



Ariadne's Thread: A Workbook of Goddess Magic

Shekhinah Mountainwater

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Using the figure of the ancient Goddess Ariadne as a metaphor, Mountainwater unravels the mysteries of a woman-centered spirituality. She offers gentle guidance through the cycles of a woman's life; the phases of the moon; the yearly nature holidays; and the aspects of divination. She concludes each chapter with suggested exercises, meditations, and reading lists. Her capably organized and well-written book encourages women to find their own spiritual path. A classic and practical book on women's spirituality and goddess worship by a dearly loved priestess of change.

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From Reader Review Ariadne's Thread: A Workbook of Goddess Magic for online ebook

Sarah says

An important book in Goddess Spirituality. Good for working through alone or with a group. Currently out of print, but well worth finding.

Araminta Matthews says

Shekhinah Mountainwater is clearly an intelligent writer. She proposes theories, ideas, and concepts related to a matriarchal and woman-centric spirituality through a well-reasoned, articulate lens. At the same time, she intersperses her clearly female-centric, anti-patriarchy agenda with evidence she has gathered from works of fiction as frequently as from works of evidence. On the one hand, this type of evidence could be said to spring from the sacred well of intuition that has been usurped and sullied by patriarchal forms of scholarship. That is, folklore, which was often a medium for extending scholarship through narrative, has been denigrated to whimsy and fairy stories by the modern-day institutions of academia, while self-perpetuating historical analyses that reference and reflect only other (and perhaps "popular") forms of scholarship are seen as somehow "more real." As an academic, I tend to temper my view of scholarship through the lens of "both/and" in that it would be foolish of me to presume that folk-derived evidence is somehow inaccurate to its roots whereas "science" is the only truth...if that were the case, well... perhaps Pluto is a planet? I mean, I've never been there myself, so...

But I digress. My point here is that Mountainwater is intelligent, but occasionally she moves in rhetorical circles that seem only to push her own agenda. I did love this book. It was exactly what I was looking for, and it has led me to many other books I plan to read and work. Still...it would be nice if someone like Mountainwater (whom, I have discovered, is sadly deceased) could work with someone like Merlin Stone, who presents research with more reliable/conventional supports.

Then again, perhaps I just need to go talk to my minister about all this, anyway. It is, after all, her domain. She'll have all the right questions, and this book has certainly helped me ask many new questions. :)

Nicole Diamond says

If it has one star I liked it a lot
If it has two stars I liked it a lot and would recommend it
If it has three stars I really really liked it a lot
If it has four stars I insist you read it
If it has five stars it was life changing

H. Roberts says

Until reading Ariadne's Thread, I had only been exposed to books on witchcraft that followed the more wiccan traditions. This workbook opened my eyes to alternate magical beliefs and showed me that I could cut my own spiritual path, rather than trying to force my magic into rigid practices that weren't working for me.

Containing all the usual magic basics (altars, herbs, associations), this book is really a beginners guide but the strong focus on women's mysteries make it a must read.

Dreamersemporium says

very good

Molly says

Loved this book! Accidentally found it after accidentally finding Shekhinah's cool Womanrunes system. Enjoying reading older books on Goddess spirituality lately. Lots of great stuff to be gleaned from less well-known works.

Hilary says

I found this book in the library when I was eleven... my first introduction to paganism. I ordered it for myself last year when I found it online, for sentimental value and to attempt reading it again.

Lisa says

very good

Jennifer Heise says

I started reading this at the beginning of my faith journey, and used some of it, but it didn't click with me so I passed it on to another person.

Tasha says

This is one of my favorite books on Goddess Spirituality. Deeply informative and eye opening.

Holly says

another quintessential witchy read (and workbook)!
