



Totally Tangled: Zentangle and Beyond

Sandy Steen Bartholomew

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These versatile graphics can be used to decorate any surface. Micron pens make drawing the tangles simple and permanent. Zentangle is about filling spaces using pattern with a simple line, and becomes more attractive and complex as areas are filled. The process is appealing to graphics artists as well as those just learning to draw.

Totally Tangled: Zentangle and Beyond Details

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From Reader Review *Totally Tangled: Zentangle and Beyond* for online ebook

Diane says

this is a good, brief introduction to Zentangle. I will admit, I have read through the book, but I am still too intimidated to try it. I think I need something a little bit more step-by-step, with (perhaps) a little hand-holding included. I am attracted by the art and the designs (I do a little Praying In Color, which is easier) but I don't yet feel confident that I will be a practitioner of Zentangle.

Gardavson says

Nice book, lots of cool zentangles and nice little tips too. There comes a point where your mind starts to just swim with zentangles, which is where I find myself. This takes you thru step by step different zentangles. If it would add pages with the uses of these zentangles in pictures, the book would rate a 5. Still, nice for learning new techniques.

Georgina says

Do not be fooled by the thinness of this book. Sandy Steen Bartholomew has crammed tons on Tangles and examples on every page. Of all of the artists using Zentangle technique, I like her style best. It is clean and very professional without being intimidating. If you are looking to get started with Zentangle on the cheap, I recommend borrowing this book (and its excellent sequel, *Yoga for Your Brain*) from your local library. Then invest the money you saved in Micron pens. The results are totally worth it.

Racr57 says

I started doodling when I was young and never considered it "worthy" of more time.

Needless to say I didn't know that I was "Zenning".

I love teaching this exercise to the Jr High students as a method to focus, release anger, and relieve stress and in doing so, create beautiful images to grace my walls.

There is so much hidden in the drawings (doodling) zentangling.

Marie Z. Johansen says

This review is from: *Totally Tangled* (Paperback)

I could not wait to get my hands on this book! I was not disappointed when it arrived! Sandy Steen Bartholomew is a very talented artist, terrific blogger and Tangle master. I hope that she will consider doing another book in the future.

This book for anyone and everyone who has an interest in Tangles - if you don't know what they are - you will when you look at this book - and you too will be hooked!

Sandy says

This is the best book ever written about Zentangle. No, I am not impartial - but it is still a great book. :-)

Eyehavenofilter says

If you like to draw, or even if you can't but would love to learn how to create some wacky wonderful, whimsical stuff that will make almost anyone say "How did you do that?" this is the design book for you. It will spark your creativity, even if you can't draw a stick figure or scribble your signature legibly. In fact it may even help you tame that terrible handwriting into something that is charming and fun, and can be used to amuse and awe.

Even the best artists get 'stuck' and need some inspiration to set them off in a new direction. And even someone who would 'love to be able to draw' can take something from this fun illustration "lesson" book and feel like they can be inspired to develop their own creative confidence!

Grab a pencil, paper, and a fine line pen, dive in, and have at it.

An enthusiastic 2 thumbs up!

Rob says

A short 52 page book packed with many ideas for the novice to embrace. Concise, simple diagrams illustrate a multitude of zentangles. The author also briefly describes tools, shading, and designs culled from other cultures; India and Japan for example.

Only four stars though. The author tips her hat to Rick and Maria Thomas, the 'creators' of zentangle. She goes on to advise "be sure to visit their website at zentangle.com". Thus four stars. The book in a sense is competing with a plethora of rich material found for free on the internet. I'm not sure it adequately stands apart for what can be found online for free. No regrets on the purchase. Though I doubt I'd add another volume (volumette ?) to my zentangle book collection. One should do it.

Christina says

This is the coolest book to add to my growing collection of info on Zentangles and how to draw them. This book contains designs that are considerably more challenging to draw than the *Zentangle Basics* and *Zentangle 2* books but yet are so inspiring that I'm already creating my own tangles. Super cool for someone who thought she couldn't draw AT ALL. I have proven myself wrong thanks to the art of meditative

doodling. (That just makes me want to laugh.) This is a good reference book and is good-sized (50 pages) in comparison to the 20-page Zentangle books. It is also a great companion to the Zentangle books as well.

Heather says

At the Utah Festival of Books, the BYU Bookstore set up a table where you could try drawing a zentangle. I was hooked! This book is a great resource for ideas to try in your zentangles. I'm still a beginner, but I have loved relaxing with this book, a sketch pad, some nice pens and creating crazy art.

Cataline says

Obviously not for the beginner unless you pick up things easily and aren't afraid to dive right into a tile. Sandy Steen definitely takes the reader from Zentangle to The Beyond by prying the imagination with great suggestions. The illustrations are easy to follow step-by-step. With the breakdown of design you can easily visualize yourself doing something that in the end will produce an intricate woven pattern you love.

If you are a traditionalist - this book is probably not the avenue you want to stroll down; then again you might want to live a little. :)

If you are open to ideas outside the box - jump in with Sandy as she talks about shading, color, different mediums and even tangling her bathroom floor!

Bette says

The practice of the Zentangle method is so rewarding on multiple levels: the creation of a beautiful abstract image with pen on paper is the obvious result but this art form has so much more to offer. Many people find putting pen to paper with this process to be meditative, relaxing, a stress reliever, as a team building exercise when done in groups, introspective, creativity inducing and the list goes on.

Sandy and I became Certified Zentangle Teachers (CZT) in the first seminar offered by the founders (Rick Roberts and Maria Thomas) of this method. Taking an in-person class with a CZT is optimal but Totally Tangled is an excellent companion before, during or after.

Cheriee Weichel says

My neighbour in Oliver asked if I was interested in attending a Zentangle workshop during the week we were there. I was indeed interested although I had no idea what it was. (Some people will do anything to get out of renovations you see) Then she brought this book for me to peruse the day before.

The book was a bit daunting but helped make the workshop itself much more meaningful. If I now not reading so many books, you will know I am busy tangling.

Recynd says

What a fantastic, exciting, and inspirational book! This is the guide I have been seeking--it includes so many different styles, step-by-step instructions, and tips and hints that I would have never figured out on my own.

I found Sandy Bartholomew's website and fell in love with her style right away. Imitation is surely the sincerest form of flattery, and with practice, I hope to one day be Sandy's twin!

Margaret says

Probably the best introductory book to Zentangle, and also the first.
