



Voices of Recovery

Overeaters Anonymous

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This daily reader contains inspirational quotations from Overeaters Anonymous literature along with the experience, strength and hope of Overeaters Anonymous members.

Voices of Recovery Details

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From Reader Review Voices of Recovery for online ebook

Jay Little says

As someone who struggles with compulsive eating, I was looking forward to this book, anticipating stories I could relate to. Many of the stories feel extreme or unrelated to the problems I have faced. Rather than comforting, reading this book made me question whether any of us are actually experiencing the same thing or not.

Sarah says

Meant to be used as a motivational tool it is similar to the For Today devotional style reader.

Jennifer White says

Great for focusing on recovery

Literature is essential for keeping me in the solution. The daily readings are wonderful way to start my day and give me a good guide for my prayer and meditation.

Gloria Hunsaker says

Experience, Strength, and Hope

I find the experience, strength, and hope to pick myself up and live the day. I'm so grateful for this daily reader

Chris Gager says

A little blue book with tons to say. Day after day...
