



# Synchronicity: The Bridge Between Matter and Mind

*F. David Peat*

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## **Synchronicity: The Bridge Between Matter and Mind** F. David Peat

With fascinating historical anecdotes and incisive scientific analysis, this important work combines ancient thought with modern theory to reveal a new way of viewing our universe that can expand our awareness, our lives, and may well point the way to a new science for the twenty-first century.

## **Synchronicity: The Bridge Between Matter and Mind Details**

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# From Reader Review Synchronicity: The Bridge Between Matter and Mind for online ebook

## Al Adducci says

CG Jung, Psychoid, The I Ching, Mind + Matter Spectrum meets the Film Mr. Nobody  
<https://www.google.com/amp/s/cervifra...>

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## Erica says

I feel that maybe I shouldn't like this book so much as a student of science. I will say that it doesn't put much forth in the way of scientific evidence for the paranormal. The book was especially entertaining and had a creative approach towards explaining the paranormal while referencing mythology to date the paranormal experience.

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## Genndy says

This is a very interesting publication dealing with the matter of possible interconnections between matter and mind. It is highly objective and scientific as much as it can be while dealing with this type of speculations. It presents the theme through the modern scientific physics theories, mixes it with Jung's transcendentalism and is not afraid to sketch its own bold conclusions. One of the best books on the subjects of interconnection of subjective and objective reality.

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## Sherri Losee says

Coincidences? Not always. The trick is to find the meaning. A synchronicity is something that happens that appears to be a coincidence: you are thinking of calling a friend, the phone rings, and it's that friend; You hear a word or concept repeated in several contexts over the course of a day; you notice that the 5 cars ahead of you are all white. We all experience them, but few understand them. Great read.

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## Robert says

Synchronicity by F. David Peat is an attempt to explain the following:

I was just thinking about you, hadn't seen you in years, and suddenly there you were.

I had a dream you weren't well, and now I find you have cancer.

I woke up feeling lucky, don't know why. Went to the racetrack and picked two winners.

What is going on here? Peat suggests that there are two orders in the universe: the explicit, which is what we see, and the implicit, which underpins and connects what we see to realities distant from our immediate perception.

Peat's simplest explanation of this situation draws on Carl Jung, who contended, in effect, that we all are icebergs of consciousness floating on a sea of unconsciousness that connects and gave rise to us in the first place.

A more complicated explanation draws on quantum theory, wherein two subatomic particles can become "entangled" and remain connected to one another despite thousands of miles, or more, of distance between them.

This is one of those provocative books that explores our indifference to why things are as they are...they just are.

It ends with an interesting image: aliens land on earth, see humankind's sameness all over the globe and cannot imagine how we can tolerate, and even provoke, the fantastic inequality of conditions that prevail in the developed and developing world.

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## **Marjan says**

This may be one of the most memorable books I've read in 2014. A quantum physicist takes us on a dazzling road of interdisciplinary thinking where he explores the depths of Jungian thought, shamanic traditions and physical theories, all in one single stroke, without trivialising any of them. In his quest he comes to many of the conclusions McGilchrist would write in his book (*The Master and his Emissary*), but from an entirely different perspective.

Synchronicities are a curious phenomena that is usually dismissed as selection bias or pure chance. Yet we have all experienced it at one point of our lives and were often struck by them. I think they deserve to be taken seriously and this book is the best starting point for such discussion. Strongly recommended for anyone who is beginning to doubt that the mechanical scheme of universe might not be the entire truth about it or who is beginning to sense that our daily consciousness is only a tip of the iceberg of what our minds are capable of.

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## **John says**

1991. I have a crush on Pauline Caluya, but I am restrained from pursuing her. She is a commie and runs with a real different crowd. I fear my feelings, if reciprocated, would result in a failed relationship. One night, I dream of both Pauline and I in a weight room along with a tiger—as tigers so often are... in gyms. Also, as is well known and as tigers are prone to do in such places, that being squats, so was this tiger doing. Several thick-necked caucasoidal men were loudly testayellerroning at the tiger to squeeze out a few more repetitions—lest its entire feline masculinity and worthiness to eat meat be called into question. Pauline and I look at each other perplexed.

