



Embracing the Beloved: Relationship as a Path of Awakening

Stephen Levine , Ondrea Levine

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Stephen and Ondrea Levine devoted more than eighteen years to investigating the mind/body relationship, particularly as it relates to the states healing, dying, and grieving. Their work has affected healing and medical practices worldwide. In *Embracing the Beloved*, the Levines turn their attention to what has been "our most significant spiritual commitment--our own relationship."

In this groundbreaking book, they demonstrate how to use a relationship as a means for profound inner growth and healing. Their insights and anecdotes will benefit all who are drawn to looking inward, and all who seek a relationship as a path for spiritual renewal and merciful awareness of life.

Embracing the Beloved: Relationship as a Path of Awakening Details

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From Reader Review Embracing the Beloved: Relationship as a Path of Awakening for online ebook

Ingrid says

Couldn't stop highlighting.

Tierza says

To understand oneness.

Ashley Medley says

I didn't agree with everything, but it was a good read.

Steve Woods says

When I first started to read this book I found it pretty hard to relate to; a little too saccharine around the idea of relationships for me. No doubt conditioned by my own experiences, it all just felt like California mamby pamby to me. My sense of disappointment came from my great enjoyment and learning that resulted from all of Levine's work I had read before this one. It surprised me a bit when either, he cut to the chase or something shifted in me to allow me to see that he was addressing directly the core of my current dilemma. The Beloved is that which is in us all, our reconciliation, the ability for forgiveness and to extend mercy to ourselves; the healing of the primary wound IS the basis for all relationship. While ever we remain disconnected to that deeper part of self, we are incapable of relating intimately to any other human being. All is pretense and delusion.

I now stand at that crossroads and here is a signpost pointing the way. As always I find myself humbled by this man and grateful for his efforts towards the enlightenment of all beings, including me!

Sue Harrington says

Great meditations for couples to practice together!
