



Sacred Space: Clearing and Enhancing the Energy of Your Home

Denise Linn

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"Our homes are mirrors of ourselves. Through them we can interface with the universe."

Everything in the universe is composed of constantly changing energy, including your home and its contents. This energy can profoundly influence your ability to be healthy, loving, creative and abundant. By clearing and enhancing this energy you can transform your home into a sanctuary which radiates positive energy in ever-expanding circles.

In this fascinating and unusual book, Denise Linn shows you how you can dramatically change your life by changing the environment in your home or office. She combines information from her own Native American heritage with material she has personally collected from native traditions around the world to bring you practical, easy-to-use exercises for balancing the physical, emotional and spiritual energies in your home, including how to:

- * Diagnose and solve problems with stagnant home energies.
- * Use sacred sound, spirit smoke, mystic symbols and purifying fire for clearing home energy.
- * Discover the personal numerology of your home.
- * Use the ancient art of Feng Shui for the placement of objects in your home.
- * Call house angels and totems as home protectors.
- * Use rituals to rid your home of unwanted spirits.
- * Instantly uplift the energy in your home.

Your home can resonate, sing and pulse with Light energy that can touch the lives of everyone around you. Your home can become Sacred Space.

Sacred Space: Clearing and Enhancing the Energy of Your Home Details

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Author : Denise Linn

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From Reader Review Sacred Space: Clearing and Enhancing the Energy of Your Home for online ebook

Jacqueline says

A friend lent me this book, and I am glad she did. It has proved invaluable, and I have used lots of the energy clearing techniques for my own home, and it does make it feel a better place to live. I will be buying myself a copy of this book for future reference.

Kelly says

This is an odd book for me -- it's much more mystical and "out there" than anything I would regularly read. On the other hand, a lot of her mystical techniques worked on a practical level. Also, when I'm writing, sometimes her mystical stuff will provide a good idea for a motif or theme in a story.

Deirdre says

An interesting look at how to go about improving the energy in your house in order to improve your life. A lot of it is very practical and not as complicated as other people do things. It's also quite non-prescriptive and encourages people to do their own thing.

P N says

A great reference book.

Jen says

This book.

This book fed my full moon in virgo soul to the point that I was never going to be the same again. This was the first book I read on clearing spaces years ago and I absolutely loved it. I did everything she said to do and still use these methods today!! Clutter free energetically and physically!

Paula says

I actually enjoyed the information in the book. It just became very tedious and many chapters could have been omitted. I will try some of the clearing techniques and feng shui in my home. There was value to many of her offerings.

Tori Montes says

This book is very comprehensive. I skipped some areas I wasn't interested in and hit ones I was like Numerology. What number house I live it. And some ideas on the emotions correlated with different smells like Jasmine and Eucalyptus. I got some great ideas on opening my house up and bringing in more light.

Inara says

Title of the German edition:

Die Magie des Wohnens

In this wonderful and inspiring book Denise Linn shows many techniques for clearing and upgrading the energies of your home and how to create power- and energy centers. She also gives many suggestions for spaceclearing rituals with the four elements (each element has its own chapter) you can use at once and describes simple and useful rituals and ceremonies with aroma therapy, sacred sounds, crystals, the significance of pets and the use of symbols and you even can find out the numerological value of your house number and much much more!

It's a very interesting book and I'm rereading it once in a while (like now) because I want to move into a new apartment and I'd like to use some of her techniques to clear the the rooms from all the different influences which are floating around...

Website of the author: <http://www.deniselinn.com/>

Sharon French says

I was in a bookstore, browsing the shelf and this book fell on me. I looked at it, put it back on the shelf... it kept falling on me, so I just had to buy it. Wonderful, insightful and interesting read.

Regina says

What drew me to this book was not what kept me interested. I love this book!! it has everything i wondered about about energy especially in your home and other places. it offers many methods and gives many equal alternative tools that can be used. it is a manual that looks at all aspects of energy of the home from emotions, ley lines, ghosts, stale energy, sickness, natural vibrations, feng shui and much much more.

Ann Kucera says

Sacred Space by Denise Linn is a very thorough reference book on energy and space clearing. Denise explains the four steps of a space clearing in detail: preparation, purification, invocation and preservation. You come away with everything you need to clear energy from your office or home.

Kati says

An excellent book for both novices and experts in space-clearing. It is packed with tons of information about various techniques from different cultures that are useful for the home, apartment and office so if you are looking for a comprehensive book on the subject, this one is definitely the way to go. This will definitely serve as a reference book in the future and is worth rereading as there is a lot of information packed into this seemingly small book.

While the author covers feng shui techniques, this book is more focused on Native American methods of space clearing and is thus more nature-focused (the first section of the book describes how the four primary elements - earth, fire, air and water - can be harnessed to cleanse a space). Personally, I think this is a benefit, as opposed to a downside, because there are no strict methods to follow (like in feng shui), so these techniques can easily be implemented by anyone without any prior knowledge or training in the subject.

Freder says

Very thorough. A little TOO thorough, in that there's an awful lot of padding that went into making this a 300-page book. The practical information it contains could be condensed into about 50 pages, and would be more useful if it were.

DIMITRA BENISI says

An amazing book. I knew for many years the power of uncluttering, but Denise gave me a whole new sense in the magic of cleansing! Sacred Space indeed! Highly recommended

Kathy Vitcak says

This book will help you organize and clear your home on a spiritual level. Yes, we all love our decluttering books (thank you, Peter Walsh). But this book delves into the spiritual aspect of how to truly clear your home.

This book is a classic space clearing, feng shui book that belongs on every bookshelf.