I awake the next day interpreting the tiger as a symbol of my restrained passion for Pauline, and I head off to

class (We are in college at this point). Coincidentally, I run into Pauline the next day which I thought odd, because at this time, we would only see each other maybe 2-3 times per year. Therefore, at these times, we would chat, and this moment was no different except that in the course of our conversation, Pauline blurts, “Oh, John! I have to tell you I am going to get a tattoo...”

And of course, I already then know exactly the tattoo or at least what the subject of the tattoo will be.

For some reason I do not say, “Oh you mean a...” in order to look omniscient. No, I miss that opportunity and instead say and ask, “Oh.... Really?.. And what would that be”? As if asking the question would somehow change the rather inexplicable course on which I or we appear to be. And “yes”. She answers, “A tiger”...

Fast forward to 1996, and I am dozing off to sleep with my future wife when in the early days of our loving courtship, I am having a dream of a monkey doing something monkeys often do: advertise upcoming live music performances by skateboarding around and hammering posters into telephone poles. The monkey slips on one of its forward skateboard pushes and begins to fall. This jostles me awake. It also awakens Amber who asks me what happened. I told her quickly of what I was dreaming and she replies, “That is what I thought”.

“Uhhhhh... say what?”... Turns out when I jostled, she “received” an image of a monkey on a skateboard hanging posters.

What the hell is going on with these (few and far between) dreams of animals and women I like?!?!?! Are messages being sent out across the ether? Are they always being sent and only at times reaching consciousness? What does any of this mean, if anything? To say “random coincidence” as an explanation seems out of fear and unwillingness to consider these oddities and the conclusions to which such consideration they may lead.

Such synchronicities are the subject of F. David Peat’s “Synchronicity”. He looks at other thinkers’ forays into these strange phenomena and he pushes in the direction of explanations of how and why they occur, what they mean and the potential physical (as in physics), temporal, psychological, social and spiritual implications toward which they point.

That’s all. Nothing much. It is very much conjecture. Nevertheless, a fascinating read bolstered by references to eminent brains that have tarried on this fascinating topic such as Carl Jung, Werner Heisenberg and Charles Dickens. It delved into topics such as the ultimate blurriness between mind and matter and wider orders of time.

Though I do live in SoCal, Southern California, it is not the stuff of a stoner-brain, Peat approaches the topic rationally and scientifically giving due credit to the practical and wider value of more “mainstream” or “causal” explanations of time and separation of mind and matter. However, he also does not “run skerrd” from the truth that Newtonian-Cartesian conceptions of time, mutually exclusive objects and separation of mind and matter break down at quantum levels and that there are many mysteries beyond rationality.

Check it out and you will be treated to definitions of time, meaning, considering God anew and be reminded of or shown how rational thought surfaced out of the void. Or you can watch Glee.

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## Leonardo says

Una de las ideas favoritas, con cara de Jano, que movilizan los espiritualistas de la Nueva Era es la noción de sincronicidad derivada de la física cuántica: la precisa noción cuántica de sincronicidad (dos partículas separadas están interconectadas de tal forma que el giro de una de ellas afecta al giro de la otra en menos tiempo del que tarda la luz en recorrer la distancia que las separa) se interpreta como una manifestación material de una dimensión «espiritual» que vincula los acontecimientos más allá de la red de la causalidad material. «Las sincronicidades son los jokers de la baraja de cartas de la naturaleza; no siguen las reglas y ofrecen una insinuación de que, en nuestra búsqueda sobre la certeza del universo, hemos ignorado algunas pistas vitales»

Viviendo en el Final de los Tiempos Pág.358

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## Jan Höglund says

This book is about synchronicity. Three chapters are about Sigmund Freud (pp. 27--32), Carl Jung (pp. 33--47), and Wolfgang Pauli (pp. 48--63). The author is a former theoretical physicist, and Wolfgang Pauli was a theoretical physicist, so many other physicists are mentioned in the book, for example Werner Heisenberg (pp. 48--50), Isaac Newton (pp. 64--66, 78--79), Michael Faraday (p. 66), James Maxwell (p. 66), and David Bohm (pp. 71--73, 126, 132).

