

Self Sufficiency for the 21st Century

Dick Strawbridge , James Strawbridge

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This book by a father-and-son team doesn't wallow in all-too-true tales of resource depletion; it jumps in with real-life self sufficiency solutions that have perfected on their Newhouse Farm in Cornwall, England. This haven of ecologically friendly practices has been the focus of BBC Two's popular series *It's Not Easy Being Green*, a title at least somewhat belied by the simplicity of the practical changes suggested in *Self Sufficiency for The 21st Century*. (Hand-selling tip: It's important to realize that low impact living isn't generally a one-jump leap. The incremental changes recommended in this book can help people take their first major steps in that direction.)

Self Sufficiency for the 21st Century Details


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Author : Dick Strawbridge , James Strawbridge

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From Reader Review Self Sufficiency for the 21st Century for online ebook

Claire says

Awesome guide to all things self sufficient. Every page has an inspiring, fun idea for doing 'it' yourself. If you are curious about gardening, watering, electricity, cheese, bread, wild food, composting, eccentric stoves and ovens... too fun. Mother Earth News in one spot and in hardcover.

Carolyn says

I thought this was a great book touching on a lot of different things that can be done - with enough info to do basic things and decide if it would work for you and research elsewhere for more advanced projects.

Obviously not all things in book will work everywhere, as they are in mild England writing about their experiences.

Also noticed some plants they recommended for certain projects are invasive in North America, so double check plants before you plant!

Michelle says

The book I keep going back to for all things farming. I love this book, and it's scope. Many topics are not in-depth, but it gives you an ideal of how to do a little bit of everything involving self-sufficiency.

Nathan Zorndorf says

packed with awesome ideas for how to make your living space more self-sufficient & environmentally friendly. Has lots of pictures and useful diagrams, and the text is really informative without being overly technical. There are many "home improvement" projects ranging from those that require large investments of time & money (Hydroelectric power station), to adjustments that you can complete in a half hour or less with stuff you already have at home (reducing toilet water usage using a plastic bottle). The book includes information on anything from farming, energy generation, heating, cooling, construction, baking, preserving, animal keeping, and way, way more. Definitely recommend to anyone trying to save money and/or your environment, or wanting to take a bigger part in creating the basic necessities needed to live a healthy, happy life.

Nordic21 says

This book is great for any one who wants to start living self sufficiently.

Brendalyn Blanco says

On of my favorite self sufficiency books! An awesome go to guide.

Jenn says

Great resource with beautiful photos. This book makes building a homestead look easier than it is. Borrowed from the library, but I would purchase this book if I ever got a chance to really build a homestead.

Tricia says

Checked this out from the library. Gonna purchase it. It touches base on many things. It's not thorough in how to do EVERY thing, but it gives you a good idea of what you might like to do more research on.

Michelle says

The book reads like one of those old Reader's Digest how-to books... Two pages on every subject and an easy step-by-step style. I definitely enjoyed it, and would love to see the tv series featuring this father-son team.

Freda Mans-Labianca says

This is an in-depth look at everything green. From baking bread, to housing chickens. Making window boxes to making cider. It has it all. Unfortunately I haven't tried any of the things in the book, but I do intend to. This is a keeper for the environmental lovers out there. we have a responsibility to take care of ourselves and our planet. This book shows us how.

Briana says

I thought this was very informative teaching many skills lost in this culture.

Marjanne says

Ok, so I didn't actually read this book cover to cover. There was so much information and so many topics covered. I decided that there was more than I really needed right now, though the information was awesome.

I ended up browsing through the book, taking note of the sections that I was most interested in and were the most feasible. I may check this book out again sometime when I have more resources.

Mary says

Super Simple to Understand!! Great hard backed book (not in Kindle yet) that you must find that is used, but definitely one that you will want to have on hand if you are a survivalist or basic DIYer.

Ami says

A solid 4.5 stars!

While I do believe that John Seymour's "The Self Sufficient Life and How to Live It," is overall a better book, I am pleased enough with the Strawbridges' "Self Sufficiency for the 21st Century" to seriously consider buying a copy. There are some excellent step by step instructions with great colored photographs that would make this book very valuable to the backyard or small farm homesteader.

Shaun Mosley says

Really liked all of the descriptive walkthroughs on things us city slickers never think about!
