

THE  
FIVE DAY  
WRITER'S  
RETREAT

PREPARING YOU FOR A LIFESTYLE OF WRITING



BUFFY GREENTREE

## The Five Day Writer's Retreat

*Buffy Greentree*

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# The Five Day Writer's Retreat

Buffy Greentree

**The Five Day Writer's Retreat** Buffy Greentree  
**Are you ready to be a writer?**

**Then you need to read this book.**

Runners train for marathons, singers rehearse for performances and actors immerse themselves in their characters. Writers are no different, except that many of them start their careers and projects with no 'road map'.

The purpose of *The Five Day Writer's Retreat* is to set you on the path of successful authorship. There are a lot of books available on honing your writing craft when you already have material but this one is for that important first step - developing a lifestyle and mindset conducive to writing.

Do you want to:

- rejuvenate your mind and sustain your passion?
- prepare yourself for success?
- learn to fight your fears?
- write faster and more freely?

From Day 1 you will instantly begin to feel refreshed and recharged.

One reader couldn't wait to comment: "I've only just started reading the ebook and I just wanted to say, I'm blown away. I've finished reading Day 1 and I'm already feeling so much more motivated than before. You're on to a winner, here, I think!" Thanks Lisa!

*The Five Day Writer's Retreat* will make you laugh, probably won't make you cry, but will definitely make you want to write.

So indulge in a Retreat, because your writing is worth it.

## The Five Day Writer's Retreat Details

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Author : Buffy Greentree

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## **From Reader Review The Five Day Writer's Retreat for online ebook**

### **Ben Chenoweth says**

This is an excellent start to what promises to be a brilliantly informative, practical and well-written series on the craft of writing. Buffy Greentree's writing is breezy, self-deprecating and quite often laugh-out-loud funny. If you are a writer, even a well-established one, there will be something in this for you. But if you are just starting out as a writer, or thinking about becoming a writer, then this book is most definitely for you. Set aside five days, read this book, and your life may not be the same ever again...

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### **Maria Sullivan says**

Very helpful book, I even passed it on to a friend afterwards, handy reference book for all aspiring writers!

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### **Rhys says**

Ten things I took from Greentree's guide: get up, sit down and write (morning is the best time of day to do it); set a routine; don't let your internal editor dam (or damn) a first draft in progress; write what excites you, not others; clear your mind and surroundings prior to writing; treat writing as leisure, not work; analyse your writing methods for strengths and opportunities; work on accessing 'flow' via your writing; focus on living well in terms of stress, sleep, eating and exercise; and set goals with achievable steps.

If you're a novice writer and the sort of person who likes the idea of going on retreat to some old B&B to learn things intensively, then this book is for you. With a bit of tinkering, Greentree could take her guide and run actual five day workshops from it.

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### **Becky says**

I have read through the book and am excited to take this retreat. I've started day 1 a few times, but have a week off coming up, so I'm going to give it a full go.

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