



1801 Home Remedies

Reader's Digest Association (Editor)

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This authoritative home remedies book shows how to treat more than 100 common conditions and complaints with an amazing number and variety of cures. Presented in handy A-Z format; includes 20 all-time best household healers.

1801 Home Remedies Details

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From Reader Review 1801 Home Remedies for online ebook

Jemimah Lieow says

Very practical tips to solve daily health problems

J Crossley says

Reader's Digest presents this book of home remedies.

D O says

This book is a keeper because you can read it from time to time to see what is recommended to do when something ails you. I love the index because you don't have to do a blind search. The information seems reliable. To put things in perspective, even though I would recommend this book as a gift for a newly-wed couple, I would also recommend it to anyone. I am 54 years old and have been married for 30 years. I found quite a bit of information that was useful and new to me. I rarely keep hard-back books in my house due to clutter, but this is one that I will keep. Both my husband and I plan to use it as a resource when we are avoiding medication or medication is not working.

Heydi Smith says

I would buy this book. It lists doable, simple things I can do to help whatever is going on and more important for me, why it works. It's lists several options and studies that have have been done on the matter. Love it!!!

Salle Sulieman says

The secrets of your health starts from your kitchen, what you eat daily.

Martha says

What I like about this book is that it doesn't claim that all natural remedies are better than modern medicine, it says which old wives' cures work and which don't (and frequently why), it warns you of dangerous remedies while informing you of useful or harmless ones, and it tells you when your situation has gone too far and you need to go see a doctor. Basically, while it has lots & lots of useful and effective home remedies, it is safer and more realistic than some home remedy books I've seen.

Violet says

Have Used this book for so many things! Highly recommend it!
