



Wisdom of the Ages: 60 Days to Enlightenment

Wayne W. Dyer

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Wisdom of the Ages: 60 Days to Enlightenment Wayne W. Dyer

Bestselling author Wayne W. Dyer has crafted a powerful collection of writings, poems, and sayings by some of the greatest thinkers of the past twentyfive centuries. In succinct original essays, Dyer sets out to explain the meaning and context of each piece of wisdom, and, most important, how we can actively apply these teachings to our modern lives.

A beautiful and thoughtful gift, this book shows us a window to wisdom and a door to greatness.

Wisdom of the Ages: 60 Days to Enlightenment Details

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Emad says

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Awdhesh Singh says

A good book to read and enjoy the wisdom of great thinkers of ages. Most of the wisdom is in the forms of

poems. I liked the books due to more due to its quotes and less due to its content. Don't expect much original ideas from the author except validation of the ideas of great thinkers.

Jeff Maziarek says

In this book Dyer references the works of 60 of history's most renowned spiritual teachers by providing insight into their teachings, and applying them to every day life. I found great value in this work, and as such, highly recommend it. Here's a really great quote from it:

“To see the absurdity of impatience in your life, set your watch ahead several hours and tear off several months on your wall calendar. Then see if you have advanced time! The failures and frustrations, along with the immediate successes, are a part and parcel of the perfection of it all. By observing nature—your nature and the natural world around you—you will see that you must allow a wound to progress at its own pace; to eat a fig you must first let it flower, put forth fruit, and ripen. Trust in your nature and let go of your desire to have things done quickly.”

Erfan says

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Wout says

“Boldness has genius, power, and magic in it” - Goethe

Just one of the many beautiful quotes that reside in this book, and the one that inspired me to take action towards making this summary.

By lumping in several quotes by our history's greatest teachers (Buddha, Gandhi, Emerson,...) Dyer combines the "Wisdom of the ages" to show us a different world, an enlightened world, and especially, one that is lived through the heart.

It was a great book to make me aware of some of my blindspots, but also realigned me with all that is good in me. It's a pleasant way to get to know the greats of our history, what they represented and the gifts they gave to the world.

MizzSandie says

This book started out alright for me, but then it got very tiresome and repetitive. It seemed like the same message over and over, some places with even basically the same lines.

And it's not that I disagree with the message and premise of this book, it's just that it's so ingrained and basic to me, that it doesn't really stir me or move me, if that's all it is. If there's nothing else to it?

So to me this book was sort of a waste of time. Or I could have just saved myself some precious reading

time, and read a few chapters and then moved on.

So as much as we're working for the same cause, I doubt I will be coming back to any more Wayne Dyer books, because there's much to agree on - but not much to learn.

Momen ahmadi says

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Linda says

I admittedly like pretty much anything Dr. Dyer writes. This is the one book of his that I turn to almost daily. I bought it about 10 years ago and it still has something new to tell me. My brother recited from memory "When You Are Old" by Yeats at my Grandmothemr's funeral and I hadn't ever heard it all the way through. It was as if Yeats was writing about a woman he would never meet...Byrd Douglas Smith Moore. Dr. Dyer explains that Yeats married late in life and this poem was his declaration of love not just for romance but for admiration of your love's "pilgrim soul and the sorrows of your changing face." I read one section every couple of days and it has amused me how different poems have meant something different to me as I age and life shows me new challenges each year. Like Michelango's "the greater danger for most of us is not that our aim is too high and we miss it, but that it is too low and we reach it." Never meant much untill each birthday reminds me of the low level of my aim. What I love about this book is I really feel Dr. Dyer's admiration and love for each author. He listens, reports and opens up the reader's mind to interpret these writings for the self.

Harley says

The structure of this book is similar to my motivational blog for creative people. The book is designed to be read in 60 days and promises enlightenment. Wayne Dyer shares a poem or quote from some famous person and then provides commentary about the poem and what it has meant in his life. After his comments, he shares ideas for how one can put the wisdom contained in the poem into one's life. He shares the poem less for the poetic value and more for the wisdom expressed. He quotes spiritual leaders like Buddha, Lao-tzu, Confucius, Mother Teresa, St. Francis of Assisi and Jesus. He quotes poets like Rumi, Shakespeare, William Blake, Henry Wadsworth Longfellow, Kahil Gibran, e. e. cummings, Robert Frost and Langston Hughes. He quotes Leonardo da Vinci and Michelangelo. He quotes Gandhi and Martin Luther King, Jr.

This is a book you can read again and again for its wisdom and understanding of life. Designed to be read in 60 days, it could also be read in 60 week or even 60 months. I read it over a 6 month period.

Laurel says

From 500 B.C. to the present, Wayne Dyer quotes wise ones from throughout history; of the 60, only five are women. He gives substantial history which is enlightening. I re-read The Tragedy of Julius Caesar after reading about Cicero. The variety of quotations range from familiar to obscure. It's annoying when any living author presents himself as a master; that is for history to decide. His biggest mistake was adding himself to the list of masters with an embarrassingly intimate story of a sexual experience that surely embarrasses his family. If it weren't for the solid research, I would rate this two stars for the New Age mumbo jumbo mixed in. I wish there had been more discussion of the wise ones without so much opinion.

Melanie Walker says

A great selection of poetry and sayings by poets, artists, spiritual seekers etc. (Walt Whitman, Michelangelo, Mother Teresa etc.) and short little entries on what it means. It's divided up into sections such as Patience, Knowing, Leadership, etc. and you can read it all the way through or you can jump to a section you'd like to read about. I suggest reading it all the way through and then jumping to a section if you'd like to learn about something for that day. Overall, great insights!

Reem says

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Sajjad A. Mohammadi says

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Dawn says

DNF 60%

I was recommended this author by my cousin. I have heard about this man for many years but never read any of his books until this year.

It started out pretty good but I gradually lost interest with the constant talk about himself, his life, his wife, kids..etc. I understand he was speaking about them and the events as examples, but for some reason it just felt to me that he was a bit, bragging?, IDK. It just turned me off. Sorry.

Don't get me wrong, I am very happy he has a perfect life. I am also glad to see he shares his wisdom of spiritual enlightenment with the world. That he spreads the knowledge. I just don't enjoy the way he executes it. It doesn't speak to me. I prefer Eckhart Tolle. I prefer a more educational..for lack of a better word..or cerebral..method of conveying it.

I suppose that since I am also not a fan of poetry, which he begins every chapter with, didn't help much either.

Perhaps one day I will come back and read it. Right now I have other books I need to read.

Mohamed Mansouri says

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