



# **The Girl's Guide to Kicking Your Career Into Gear: Valuable Lessons, True Stories, and Tips For Using What You've Got (A Brain!) to Make Your Worklife Work for You**

*Caitlin Friedman , Kimberly Yorio*

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**Be the girl who makes it happen!**

Guess what? If you're not looking out for your career then nobody is. If you want to be both passionate about what you do and successful, then *you* must take control of your professional destiny. Only you can determine who you are, what you can do, and where you want to go. If you are stuck in your career, frustrated at your position within a company, or bored with the profession you have chosen, then it is time to change your thinking. This book will hold your hand while you step back and evaluate where you started, where you are on your career path today, and most important, where you want to be tomorrow.

**Tired of your current job? Ready for the next steps? Eager to show the world everything you have to offer?**

Caitlin Friedman and Kimberly Yorio see it all the time: women derailing their careers because they believe that if they just sit quietly, work hard, and please their coworkers, someone upstairs will recognize their talents and dedication and deliver big rewards. But in today's ultra-competitive workplace, nothing could be further from the truth. If you want your dream job with your dream salary, and all the opportunities and fulfillment that come with it, you have to stand up and go for it--without shame, guilt, or hesitation!

*The Girls' Guide to Kicking Your Career into Gear* gives you everything you need to decide what you want out of work and create a plan to make it happen. From how to negotiate a raise or a promotion to starting a new profession, Friedman and Yorio provide savvy, reassuring advice on how to successfully navigate every aspect of your career. Their sure-fire tools will show you how to:

Sell yourself (without selling out)

Master the secrets of the New Girls Network

“Manage upward” to impress the right people, the right way

Overcome the fears—from public speaking to risk-taking—that hold you back

Cope with workplace underinners

Ask for what you deserve

Fight the stereotypes that often keep women from moving up

Based on interviews with more than 100 successful women who have shattered the glass ceiling and made great professional strides, *The Girl's Guide to Kicking Your Career into Gear* is your ticket to taking charge of your career once and for all – and getting where you want to go.

## **The Girl's Guide to Kicking Your Career Into Gear: Valuable Lessons, True Stories, and Tips For Using What You've Got (A Brain!) to Make Your Worklife Work for You Details**

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## **From Reader Review The Girl's Guide to Kicking Your Career Into Gear: Valuable Lessons, True Stories, and Tips For Using What You've Got (A Brain!) to Make Your Worklife Work for You for online ebook**

### **Kristi says**

Has some very helpful tips for getting your career started.

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### **Ashley says**

I basically skimmed thru the entire book. I've been reading a lot of these books lately and they are kind of all the same.

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### **Ashley M says**

This would be helpful for someone who is looking for a promotion, a change in careers, etc. I read it hoping I could get tips on how to be more go-getter- productive and it was just okay in that area.

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### **Liaken says**

Hm. I think what this book should be entitled is more along the lines of "how to play career games on a male playing field." The "using what you've got (a brain!)" bit seems to be mostly aimed at figuring out how to compete with the men. Now, to be fair, this book does have some good advice (though the content always feels sparse and filled in with friendly fluff), but it is really a book about climbing the ladder and how to get over the rungs that are filled up with men. As I read endless pieces of advice, I found myself feeling exhausted just thinking about what they were saying. And often I felt put-off by their assessment of what would make a woman (or "girl" as they say it throughout the book) be best noticed and fit in appropriately. For instance, in their list of what constituted good wardrobe were "the highest heels you can attractively walk in." This is a book about playing the game, not being yourself. The final part of the title says "to make your worklife work for you." Meh, it's not about making it work for you. It's about playing the game. The man's game.

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### **Iliyana says**

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### **Michelle says**

I just couldn't get into what this book was selling. There was little in it that was substantial to someone trying to improve her place in the business world.

It was just a little too fluffy with too little meat to really be of much use.

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### **Lindz-o says**

There's some good, sound advice here, but nothing too profound and probably nothing that hasn't already been said somewhere else. I didn't feel like I learned a whole lot. Still, the stories of real women and their success in business was fun to read and often inspiring.

One small quibble: the title irks me. "Girl's" guide. Really? This is a book about empowerment and women taking charge of their careers and lives. Girl? Yeah, so maybe the authors are going for cute, fun, and lighthearted, but using the word "girl" instead of "women" gave the title a somewhat demeaning air. This could just be me. I try to avoid use of the word "girl" when referring to actual grown women, and use "ladies" or "women" instead.

Oh, and there is one interview with a man in the book. That's not a problem for me. The authors felt he had something important to add. However, his was the only interview in which the authors respond with "You lost us". I don't get what they didn't get. One man speaks and they get all confused? Could be coincidence, but they lost a little credibility in my eyes at that moment. Not understanding something doesn't make anyone dumb, but the way they expressed it here was ineffective. They should've said, "Please clarify" or something along those lines. Again, I'm quibbling. My point is it was a poor choice of words. I actually rolled my eyes. I think I was still chuffed at being referred to as a girl.

I feel mean now, so I'll make a compliment sandwich: I like the generous, sharing spirit of the book. I understand there are several others in this "Girl's Guide" (ugh) series. After reading this, I'd still give them a shot.

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### **Aysharoberts says**

Reading this for a career booster.

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### **Julie Wucka says**

A raw but truthful looking to the decisions women make in their careers, along with great advice about how to go for what you want in your career.

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### **Dawn M. Banks says**

This book is really geared toward someone who is young and just starting out in their career. Not exactly what I was looking for but it still had some good nuggets of advice.

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### **Amy Sanchez says**

Just received this book last week. Started it last night, so far, not bad.

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### **Casey says**

A bit outdated, but still a good foundation book of career advice targeted to young women. Had some good workbook type questions to think about your skills, goals and work experience. Would be a good complimentary book to the overwhelmingly written by men career and business books.

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### **Lisa says**

So far very good book, though more apropos for the business world, perhaps. What I read of this was good...I just had too much else on my plate.

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### **Susan says**

A cute personality to the book, but really no new information or anything I hadn't figured out on my own. Overall, probably not worth the time it took to read it.

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### **Tiffany says**

If you are just starting out in your career or you just need some advice on moving forward, this book is for you! It reads like a couple of friends giving you advice and doesn't sound preachy or authoritative. It gave me confidence and a better understanding of where I would like to be. Read this book and keep it handy. The lessons are timeless.

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