



Ten Interesting Things about Human Behavior

Suzanne L. Davis

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Ten Interesting Things About Human Behavior is a short, lighthearted look at 10 things human beings do, why we do them, and their significance in our everyday lives. How do we resolve psychological conflict that occurs when our behavior violates our attitudes? Why are we so quick to blame others for their behavior while offering excuses for our own? What should we make of the talking heads on cable TV who argue about the cause of TV violence on children's behavior - whose explanation is correct? Why are reality TV shows, some of which portray contestants as pathetic and dysfunctional, so popular?

Questions like these usually provoke different answers from different people, each of whom may attribute his or her answers to "common sense." One person argues that "of course children mimic violence they see on TV - my kids do" while another attributes it to "poor parenting - because my kids don't." Which is it, and why?

Research psychologists try to answer these questions as best we can. This book is a brief look at the answers to 10 aspects of human behavior - answers derived from controlled behavioral research that is designed to test various theories about behavior. Certainly, there is more to human behavior than the 10 things I chose for this short book. And there are hundreds of primary sources and research reports that describe the research findings in more depth. They're out there if you'd like to read more.

But for those who are new to the field of Experimental Psychology, 10 Things may pique your interest in learning more about the subject. And for those "armchair psychologists" out there who'd like a quick read about the most fascinating creatures on the planet - human beings - I think you'll like it, too.

Ten Interesting Things about Human Behavior Details

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From Reader Review Ten Interesting Things about Human Behavior for online ebook

Tom Conrad says

Chapter 2 really appealed to me: 'humans can be inconsistent' it read, and yet this short but informative ebook was anything but. In this reader's opinion, it's consistently insightful whilst not overloaded with complicated jargon or psycho babble. The ebook, which I gratefully downloaded for free, offered psychological perspectives that it clarified and relayed to everyday scenarios. I've always thought the mark of a true expert, in any field, is to make complex thought approachable and readable for all levels. I imagine this would appeal to the expert, layman and just anyone who is interested in how we behave.

Reward yourself by checking it out, and whilst you're at it, read chapter 6: rewards and punishment!

Heather Bolduc says

It was good but ended abruptly

Still recommend book because it's fascinating, you have to at least give it a try but don't leave a review unless you have time

Brandon Leja says

Great read. I very much enjoyed it

I enjoyed all of it. Good for anyone looking to learn a little about the people around them. Easy to understand.

Phan Dac Binh says

Good

How the writer did was brilliant. I picked a lot of exciting facts in this book. In comparison to other psychologic books I have read, I found this really helpful. I bet you want to try.

Goth Gone Grey says

A quick read, this gives matter of fact explanations to the promised 10 interesting things. It brings up some good points, but I'm fairly certain the poor airport behavior can extend to any large group of people.

A bit disappointing that it's only 50% of the download, and the rest is a sample chapter of a fiction book.

kierra jackson says

Great read

Awesome book. Reading this book has me reevaluating things in my life to really see if I've looked at myself in the ways this book has described

Violet Davis says

I enjoyed reading about the ten principles of human behavior contained in this book. When I was finished reading it, I placed it on my coffee table for anyone to pick up and read, or leaf through, if they prefer. It's a good little reference book that should lead to some interesting conversations.

Sarah says

Loved this read. Suzanne, I hope you write many more books on Human Behavior.

Loved the concept of Dignity of Labor, concept of REM sleep and shutting of neurons presented.

My opinion is attitude can be changed by changing our perspective too.

The book mentions in chapter 2 that children can be forced gently to do some things which they dislike and eventually they do those things. My opinion is that children are delicate souls and should not be even gently forced to do things they dislike but rather they should be educated in the right way to improvise a transformation/needed change in their train of thoughts.

To err is human and to forgive is divine was the thought that flashed my mind when I read the title for chapter 2. I agree with the author that it is not easy to convince someone that their beliefs are inconsistent but my opinion is Abortion is murder. Anything that grows has life, so how can one say that a fetus is not alive. Such people will be called parents of a dead child.

Loved chapter 8 - Actor Observer Effect /We use a double standard when we judge ourselves in relative to others. In many cases, this may also be called as blame game. Live and let live approach can eliminate this behavior.

Kerri says

I picked this up as a free book from iTunes; if it's still available don't waste your money. The word "interesting" in the title is rather misleading, since everything the author tells us about is likely to be known by anyone who knows more than 10 people and who has spent a little time thinking about things. The

author's tone is rather condescending and the book reads like a blog (which made sense when the author mentioned her blog). Don't waste your time on this one.

Rishabh Anand says

The author has explained ten interesting things about human behaviour briefly and concisely.

Chris says

Review

I think this book was chocked full of interesting facts and points, and I really enjoyed reading it. I think my favorite point was that sleep is still kind of a mystery to us.

Sandra Burns says

This was good, but bonus story was better. IMHO.

Very interesting facts about human behaviors. Was surprised about the body language comments. I have read several books, on body language. Do read the bonus content, liked it better.

Shwetha says

Most of it is common sense . You don't have to be a psychologist to write a E-book of this sort .

However I have conflicting thoughts about some of the behavior that the author mentions as weird, being totally normal .

Whats wrong with applying nail polish in a airplane, as long as ur minding ur business ? And what's wrong with removing ur shoes in a airplane as long as ur feet doesn't smell ?

The book is total Waste of time !

John McDowall says

Thoughtful

Well worth a read, it won't take you long and is entertaining whilst being factual. It also has a variety of references which allow you to do more research if the mood takes you...great little ebook

Angie says

I guess I'm a psychologist at heart !