I found the collaboration between Carl Jung and Wolfgang Pauli fascinating. Pauli learned much from Jung, but Pauli also *"felt that ... Jung was inflating the psyche and giving it an overbalanced importance as opposed to matter"* (p. 60). It seems as if *"Jung was never able to fully integrate the insights that Pauli was presenting to him"* (p. 44).

There are many references to others as well in the book. I think the greatest benefit of the book is that it provides a background and an overview of the concept of synchronicity. It's not until the last chapter, *"Seeking the Source"* (pp. 137--149), that the author takes a completely new approach speculating on the possible source for synchronicities.

In conclusion, the book introduces a synchronistic dimension in which *"mind and matter are not ... separate ... but unfold from a universe of infinite subtlety"* (p. 138), and which is *"closer to a creative living organism than to a machine"* (p. 138). The book is well worth reading, but I would have liked if David Peat had explored the idea of a source further. It's indeed an idea which is related to *"the question of the origin of life and the universe"* and which has *"occupied thinkers down through the ages"* (p. 141).

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## Lilia Morales y Mori says

Un libro que realmente establece un puente entre la mente y la materia. A través de sus páginas se advierte la sensación de “sincronicidad” donde la coincidencia significativa se establece a partir de patrones relacionados de forma extrañamente elocuente. El autor nos enfrenta a las frecuentes preguntas que todos nos hemos hecho en un momento de nuestra vida. ¿Cuál es la naturaleza del universo y cuál es nuestra posición en él? ¿Qué significa el universo? ¿Cuál es su propósito? ¿Quiénes somos y cuál es el significado de nuestras vidas? F. David Peat nos lleva a través de la lectura, en un sorprendente viaje, en el cual nos muestra la

conexión entre la teoría cuántica y la sincronicidad, explorando la naturaleza de la energía, del tiempo, del azar, la causalidad y la conciencia, a través de un universo creativo que se expresa a sí mismo en nuestras vidas individuales.

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### **Bridgett says**

Discusses the potential union of matter and mind, both of them being simultaneously reflecting reality in synchronicities. Gave some rather detailed examples but overall a simple description of some of quantum physics.

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### **Jeremiah Oakes says**

FAVORITE BOOK EVERRRRRRRR!!!!

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### **Craig Williams says**

I found this book at work, and due to the condition of it, it was trash can bound, so I snatched it up. I have always had an interest in synchronicity, and thought, "wouldn't be an interesting synchronicity that I found this this and it changed my life?" Well, the jury is still out on the life changing part...

This book was a doozy to get through. There were many moments when I considered quitting, but being that I had quit one difficult book to read this one, I felt too guilty to give up, so I plodded on. It was interesting at first, when it talks about, well, synchronicity, and Carl Jung's study of the subject. Then the book's thesis gets hopelessly mired in physics talk, and I my brain got hopelessly mired in confusion. What kept me going, though, besides not wanting to feel stupid, is that the subject is just so interesting, and I'm sure if I were qualified to understand Peat's position better, I would better appreciate what he has to say in this book. As it stands, all I got from this book was: "Synchronicity is neat!", which is about where I started...

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### **Serena Long ? says**

This book was a doozy to get through. But, I have always had an interest in synchronicity. Synchronicity, the meaningful coincidence.

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### **Mike S says**

I thought this was a well-written book, it has 8 chapters, each one makes its case clearly, with lots of interesting references, including the work of Jung, Pauli, Prigogine, Einstein, Bohm, Sheldrake, Heisenberg, Hume, Koestler, Freud, Casimir. It touches on interesting questions and suggests many interesting ideas, I found the book thought-provoking and well worth the read.

