity with psychopathology and mental illness but could still benefit from review. Book was very well written, organized and very easy to use. I had considered it for undergraduate level but found it might be too overwhelming for them (800+ pages). Good illustrations and case studies, the only draw back at the time was the price (\$190) but it has dropped considerably. I would readily incorporate it into my curriculum as an affordable text.

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### **Diane says**

Slightly outdated, but still a good resource for understanding and getting a decent glimpse at the varied and multi-faceted complications of abnormal psychology in humans. It's often hard to write textbooks about something so complex as psychology because the authors are usually biased as to how the abnormality shows itself and how it should be handled. However, the authors took great care to make sure that several therapeutic approaches are given to varied situations while also maintaining a great deal of interest by incorporating case studies and anecdotes to ponder.

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### **Melissa Lee-Tammeus says**

Yet another book on abnormal psychology. I think I could open a book store with all that I have. This is not the best one out of the lot I have, but it is not the worst either. A lot of great case studies, which I enjoyed. I suppose my biggest complaint is most of this is old news - not much in the way of new studies or new information.

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### **Amber says**

This book was fascinating!! I had to read this for my Abnormal Psychology class and it was a very welcome companion to it. It has so much fun information and ways to see how much times have changed and how our society views things now versus in the early 1900's. If you are required to read it, I would not worry. It is written in an interesting way and is very intriguing and leads the reader to think in a more critical way about the field of Psychology. It's not painful, I promise.

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