



CHAKRA Centers Chart, Rainbow: Body-Mind-Spirit Connections

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Vivid, full Rainbow color-coded Chart by Inner Light Resources illustrating and describing the Mental, Emotional, Spiritual, and other qualities associated with the 7 Chakras. Professional chart used by massage schools and healers for teaching plus colorful and easy to understand for the novice. Includes everything-Gemstones, Musical notes, Foods, Planets, Aromatherapy Essential oils, Kabbala correlations, and much, much, more, including leading edge Addictions information associated with all of the Chakras. Also includes instructions with steps to clearing, balancing, and sealing the Chakras. Additional illustrations of the body's physical, mental, emotional, and causal electrical field layers.

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Shellie Easton says

I carry my chakra information card with me at all times!!! I love all the information this provides!!!
