



Thirty Chic Days: Practical Inspiration for a Beautiful Life

Fiona Ferris

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Is it possible to live a chic and elegant life if you don't live in Paris, or even France? Instead of daydreaming about running away to the City of Light, 'Thirty Chic Days' invites you to put on your French-tinted sunglasses and view your everyday through an enchanting and motivating filter.

Inside this book you will find thirty chapters (or 'days') full of joie de vivre sharing fun and exciting ways to bring your ideal chic life into being. 'Thirty Chic Days' is a warm, encouraging and fanciful guide on living a simple and beautiful French-inspired life. Enjoy dozens of delicious no-cost ideas and feel inspired to uplevel yourself and your surroundings in an effortless and enjoyable way.

Through her popular blog howtobechic.com author Fiona Ferris provides thousands of women from all around the world with tools and inspiration to elevate the everyday from mundane to magical.

Contents:

- Day 1 Have a Paris state of mind
- Day 2 Eat real food
- Day 3 Bathe yourself in mystique
- Day 4 Make up your eyes
- Day 5 Create and guard your secret garden
- Day 6 Be your own French aunt
- Day 7 Honour your body with chic movement
- Day 8 Be beautifully positive
- Day 9 Support your signature charity
- Day 10 Simplify your life for abundance
- Day 11 Adopt a low-drama way of being
- Day 12 Curate your wardrobe like it is your own bijou boutique
- Day 13 Indulge in your femininity
- Day 14 Design the life of your dreams
- Day 15 Cultivate serenity and calmness in your life
- Day 16 Create a sanctuary at home
- Day 17 Take exquisite care of your grooming
- Day 18 Little and often
- Day 19 Socialise in a relaxed manner
- Day 20 Be your own chef
- Day 21 Inspire yourself
- Day 22 Build rest and repose into your daily routine
- Day 23 Be financially chic
- Day 24 Live a life of luxury
- Day 25 Collect contentment in petite measures
- Day 26 Make every day magical
- Day 27 Embrace creativity and enjoy the benefits
- Day 28 Think of your home as if it were a boutique hotel
- Day 29 Walk your errands

Day 30 Immerse yourself in sensuous beauty
Bonus Day Take inspired action

If you enjoyed Jennifer L. Scott's 'Lessons from Madame Chic', Tish Jett's 'Forever Chic' or Shannon Ables' 'Choosing the Simply Luxurious Life', you will love 'Thirty Chic Days'!

Thirty Chic Days: Practical Inspiration for a Beautiful Life Details

Date : Published June 1st 2016

ISBN :

Author : Fiona Ferris

Format : Kindle Edition 308 pages

Genre : Nonfiction, Couture, Fashion



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From Reader Review Thirty Chic Days: Practical Inspiration for a Beautiful Life for online ebook

Olga says

A very nice and comprehensive collection of every possible kind of bad 'good advice', including things like 'Make your life into a movie' and 'Live your life pretending that you are not where you actually are, but in the streets of Paris' (and I'm pretty sure that, as she writes this, the author stresses the last syllable and fails to pronounce the final /s/). A guide to creating an incredibly fake life, in other words. And a really scary read, I have to say.

Natasha says

Beautifully written, practical and full of relatable lifestyle hacks. I gifted myself this book on my birthday, thought of reading it a day at a time, but then went ahead and gobbled it all up. Will surely be revisiting it. Definitely worth a read, this one is for keeps.

Khrystine says

I loved her. She's so sweet. Very practical too.

Jennifer Thompson-Thalasinos says

This was a very fun book that came up as a suggestion when looking for Audrey Hepburn books. Audrey Hepburn is referenced several times in the book. She gives a lot of suggestions on how to live life like a Parisian. I'm definitely trying to follow her suggestions on eating as I've been working on losing weight and these ideas will spruce up my lunch and dinner. I also like the suggestions about replacing soda with sparkling water...a bad habit I need to break. Her makeup suggestions for me was great because we have the same type of eyes and eye makeup can be a challenge. Very fun book for anyone looking to makeover some or all of their life!

?Misericordia? ~ The Serendipity Aegis ~ ?????? ✨*♥♥* says

I think it's an extreme take on 'Fake it till you make it' principle. While I think anyone would be better taking it with a grain of salt (we don't want to experience first-hand the Stanislavsky system unfortunate side effects, do we?), still it's a worthwhile read and an entertaining system.

Amy says

I really enjoyed this inspiring and cozy read.

Haifa says

Its ok

Its just ok book

Lots of repeated ideas

I skipped a lot of pages just cause it felt boring . . .

Christy Schneider says

Some of the advice is good (but things I've heard before). Much of it leaves me feeling like the author may be delusional

Ana says

This is the second book that I read by Fiona Ferris and I am looking forward to reading the next ones.

I just love Fiona's voice, so fresh, honest and inspiring.

She is not one of those super young, rich, fashionable bloggers who wear expensive brands for free; she is a lovely lady making the best of her life and the people around her who shares her useful tips with her readers. I found her books highly enjoyable and I highly recommend them. So if you are looking for a way to enhance your life in a practical chic way... go for it!

MARIA DO RIO says

Chic indeed

I really enjoyed this book, it had a lot of good ideas on living more mindfully and enjoying your life more. It is also budget friendly, in trying to deal with how to save more money and reduce debt it's given me some ideas of alternative ways to enjoy life beyond shopping.

Marissa Catania Bishop says

I find all of Fiona's books so lovely to read and this is no exception. When opening one of her books I always feel as if I am sipping a cup of tea and engaging in a lovely conversation that leaves me inspired.

Sylvia Valevicius says

I found this book extremely pleasant to read. Both practical and soothing. Fiona's voice comes through as a lovely person, and I spent several evenings reading a bit at a time, always with anticipation, for she has an anxiety-reducing element to her style. Someone wrote like having a cup of tea with a friend.

Many of the practical ideas we've probably heard somewhere before, but let's face it, we can all be reminded how to improve on the mundane, and elevate tasks to make life more enjoyable. I appreciated Fiona's gentle style, her desire to live as best as she can (as well as her readers) within a realistic budget, and with certain tips she encourages us all to a higher, positive way of thinking about all we do in life and the attitude we bring to practical activities. She leaves us with a sense of peace and feeling of happiness regardless of circumstances.

Magdalena says

One of the worst books on graceful living French style I have ever read. The author has not even been to France, nor does she know the language. Most of her knowledge comes from other self help books, most of them I have previously read. Some I liked a lot, others less, but none gave me so little pleasure as this book. Not recommended.

Monica says

A light fluffy read. Nothing groundbreaking but inspired me to make a few changes to my everyday life.
