



## **Nutrition: Science and Applications, 4th Edition**

*Lori A. Smolin, Mary B. Grosvenor*

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***Nutrition: Science and Applications, 4th Edition*** helps students develop the scientific understanding to support their personal and professional decisions. Using a critical thinking approach, Smolin brings nutrition out of the classroom and allows students to apply the logic of science to their own nutrition concerns - both as consumers and as future scientists and health professionals.

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