



Maharishi Mahesh Yogi on the Bhagavad-Gita: A Translation and Commentary, Chapters 1-6

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A translation and commentary of the central Hindu religious classic - The Bhagavad Gita

Maharishi Mahesh Yogi on the Bhagavad-Gita: A Translation and Commentary, Chapters 1-6 Details

Date : Published August 7th 1990 by Penguin Books (first published August 7th 1967)

ISBN : 9780140192476

Author : Maharishi Mahesh Yogi , Mahesh Yogi Maharishi , Mahesh

Format : Paperback 496 pages

Genre : Religion



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John Brown says

The handbook of enlightenment. Indispensable reading. Highly recommended.

Jyoti says

This book goes hand in glove with MSI's Enlightenment (Yoga Sutras of Patanjali).

If you are reading books, along with your meditation practice, seeking the Source of All Being, and expanding consciousness, these two books are great guides!

Maharishi Mahesh Yogi (Bhagavad Gita) describes very clearly the inner workings of the mind and the way to freedom. Maharishi Sadasiva Isham (Enlightenment) furthers the discussion by clearly describing the states of consciousness and the psychological, emotional, and physical experiences as one experiences expansion. Both relate to each other by expounding on the same Ground of All Being, and the approach to full expansion of consciousness.

The Bhagavad Gita takes real life situations (albeit ancient situation, but universal in its application) to show the Reality of life.

Vanamali's "Play of God" gives further historical context to the Bhagavad Gita, if interested (but not necessary to fully appreciate Mahesh Yogi's expose of the mind expanding to its fullest and most enlightened state).

I have read all the above books more than 5 times. They are all exceptional books.

Susan Lydon says

Maharishi Mahesh Yogi is a fascinating being and reading his commentary on the Gita provides insight into his thought process as well as a deeper understanding of Hinduism. I also love his way of writing, describing phenomenal concepts in a few eloquently strung-together words that truly capture the essences of human life, consciousness, and God.

“The kingdom of heaven is like electricity. You don’t see it. It is within you.”

Larry says

This book for me is the founding text for the Transcendental Meditation technique. The concepts in this book were a lot more foreign until the Gnostic Gospels' were found in 1945.

Kamal Adham says

A very precise and accurate translation that can be understood in light of the practice of the transcendental meditation

Jack says

Same story as the Upanishads... difficult to read, even with Maharishi Mahesh Yogi's commentary. It's just hard to get into. I hope to return to this later.

Debbie Gifford says

I had a hard time getting thru this one. He writes in a style and vocabulary that I'm uncomfortable with. "This integration of functions on the physiological level is brought about by a mental activity of ultimate refinement." But I learned alot about the bhagavad-gita so it was worth the read. I would've preferred plain speaking version.

Ari says

This went along with my yoga asanas class last block.

Lise says

Maharishi's amazing translation and commentary of the Bhagavad-Gita.

Sage1008 says

The best translation and commentary of the Gita.

Ludvig Rillis Chandless says

One of my favorite all time books. I've read this several times. Well written and clear on what the Bhagavad-Gita is all about.

Natalie says

This is the best translation of one of the most beautiful writings the world has ever known. A unique commentary, unlike any others out there. I would give it 10 stars if I could.

Caroline Cottom says

I have read this book off-and-on for years, and have reread many parts of it. The teachings are profound, especially "yogasta kuru kermani," or "center yourself in Being, then act." There are many versions of *The Bhagavad-Gita*. This one is offers very high teachings about Truth.

Orgon Solo says

The first six chapters of the Bhagavad-Gita with original Sanskrit text, an introduction, and a commentary designed to restore the fundamental truths of the teachings delivered by the Lord Krishna to Arjuna on the battlefield. Its a religious text folks, and with that comes many tenents to how to conduct your life in conformity with higher spiritual principles. This is not the text about UFOs though. but well worth a study if hindusim and the castesystem rocks your world.

Rajmohanbabu says

Its only one commentary reveals essence of Bhagavat gita. Reading Maharishi's Bhagavat gita itself is a great joy. . Its very worth to read
Thank you Maharishi
