



For Better: How the Surprising Science of Happy Couples Can Help Your Marriage Succeed

Tara Parker-Pope

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Take The *For Better* Quiz #3: Defining Your Love Style.

"The most credible and interesting marital self-help book of all time." -*Newsweek*

Tara Parker-Pope's Well column in *The New York Times* has made her one of the most popular and e-mailed journalists in the nation. In this eye-opening-and ultimately optimistic-look at marriage today, Parker-Pope reveals the heart behind the statistics to bust the myths and share the true secrets to marital happiness.

Among her surprising findings:

- most marriages today are succeeding

- newlywed couples who don't fight are at a higher risk for divorce than those who do

- how couples divide household chores influences how often they have sex

Whatever their stage of life or marital status, readers will be fascinated and buoyed by this classic in the making.

For Better: How the Surprising Science of Happy Couples Can Help Your Marriage Succeed Details

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Prettytaz83 says

This is another 3 1/2 Star review. First of all, it took me FOREVER to get through it. However, I thought the material overall was good, and gave a good perspective on marriages. It told a little more scientific / psychological blended story, which I appreciated.

It felt a little repetitive at times. But honestly, a lot of the non-fiction books tend to. So, I guess that's just kind of part of the territory.
