



# Voices of Recovery

*Overeaters Anonymous*

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## **Voices of Recovery** Overeaters Anonymous

This daily reader contains inspirational quotations from Overeaters Anonymous literature along with the experience, strength and hope of Overeaters Anonymous members.

## **Voices of Recovery Details**

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Author : Overeaters Anonymous

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# **From Reader Review Voices of Recovery for online ebook**

## **Jay Little says**

As someone who struggles with compulsive eating, I was looking forward to this book, anticipating stories I could relate to. Many of the stories feel extreme or unrelated to the problems I have faced. Rather than comforting, reading this book made me question whether any of us are actually experiencing the same thing or not.

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## **Sarah says**

Meant to be used as a motivational tool it is similar to the For Today devotional style reader.

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## **Jennifer White says**

### **Great for focusing on recovery**

Literature is essential for keeping me in the solution. The daily readings are wonderful way to start my day and give me a good guide for my prayer and meditation.

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## **Gloria Hunsaker says**

### **Experience, Strength, and Hope**

I find the experience, strength, and hope to pick myself up and live the day. I'm so grateful for this daily reader

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## **Chris Gager says**

A little blue book with tons to say. Day after day...

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