



Quarter Life Crisis

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Sean is a twenty-five year old disenchanted college grad who just rediscovered his love for video games, which is only exceeded by his love for weed and alcohol.

Lauren's a twenty-four year old college dropout turned working mother, who's just walked in on her husband (and the father of her two year old son) having sex with another woman in their apartment.

Sean meets Lauren. Lauren meets Sean. Then their real stories begin.

Together, Sean and Lauren represent a large portion of our society, a generation of individuals entering their mid- and late-twenties in the new millennium. Many of them have been told to dream big and aim high, that the next four years will be the best of their lives (a depressing thought). A few of them fulfill these dreams. Most don't, and in a time when acquiring a college degree has become more an expectation than an accomplishment, Sean and Lauren must break the mold society's set in front of them if they ever hope to achieve true happiness.

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Quarter Life Crisis Details

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Anaïs says

3.5 out of 5 Stars

*** ARC received in exchange for a honest review ***

Sean is a psych college-grad with a bright future ahead of him, but he is disenchanted by the expectations that people have of him. The death of his best friend a year ago lays heavy on him and all his ambitions are lost on him.

Lauren is a twenty-four year old college dropout turned working mother, who just walked in on her husband (and the father of her two year old son) having sex with their babysitter in their apartment.

When Sean and Lauren meet unexpectedly, their lives are turned upside down again - but will it be for the better?

What I liked about Quarter Life Crisis was that its story felt very real and quite representative of the contemporary challenges that people aged 20-25 face, even if this representation is shockingly direct without holding back.

I felt all characters (both the main characters Lauren and Sean and their family and friends) were very well researched and authentic but I also felt that sometimes Lauren and Sean's behaviour throughout the story (and the different situations they come to face) has been either unrealistic or overdramatised.

I understand that the author didn't want to give this story a romantic blissful happily-ever-after in order to show readers the realistic and "most-likely" ending. But then again, I would have wanted more indications on why it "didn't work out" after all between Sean and Lauren (because much is left to guess), and I was also missing something that resembles a morale, because I didn't seem to find any... The end of the book felt just like someone telling me "Yeah well, it doesn't always work out for the best, just suck it up and deal with it..."

But other than that, I really enjoyed the author's writing, as well as the general contemporary theme that he seems to like to discuss - Quarter Life Crisis was definitely unexpected, and even though I have some negative comment to make, I didn't really feel a moment in this book when I did not want to finish it (because some reviewers filed a DNF). I was kept intrigued, even though the ending wasn't completely to my liking.

Daria says

I liked the premise of this book. Everybody feels a little hopeless and clueless at some point in their lives, especially if some bad stuff happens to them and they feel like they have to redefine themselves and their life choices. That is what happens to Lauren and Sean in this book. But completely separately. They barely have any interaction at all in the beginning, or middle and then a little at the end.

Nothing really happens in this book besides the characters consistently making bad choices and wasting away their lives. I don't even know how to classify this story as it wasn't a romance, it wasn't funny or touching or really that engaging. The author was like a reporter following these two around. At least if it evoked any feeling or compassion, but it didn't.

I'm sorry but I didn't enjoy this book and I wouldn't recommend it.

The only fun scene was in the hospital room where all hell breaks loose.

***I received this book from the author in exchange for an honest review.

Sgiova says

I received this book in exchange for an honest review:

This was an interesting read. It was funny and entertaining. Shockingly realistic and depressing at times. It had it all. The characters were well developed and I could almost say there was someone in my life that represented one of them in some light. Its scary how one's goals change in an instant and yet life goes on for everyone else and eventually you too even if its not the direction you were looking forward to. It's not your typical boy meets girl and there wasn't any real HEA but that's what I liked about this. It was simply a good read for entertainment purposes and to be honest made my life decisions and outcome seem that much better. Thanks for allowing me to read this.

Jennifer says

I really enjoyed this book. It was a good mix of personalities and point of views. Very relate-able experiences for anyone around these ages. There was also a good mix of funny and sad times. The way that the book was written was very down to earth and witty which I enjoyed. I would recommend this book to anyone going through these situations or just needing a good book to read.

Sam Dojcsak says

Mid-Life Crisis is everything I'd hoped it be based on the description.

I found it written in a very witty and realistic tone. I was able to read it as a cinematic experience in that the descriptions and situations sounded so believable and relatable.

Mid-Life Crisis is written in a 2 perspective, male-female voice. I found both sides to be very believable and different from each other; which helped with alternative back and forth between characters. This is a story about a young man, Sean, and a young woman, Lauren. Both of whom do not know each other right from the start. We get backgrounds from each character, Sean the screw-up and Lauren, the woman who just caught her husband sleeping with their 18 year old babysitter. The two characters meet up one night at Shambles, the bar Sean bartends at. Throughout this very humorous book we meet other characters like Derek, Sean's best friend, Rick, Lauren's cheating husband and Caitlyn, Lauren's very independent sister. Between all these characters you get a good mix of funny situations and very different personalities all in on book.

I highly recommend this book to anyone who has dealt with some sort of hardship in their life.

I received this novel in exchange for an honest review

Kimberly Morris says

I received a copy of this book in exchange for my honest review.

I hate to be the downer here and give this book it's first low rating but it wasn't for me at all. It turned out to be a DNF for me. It didn't hold my attention at all and I found it a bit boring. I wasn't jumping up and down for the characters either.

this was my age group so I thought it might appeal to me but I could have just sat and listened to many of the people around me and heard a similar version of this every day life story.

Staci Suhy says

** I received this book for free as part of a first reads promotion

Naye says

I received an ARC for my honest review..'

It was a pretty good book. Pretty realistic if you ask me. Nothing ever happens in life that you thought would happen and that is what this book is about. It didn't have a happy boy meets girl and fall in love forever ending, but the ending worked for the characters and that is all that matters. I wanted them all to be happy in all honesty I wanted the HEA (Romantic one lol) but as I said you don't always get what you want. I like how Lauren (the main character) do not give up, even though she kept getting dealt a bad hand, and Sean -- I would have decked my best friend I had to move all because the girl friend wanted her own space.. Near the end I didn't like how the chapters were a few sentences and we pretty much had to fill in the blank of what happened between Sean and Lauren. but overall it was a pretty cool book.

Erika says

Hilariously intelligent, Patrick Anderson is a whimsical character and a wonderful story teller! I would definitely recommend!

Joyhdae says

** I received this book in exchange for a review**

Quarter Life Crisis was drastically different from what I expected, but that's a good thing. Not your typical boy meets girl, girl and boy fall in love story, but a shockingly realistic story about some of the many obstacles life can throw at you and how the decisions you make can affect everything. The characters were likable (it took me a minute to warm up to Sean and I wanted to hug poor Lauren and could relate to her), and there were great moments of humor. I would love to see more works from Mr. Anderson as this was an interesting introduction to him and his writing style.

Shandi Leonard says

Loved this book!! The amount of betrayal and finding ones self is fascinating. Both characters are faced with tough decisions with every turn of the page. Unlike with some other books, I could honestly feel the emotion and discovery of the characters. I could honestly see this happening in real life. Highly recommend this book!!!
