



Sharing the Harvest: A Citizen's Guide to Community Supported Agriculture

Elizabeth Henderson

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To an increasing number of American families the CSA (community supported agriculture) is the answer to the globalization of our food supply. The premise is simple: create a partnership between local farmers and nearby consumers, who become members or subscribers in support of the farm. In exchange for paying in advance--at the beginning of the growing season, when the farm needs financing--CSA members receive the freshest, healthiest produce throughout the season and keep money, jobs, and farms in their own community.

In this thoroughly revised and expanded edition of a Chelsea Green classic, authors Henderson and Van En provide new insight into making CSA not only a viable economic model, but the right choice for food lovers and farmers alike. Thinking and buying local is quickly moving from a novel idea to a mainstream activity. The groundbreaking first edition helped spark a movement and, with this revised edition, *Sharing the Harvest* is poised to lead the way toward a revitalized agriculture.

Sharing the Harvest: A Citizen's Guide to Community Supported Agriculture Details

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Author : Elizabeth Henderson

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From Reader Review Sharing the Harvest: A Citizen's Guide to Community Supported Agriculture for online ebook

Samantha says

I'm very interested in the CSA philosophy so I bought the book. It's perfect for anyone considering/interested in running a CSA. I realize how much work it is!!! It will remain a part of my library for that time in my life when I take the plunge and become a farmer.

Roger says

Lately I've begun to consider the morality of my purchases. Are my dollars not votes? What exactly am I voting for by buying supermarket food and electronics? It is that spirit that brought me to this book, which sells itself as a how-to guide to CSA.

I don't intend on running a CSA, but I am interested in the rationale. The book is indeed touchy-feely, but it also justifies its feelings through recognizing the difference between small and industrial farms, then making a judgment call on whether reality fits the paradigm. This paradigm has many bullet points, representing an idyllic, harmonious society.

I see nothing wrong with that. Although their marketing strikes me as hippie, their true nature is actually noble. While I like modern life very much, I think I may buy from one of these farms in the future.

That's my vote.

Paula says

Skimmed through this again about 4 years after I first read it. great information for CSAs - communities of eaters or farmers can learn a lot from what Elizabeth Henderson has compiled.

Heather says

I'm really enjoying this book so far. I just picked it up because I've been interested in CSA's the last few years. This book talks about the use of an account for CSA to allow those on foodstamps (which is now on a debit like card) to access CSA's. So, I guess I'll start searching for one that might possible accept my card. I would love to see some of my food money go somewhere better. The town we live in now is just not as supportive of an organic lifestyle.

Abby says

A good book for those interested in starting, buying from or just learning more about the csa concept. Well written, lots of information, but nothing works better than experience!

Heather Shaw says

Great resource for CSA farmers or hopefuls. There's lots of good information to start with, including a wealth of data on planting and harvesting, but it's not a substitute for old-fashioned trial and error on your own terrain. Great inspirational reading for community farmers and those stuck in midwinter and dreaming of spring...

Karen Mahtin says

This is a great resource for those who want to do crop planning, or who want to go whole-hog and start a Community Supported Agriculture program. It was the recommended text for my Summer CSA class in 2010. Another resource book I haven't read cover-to-cover.

Amythest says

This book is a wonderful tool for those interested in community supported agriculture! It gives a complete how-to for the small home gardener or the larger scale farmer~ wonderful ideas-history-facts and inspiration...Hopefully by next year I will have mine up and running~I would like to have it include veggies-fruits-berries- medicinal and kitchen herbs- fresh cut flowers-home-made salves and tinctures, tea blends, and infused oils~ and a news letter with recipes- ideas- community bartering trades for sustainable happy livin!~the possibilities are endless!

Wayne says

Great tables in here for planning how much seed will plant how many row feet, how much to include in a CSA share, etc. I recently bought this book after borrowing it from the library. I still haven't read the whole thing cover to cover, but I like what I've read.

Katie says

Inspiring. Has made me want to rethink the organization of my CSA.
